





# April 2026 Lunch Menu | Gower West



MENU ITEMS ARE  
SUBJECT TO CHANGE  
ACCORDING TO  
SEASONALITY AND  
AVAILABILITY



Every main lunch  
comes with a small  
salad, fruit and milk

 **Tracy Jannenga**  
 Food service manager  
 Gower school 62  
 [tjanenga@gower62.com](mailto:tjanenga@gower62.com)

**Monday**

6

Chicken tenders  
with buttered  
noodles

13

Pasta with  
Meatballs and  
marinara and  
garlic bread

20

Chicken tenders  
with rice and  
broccoli with a side  
of sweet and sour

27

Popcorn chicken  
Mashed potatoes  
Corn

**Tuesday**

7

All Beef Hot dog  
with Baked Lays

14

Chicken taco bowl  
with chips and  
salsa

21

Pancakes in a bag  
with sausage and  
yogurt

28

Beef nachos with  
shredded cheese  
and salsa

**Wednesday**

8

Corn dog with  
mac and cheese

15

Cheeseburger  
with tater tots and  
a pickle

22

Meatball sub  
With Baked chips

29

Chicken tender  
with cheese in a  
wrap

**Thursday**

9

Belgium waffles  
with whipped  
cream and fruit

16

Bosco cheese  
sticks

23

Cheese quesadilla  
with mexican rice

30

Sloppy joe  
sandwich  
Fries

**Friday**

10

Cheese pizza  
slice

17

No Lunch  
early dismissal

24

French bread  
pizza