

# April-June 2026 Middle & High School Sweetwater Nutrition Menu Week 1 **FISH FREE**

Seasonal fresh  
fruit served  
daily!

## Breakfast

*Breakfast includes an entrée, fruit and milk (1% white or nonfat chocolate).*

	Mon	Tue	Wed	Thu	Fri
<b>Entrées</b>	Tornado	Chorizo & Egg Burrito	Ham & Cheese Croissant	Breakfast Burrito	Breakfast Pizza
<b>Sides</b>	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice

**Daily Breakfast Options:** Assorted WG Muffins, WG Bagels with cream cheese, WG Waffles & assorted WG Cereal w/ Yogurt.

Hot vegetarian or vegan items available upon request.

## Lunch

*Lunch includes an entrée, fruit, vegetable and milk (1% white or nonfat chocolate milk). Assorted condiments offered daily.*



	Mon	Tue	Wed	Thu	Fri
<b>Entrées</b>	Spicy Chicken Sandwich On WG Bun	Domino's Pizza (Pepperoni or Cheese on WG Crust)	Buffalo Chicken Wings w/ WG Option	Domino's Pizza (Pepperoni or Cheese on WG Crust)	Bosco Sticks
<b>Sides</b>	California Burrito	Chicken Bowl O'Woodles Ramen	Cheeseburger w/ Onion Rings	Chicken Chipotle Burrito	Buffalo Smack n' Cheese
<b>Sides</b>	Chicken Alfredo	Chicken Caesar Salad w/ WG Option **No Caesar dressing**	Deli Sandwich	Chicken & Mashed Potato Bowl	Burrito Rice Bowl
<b>Sides</b>	Bean Tamale	Falafel Bistro Box	Chipotle Bean	Taco Salad	
<b>Sides</b>	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Hummus	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Side Salad Mexican Corn	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Celery Sticks	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Cheesy Broccoli Spicy Lime Cucumber Rounds	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Mexican Street Corn Baby Carrots

= Vegetarian

= Vegan

**\*\*Please see the Site Supervisor to request a specific allergen free menu\*\***

This institution is an equal opportunity provider.



# April-June 2026 Middle & High School

Seasonal fresh fruit served daily!

## Sweetwater Nutrition Menu Week 2 **FISH FREE**

### Breakfast

Breakfast includes an entrée, fruit and milk (1% white or nonfat chocolate).






	Mon	Tue	Wed	Thu	Fri
Sides Entrées	Chicken Tamale	Chorizo & Egg Burrito	Breakfast Burrito 	breakfast Sandwich, Sausage, Egg & Cheese	Ham & Cheese Croissant
	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice

**Daily Breakfast Options:** Assorted WG Muffins, WG Bagels with cream cheese, WG Waffles & assorted WG Cereal w/ Yogurt.

Hot vegetarian or vegan items available upon request.


### Lunch

Lunch includes an entrée, fruit, vegetable and milk (1% white or nonfat chocolate). Assorted condiments offered daily.

	Mon	Tue	Wed	Thu	Fri
Sides Entrées	Breaded Chicken Plate w/WG Option  Birria Pupusa  Sticky Pork Bowl  Falafel Wrap 	Domino's Pizza (Pepperoni or Cheese on WG Crust)  Cheeseburger w/ Onion Rings  Deli Sandwich  Fiesta Burrito 	Korean Wings w/ WG Option*  Bean, cheese, & Rice Burrito  Chicken Caesar Salad w/ WG Option* **no Caesar dressing**  Falafel Rice Bowl 	Domino's Pizza (Pepperoni or Cheese on WG Crust)  Teriyaki Chicken Rice Bowl  Chicken Nugget & Fries  Vegan Tofu Teriyaki Rice Bowl 	Spicy Chicken  Buffalo Chicken Cheesy Toast  Bean Tamale 
	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Hummus Baby Carrots	Seasonal Fresh Fruit Cool Tropics Slushie Assorted Fruit Cups Spicy Lime Cucumber Rounds Side Salad	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Celery Sticks Baby Carrots	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Spicy Lime Cucumber Rounds Asian Broccoli	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Mexican Street Corn Baby Carrots

 = Vegetarian

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 = vegan

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# April-June 2026 Middle & High School Sweetwater Nutrition Menu Week 3 **FISH FREE**

Seasonal fresh  
fruit served  
daily!

## Breakfast

Breakfast includes an entrée, fruit and milk (1% white or nonfat chocolate).

	Mon	Tue	Wed	Thu	Fri
Entrées	Ham & Cheese Croissant	Chorizo Burrito	Breakfast Pizza	Tornado	Breakfast Sandwich, Sausage, Egg & Cheese
Sides	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice	Seasonal Fresh Fruit Assorted Fruit Cups 100% Orange Juice

**Daily Breakfast Options:** Assorted WG Muffins, WG Bagels with cream cheese, WG Waffles & assorted WG Cereal w/ Yogurt.

Hot vegetarian or vegan items available upon request.

## Lunch

Lunch includes an entrée, fruit, vegetable and milk (1% white or nonfat chocolate milk). Assorted condiments offered daily.



	Mon	Tue	Wed	Thu	Fri
Entrées	Spaghetti Bolognese Carnitas Pork Burrito Deli Sandwich Chipotle Burger	Domino's Pizza (Pepperoni or Cheese on WG Crust) Spicy Chicken Chicken & Mashed Potato Bowl Taco Salad	Chipotle Wings w/ WG Option Bosco Sticks w/ Marinara Sauce Cheeseburger w/ Onion Rings Falafel Bistro Box	Domino's Pizza (Pepperoni or Cheese on WG Crust) Pork Torta Peruvian Chicken Rice Plate Bean Tamale	Chicken Alfredo Falafel Wrap
Sides	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Hummus	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Side Salad Mexican Corn	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Baby Carrots Celery Sticks	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Cheesy Broccoli Spicy Lime Cucumber Rounds	Seasonal Fresh Fruit Assorted Fruit Cups Cool Tropics Slushie Mexican Street Corn Baby Carrots

= Vegetarian

= Vegan

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