

April Showers Bring... All Kinds of Tasty Surprises!

April has arrived, and with it come puddle-jumping weather and pops of springtime fun! While the skies may be a little drizzly, our kitchens are bright and busy, cooking up flavors kids will love. This month, we're rolling out a cheerful new LTO, sharing simple ways to keep calm during the spring hustle, and celebrating Earth Day with planet-loving bites that make mealtime feel good from plate to planet. We can't wait to make April extra delicious!



What's on the menu?



Stay up to date with Daily Menus!



Buffalo Bacon Cheddar Waffalaco



DEVELOPED BY
CULINARY

This Month's Limited-Time Offer: Buffalo Bacon Waffalaco

Our kitchens are cooking up something wonderfully creative and delicious! For one week only, we're rolling out a new twist on a student favorite—the Buffalo Bacon Cheddar Waffalaco! Our signature “waffle meets taco” creation is already a hit with kids. This month's limited-time version blends buffalo flavor, melty cheddar and mozzarella, and smoky bacon for a combo that's bold but still kid-friendly.

. If your student enjoys trying something new, encourage them to check it out before this limited-time flavor disappears!

Available at the High and Middle School Cafes!

Love the Planet

Celebrate with sustainable Earth Day menu features.



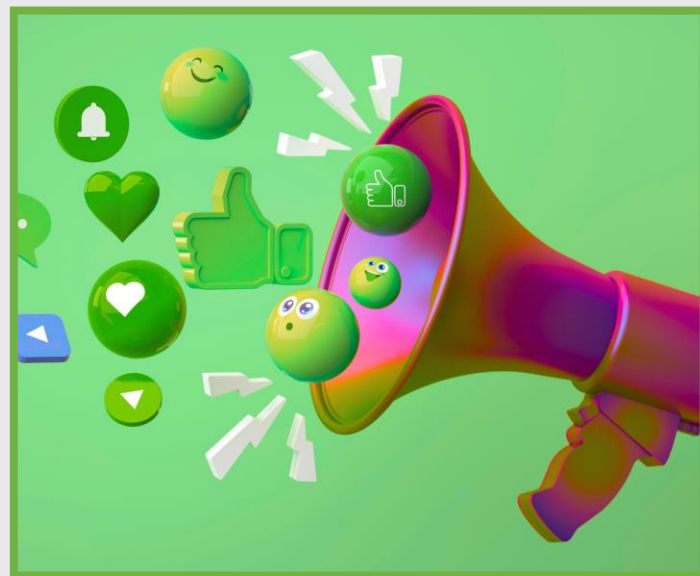
Celebrating Earth Day With Planet-Loving Choices!

Earth Day is coming, and our school café is joining the celebration with planet-friendly menu features! This year, we're highlighting simple ways students can love the planet—starting with what's on their plates. Many of our menus will feature veggie and vegan options, along with fresh foods sourced from local farms whenever available.

By offering more plant-forward choices and supporting local growers, we hope to help students see how small, everyday decisions—like what they choose for lunch—can make a big difference for the Earth.

Breathe

Learn techniques to find calm during Stress Awareness Month.



Wellness Corner: Nutrition Stages & Ages

As kids grow, their nutrition needs change right along with them. This month, we're sharing a quick, helpful read from one of our own dietitians that offers simple tips for supporting healthy eating at every age and stage.

You can read the full article at the link below or scan this QR Code:



<https://www.fyp365.com/nutrition-stages-and-ages-whats-a-parent-to-do/>