

Rainbow Fresh 2026 April Lunch Menu--- School Calendar may be different

***Review the full ingredient list carefully and consider any potential allergens.**

Date	Day	S/R/L Main Course	Ingredients	Ve/ Ve-S Veggie Course	Ingredients
1-Apr	Wednesday	Beef Pasta	Beef, Celery, Onion, Tomato Sauce, Wheat Pasta, Carrot, Cabbage	Vegan Pasta	Tomato Sauce, Wheat Pasta, Carrot, Cabbage
		BBQ Pork Bun	*Fresh Handmade/ Fresh Made BBQ Pork, Wheat Flour, Celery; Side: Organic Baby-Cut Carrot, Zucchini		
		Teriyaki Organic Chicken	Organic Fresh Chicken, Carrot, Cabbage, Onion, Rice	Teriyaki Organic Tofu	Organic Tofu, Carrot, Cabbage, Onion, Rice
		Tuna Rice Bowl	"Chicken of the Sea" Tuna, Corn, Carrot, Green Pea, Seaweed, Sesame Seed, Shredded Pork Floss , Mayonnaise, Teriyaki Sauce, Rice		
2-Apr	Thursday	Beef Cheese Burger	Fresh Made Beef Patty, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Beef & Bacon Burger	Fresh Made Beef Patty, Pork Bacon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)	Mac & Cheese	Wheat Flour, Butter, Cheese, Milk, Side: Organic Baby-Cut Carrot & Zucchini
		Alaska Salmon Burger	Trident Wild Alaska Salmon , Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Pork Spring Rolls	*Fresh Handmade- Pork, Green Onion, Cabbage, Wheat Flour; Cabbage, Zucchini, Carrot, Rice		
3-Apr	Friday	Hawaiian Pizza	Pork Spam, Pineapple , Cheese, Wheat flour Pizza Dough , Bell Pepper	Cheese Pizza	Cheese, Wheat flour Pizza Dough
		BBQ Pork Rice	Fresh Made BBQ Pork, Carrot, Cabbage, Rice	Mozzarella Sticks	Farm Rich Battered Mozzarella Cheese Sticks, Franz Country Potato Rolls , Side: Organic Baby-Cut Carrot & Zucchini
4-Apr	Saturday				
5-Apr	Sunday				
6-Apr	Monday	Chicken Fried Rice	Chicken, Egg, Corn, Carrot, Green Pea, Green Onion, Rice	Egg Fried Rice	Egg, Corn, Carrot, Green Pea, Green Onion, Rice
		Chicken Nuggets	Chicken Nuggets (Contains Wheat and Soy), French Fries , Waffles (Contains: Egg, Soy, Wheat, Milk), Side: Organic Baby-Cut Carrot, Zucchini		

		Ham Sandwich	White Bread, Kirkland Signature Uncured Extra Lean Ham , Lettuce, Cheese, Side: Organic Baby-Cut Carrot & Zucchini (Sauces individually packed, DIY)		
7-Apr	Tuesday	Beef Hot Dog	Kirkland Signature Beef Hot Dogs , Bread, Pickled Cucumber, Sweet Onion, Side: Organic Baby-Cut Carrot & Zucchini		
		Chicken Wing	Fresh Made Chicken Wing, French Fries , Waffles (Contains: Egg, Soy, Wheat, Milk), Organic Baby-Cut Carrot & Zucchini		
		Curry Chicken	Chicken, Potato, Onion, Carrot, Curry, Rice	Curry Potato	Potato, Onion, Carrot, Curry, Broccoli, Rice
		Spring Special B	Fresh Farmed Atlantic Salmon, Scrambled Eggs with Mixed Vegetables(Corn, Carrot, Green Pea), Cheese, Bell Pepper, Broccoli; Steamed Rice, Whole-Grain Rolled Oats, and Organic Quinoa. Spring Special B – Nutrition Highlight Rich in high-quality protein, omega-3 fatty acids, and essential vitamins, this balanced meal supports children’s brain development, immune health, and sustained energy. Fresh salmon and eggs provide complete protein, while mixed vegetables and whole grains help maintain stable energy levels—perfect for active school days in the spring season.		
8-Apr	Wednesday	Beef Pasta	Beef, Celery, Onion, Tomato Sauce, Wheat Pasta, Carrot, Cabbage	Vegan Pasta	Tomato Sauce, Wheat Pasta, Carrot, Cabbage
		BBQ Pork Bun	*Fresh Handmade/ Fresh Made BBQ Pork, Wheat Flour, Celery; Side: Organic Baby-Cut Carrot, Zucchini		
		Teriyaki Organic Chicken	Organic Fresh Chicken, Carrot, Cabbage, Onion, Rice	Teriyaki Organic Tofu	Organic Tofu, Carrot, Cabbage, Onion, Rice
		Tuna Rice Bowl	"Chicken of the Sea" Tuna , Corn, Carrot, Green Pea, Seaweed, Sesame Seed, Shredded Pork Floss , Mayonnaise, Teriyaki Sauce, Rice		
9-Apr	Thursday	Beef Cheese Burger	Fresh Made Beef Patty, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Beef & Bacon Burger	Fresh Made Beef Patty, Pork Bacon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)	Mac & Cheese	Wheat Flour, Butter, Cheese, Milk, Side: Organic Baby-Cut Carrot & Zucchini
		Crispy Chicken Burger	Fresh Made Fried Chicken Thigh, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		

