

A la carte items include:
Cheeseburger, Baked
chicken sandwich, All beef
hot dog, Cheese pizza, Deli
sandwiches, PBJ, