

Menu subject to change without notice.

**Sacramento City Unified School District
 SPRING High School Menu:
 4/6/2026 - 4/10/2026**

	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10
BREAKFAST	Pancake & Sausage Pup (P) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy (P) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Apple Juice, 4oz SIDE: Fresh Oranges SIDE: Milk	Chicken Crispito w/ Salsa (C) -or- Chef's Choice -or- Whole Grain Cereal SIDE: Apple Juice, 4oz SIDE: Diced Peach Cup SIDE: Milk	Breakfast Burrito (D) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Apple Juice, 4oz SIDE: Fresh Banana SIDE: Milk	Oatmeal Round & Yogurt (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk
LUNCH	Chicken Crispito Meal (C) -or- Corn Dog Meal (C) -or- Chef's Choice SIDE: Bagged Cherry Tomatoes SIDE: Strawberry Fruit Cup SIDE: Diced Peach Cup SIDE: Juice, Sun Splash 4oz SIDE: Milk	Beef Bolognese Pasta (B,D) -or- Honey Chipotle Chicken Bowl (C) -or- Asian Chicken Salad (C) SIDE: House Salad (V) SIDE: Dried Cherries SIDE: Fresh Whole Apples SIDE: Milk	Teriyaki Chicken Bowl (C) -or- Pepperoni Pizza (P,B,D) -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Fresh Oranges SIDE: Fresh Whole Apples SIDE: Milk	Chicken & Rice Soup Meal (C,D) -or- Butter Chicken Bowl -or- Asian Chicken Salad SIDE: House Salad (V) SIDE: Strawberry Fruit Cup SIDE: Fresh Whole Apples SIDE: Milk	Carnitas Chile Verde Burrito (P,D) -or- Spicy Chicken Sandwich Meal (C) -or- Chicken Salad Sandwich Meal (C) SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Diced Peach Cup SIDE: Milk
VEG ALTERNATIVE	-or- Quesadilla w/ Red Sauce Meal (V,D)	-or- Plant Based Bolognese (V,D) -or- Kickin Popcorn Voltage Bowl (V,D)	-or- Cheese Pizza Meal (V,D) -or- Teriyaki Tofu Bowl (V)	-or- Sunbutter & Cracker Meal (V) -or- Butter Tofu Bowl (V,D)	-or- Hummus Wrap (V,D) -or- Kickin Patty Sandwich Meal (V)
SALAD BAR					
SNACK					

<p>Menu Key P = Contains pork B = Contains beef C = Contains chicken or turkey N = Contains nuts</p>	<p>D = Contains dairy V = Vegetarian food item S = Fish or seafood</p>	<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>
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**Sacramento City Unified School District
 SPRING High School Menu:
 4/13/2026 - 4/17/2026**

	Monday 4/13	Tuesday 4/14	Wednesday 4/15	Thursday 4/16	Friday 4/17
BREAKFAST	Blueberry Pancakes & Eggs (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy (P) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa (C) -or- Pumpkin Loaf (D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito (D) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Lunch Bunch Grapes SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk
LUNCH	Honey Chipotle Chicken Nachos (C,D) -or- Chicken Pot Pie Meal (C, D) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Diced Peach Cup SIDE: Strawberry Fruit Cup SIDE: Milk	Chicken Pasta Alfredo (C, D) -or- Carnitas Chile Verde Bowl (P) -or- Asian Chicken Salad SIDE: Bagged Cherry Tomatoes SIDE: Fresh Oranges SIDE: Bagged Sliced Apples SIDE: Juice, Sun Splash 4oz SIDE: Milk	Butter Chicken Bowl (C,D) -or- Pepperoni Pizza (P,B,D,) -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Fresh Banana SIDE: Fresh Lunch Bunch Grapes SIDE: Bagged Cherry Tomatoes SIDE: Milk	Chicken & Rice Soup Meal (C,D) -or- Orange Chicken Bowl (C) -or- Asian Chicken Salad SIDE: Broccoli Salad (V) SIDE: Strawberry Fruit Cup SIDE: Bagged Sliced Apples SIDE: Milk	Hot Dog Meal (B) -or- Cowboy Beef Stew Meal (B,D) -or- Chicken Salad Sandwich Meal SIDE: House Salad (V) SIDE: Fresh Strawberries SIDE: Fresh Oranges SIDE: Milk
VEG ALTERNATIVE	-or- Hummus Wrap (V,D) -or- Plant Based Nachos (V)	-or- Vegetarian Pasta Alfredo (V,D) -or- Kickin Popcorn Voltage Bowl (V)	-or- Cheese Pizza Meal (V,D) -or- Butter Tofu Bowl (V)	-or- Sunbutter & Cracker Meal (V) -or- Sweet & Sour Kickin Bowl (V)	-or- Hummus Wrap (V,D) -or- Kickin Patty Sandwich Meal (V)
SALAD BAR					
SNACK					

Menu Key
 P = Contains pork
 B = Contains beef
 C = Contains chicken or turkey
 N = Contains nuts

D = Contains dairy
 V = Vegetarian food item
 S = Fish or seafood

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**Sacramento City Unified School District
 SPRING High School Menu
 4/20/2026 - 4/24/2026**

	Monday 4/20	Tuesday 4/21	Wednesday 4/22	Thursday 4/23	Friday 4/24
BREAKFAST	Blueberry Pancakes & Eggs (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy (P) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa (C) -or- Pumpkin Loaf (D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito (D) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Lunch Bunch Grapes SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk
LUNCH	Buffalo Chicken Bowl (C,D) -or- Beef Cheeseburger Meal (B, D) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Diced Peach Cup SIDE: Strawberry Fruit Cup SIDE: Milk	Beef Bolognese Pasta (B,D) -or- Honey Chipotle Chicken Bowl -or- Asian Chicken Salad SIDE: Bagged Carrot Sticks SIDE: Bagged Sliced Apples SIDE: Fresh Oranges SIDE: Juice, Sun Splash 4oz SIDE: Milk	Teriyaki Chicken Bowl (C) -or- Pepperoni Pizza (P,B,D, -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Bagged Carrot Sticks SIDE: Fresh Lunch Bunch Grapes SIDE: Fresh Banana SIDE: Milk	Chicken & Rice Soup Meal (C,D) -or- Butter Chicken Bowl (C,D) -or- Asian Chicken Salad SIDE: Broccoli Salad (V) SIDE: Bagged Sliced Apples SIDE: Strawberry Fruit Cup SIDE: Milk	Carnitas Chile Verde Burrito (P) -or- Spicy Chicken Sandwich Meal -or- Chicken Salad Sandwich Meal SIDE: House Salad (V) SIDE: Fresh Strawberries SIDE: Fresh Oranges SIDE: Milk
VEG ALTERNATIVE	-or- Hummus Wrap (V,D) -or- Buffalo Kickin Nuggets Bowl (V,D)	-or- Plant Based Bolognese (V,D) -or- Kickin Popcorn Voltage Bowl (V,D)	-or- Cheese Pizza Meal (V,D) -or- Teriyaki Tofu Bowl (V)	-or- Sunbutter & Cracker Meal (V) -or- Butter Tofu Bowl (V,D)	-or- Hummus Wrap (V,D) -or- Kickin Patty Sandwich Meal (V)
SALAD BAR					
SNACK					

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