		Pork Spring Rolls	*Fresh Handmade- Pork, Green Onion, Cabbage, Wheat Flour; Cabbage, Zucchini, Carrot, Rice		
10-Apr	Friday	Pepperoni Pizza	Pepperoni , Cheese, Wheat flour Pizza Dough	Cheese Pizza	Cheese, Wheat flour Pizza Dough
		Organic Chicken Taco	Organic Fresh Chicken, Onion, Tomato, Cheese, Wheat Tortilla		
		Fish Stick	Wild Alaskan Pollock, French Fries, Franz Country Potato Rolls , Side: Organic Baby-Cut Carrot & Broccoli		
11-Apr	Saturday				
12-Apr	Sunday				
13-Apr	Monday	Bacon Fried Rice	Kirkland Signature Bacon (Low Salt) , Egg, Corn, Carrot, Green Pea, Green Onion, Rice	Egg Fried Rice	Egg, Corn, Carrot, Green Pea, Green Onion, Rice
		Chicken Nuggets	Chicken Nuggets (Contains Wheat and Soy) , French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Side: Organic Baby-Cut Carrot, Broccoli		
		Fish Stick	Wild Alaskan Pollock, French Fries, Franz Country Potato Rolls , Side: Organic Baby-Cut Carrot & Broccoli		
14-Apr	Tuesday	Beef Hot Dog	Kirkland Signature Beef Hot Dogs , Bread, Pickled Cucumber, Sweet Onion, Side: Organic Baby-Cut Carrot & Zucchini		
		Chicken Wing	Fresh Made Chicken Wing, French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Organic Baby-Cut Carrot & Zucchini		
		Sweet & Sour Chicken	Chicken, Cabbage, Carrot, Rice	Sweet & Sour Organic Tofu	Organic Tofu, Cabbage, Carrot, Rice
		Spring Special A	Beef Stew with Potato, Broccoli; Steamed Rice, Organic Whole-Grain Rolled Oats, and Organic Quinoa. Spring Special A – Nutrition Highlight A warm, hearty meal rich in iron, protein, and essential nutrients to support children’s growth and strength. Slow-cooked beef provides long-lasting energy, while vegetables and whole grains contribute fiber and vitamins—ideal for keeping kids warm, nourished, and focused during the cool spring months.		
15-Apr	Wednesday	Beef Pasta	Beef, Celery, Onion, Tomato Sauce, Wheat Pasta, Carrot, Cabbage	Vegan Pasta	Tomato Sauce, Wheat Pasta, Carrot, Cabbage
		BBQ Pork Bun	*Fresh Handmade/ Fresh Made BBQ Pork, Wheat Flour, Celery; Side: Organic Baby-Cut Carrot, Zucchini		
		Teriyaki Organic Chicken	Organic Fresh Chicken, Carrot, Cabbage, Onion, Rice	Teriyaki Organic Tofu	Organic Tofu, Carrot, Cabbage, Onion, Rice

		Tuna Rice Bowl	"Chicken of the Sea" Tuna, Corn, Carrot, Green Pea, Seaweed, Sesame Seed, Shredded Pork Floss, Mayonnaise, Teriyaki Sauce, Rice		
16-Apr	Thursday	Beef Cheese Burger	Fresh Made Beef Patty, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Beef & Bacon Burger	Fresh Made Beef Patty, Pork Bacon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)	Mac & Cheese	Wheat Flour, Butter, Cheese, Milk, Side: Organic Baby-Cut Carrot & Zucchini
		Alaska Salmon Burger	Trident Wild Alaska Salmon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Fried Pork Dumpling	O' TASTY Pork Dumpling (Pork, Wheat Flour, Soy, Cabbage, Onion; Side: Organic Baby-Cut Carrot & Zucchini		
17-Apr	Friday	Hawaiian Pizza	Pork Spam, Pineapple, Cheese, Wheat flour Pizza Dough, Bell Pepper	Cheese Pizza	Cheese, Wheat flour Pizza Dough
		Beef Fried Udon	Beef, Carrot, Cabbage, Green Onion, Onion, Udon Noodle	Cold Sesame Noodles	Sesame Sauce, Wheat Flour Noodle, Lettuce, Cucumber, Egg, Tomato
18-Apr	Saturday				
19-Apr	Sunday				
20-Apr	Monday	Chicken Fried Rice	Chicken, Egg, Corn, Carrot, Green Pea, Green Onion, Rice	Egg Fried Rice	Egg, Corn, Carrot, Green Pea, Green Onion, Rice
		Chicken Nuggets	Chicken Nuggets (Contains Wheat and Soy), French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Side: Organic Baby-Cut Carrot, Broccoli		
		Ham Sandwich	White Bread, Kirkland Signature Uncured Extra Lean Ham, Lettuce, Cheese, Side: Organic Baby-Cut Carrot & Broccoli (Sauces individually packed, DIY)		
21-Apr	Tuesday	Beef Hot Dog	Kirkland Signature Beef Hot Dogs , Bread, Pickled Cucumber, Sweet Onion, Side: Organic Baby-Cut Carrot & Zucchini	Organic Tofu	Organic Tofu, Zucchini, Cabbage, Carrot, Rice
		Chicken Wing	Fresh Made Chicken Wing, French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Organic Baby-Cut Carrot & Zucchini		
		Fried Chicken Dumpling	O' TASTY Chicken Dumpling(Chicken, Wheat Flour, Soy, Cabbage, Onion, Carrot, Sesame Oil), Side: Organic Baby-Cut Carrot, Zucchini		

		Spring Special B	Fresh Farmed Atlantic Salmon, Scrambled Eggs with Mixed Vegetables(Corn, Carrot, Green Pea), Cheese, Bell Pepper, Broccoli; Steamed Rice, Whole-Grain Rolled Oats, and Organic Quinoa.		
22-Apr	Wednesday	Beef Pasta	Beef, Celery, Onion, Tomato Sauce, Wheat Pasta, Carrot, Cabbage	Vegan Pasta	Tomato Sauce, Wheat Pasta, Carrot, Cabbage
		BBQ Pork Bun	*Fresh Handmade/ Fresh Made BBQ Pork, Wheat Flour, Celery; Side: Organic Baby-Cut Carrot, Zucchini		
		Teriyaki Organic Chicken	Organic Fresh Chicken, Carrot, Cabbage, Onion, Rice	Teriyaki Organic Tofu	Organic Tofu, Carrot, Cabbage, Onion, Rice
		Tuna Rice Bowl	"Chicken of the Sea" Tuna, Corn, Carrot, Green Pea, Seaweed, Sesame Seed, Shredded Pork Floss , Mayonnaise, Teriyaki Sauce, Rice		
23-Apr	Thursday	Beef Cheese Burger	Fresh Made Beef Patty, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Beef & Bacon Burger	Fresh Made Beef Patty, Pork Bacon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)	Mac & Cheese	Wheat Flour, Butter, Cheese, Milk, Side: Organic Baby-Cut Carrot & Zucchini
		Crispy Chicken Burger	Fresh Made Fried Chicken Thigh, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Organic Chicken Taco	Organic Fresh Chicken, Onion, Tomato, Cheese, Wheat Tortilla		
24-Apr	Friday	Pepperoni Pizza	Pepperoni , Cheese, Wheat flour Pizza Dough	Cheese Pizza	Cheese, Wheat flour Pizza Dough
		Egg and Bacon	Scrambled Eggs with Bacon (Egg, Kirkland Signature Bacon *Low Salt), Organic Baby-Cut Carrot, Broccoli, Franz Country Potato Rolls		
		Fish Stick	Wild Alaskan Pollock , French Fries , Franz Country Potato Rolls , Side: Organic Baby-Cut Carrot & Broccoli		
25-Apr	Saturday				
26-Apr	Sunday				
27-Apr	Monday	Beef Fried Rice	Beef, Egg, Corn, Carrot, Green Pea, Green Onion, Rice	Egg Fried Rice	Egg, Corn, Carrot, Green Pea, Green Onion, Rice
		Chicken Nuggets	Chicken Nuggets (Contains Wheat and Soy) , French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Side: Organic Baby-Cut Carrot, Broccoli		
		Fried Pork Dumpling	O' TASTY Pork Dumpling (Pork, Wheat Flour, Soy, Cabbage, Onion; Side: Organic Baby-Cut Carrot & Broccoli		

28-Apr	Tuesday	Beef Hot Dog	Kirkland Signature Beef Hot Dogs , Bread, Pickled Cucumber, Sweet Onion, Side: Organic Baby-Cut Carrot & Zucchini		
		Chicken Wing	Fresh Made Chicken Wing, French Fries, Waffles (Contains: Egg, Soy, Wheat, Milk), Organic Baby-Cut Carrot & Zucchini		
		Chicken Fried Noodle	Chicken, Cabbage, Carrot, Green Onion, Onion, Wheat Noodle	Veggies Fried Noodle	Cabbage, Carrot, Green Onion, Onion, Wheat Noodle
		Spring Special A	Beef Stew with Potato, Broccoli; Steamed Rice, Organic Whole-Grain Rolled Oats, and Organic Quinoa.		
29-Apr	Wednesday	Beef Pasta	Beef, Celery, Onion, Tomato Sauce, Wheat Pasta, Carrot, Cabbage	Vegan Pasta	Tomato Sauce, Wheat Pasta, Carrot, Cabbage
		BBQ Pork Bun	*Fresh Handmade/ Fresh Made BBQ Pork, Wheat Flour, Celery; Side: Organic Baby-Cut Carrot, Zucchini		
		Teriyaki Organic Chicken	Organic Fresh Chicken, Carrot, Cabbage, Onion, Rice	Teriyaki Organic Tofu	Organic Tofu, Carrot, Cabbage, Onion, Rice
		Tuna Rice Bowl	"Chicken of the Sea" Tuna, Corn, Carrot, Green Pea, Seaweed, Sesame Seed, Shredded Pork Floss, Mayonnaise, Teriyaki Sauce, Rice		
30-Apr	Thursday	Beef Cheese Burger	Fresh Made Beef Patty, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Beef & Bacon Burger	Fresh Made Beef Patty, Pork Bacon, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)	Mac & Cheese	Wheat Flour, Butter, Cheese, Milk, Side: Organic Baby-Cut Carrot & Celery
		Crispy Chicken Burger	Fresh Made Fried Chicken Thigh, Cheese, Tomato, Lettuce, Pickled Cucumber, Mayonnaise, Ketchup, Bread, French Fries (All sauces in individual packs, DIY)		
		Shrimp with Organic Tofu	Shrimp, Organic Tofu, Celery, Carrot, Rice	Organic Tofu	Organic Tofu, Celery, Carrot, Rice
Notes	1. All our lunches are 100% Nuts FREE.				
	2. Fresh fruit is included in each order.				
	3. Complimentary Snack on each Friday				
	4. Major Canned or Processed Ingredients Highlighted in Red				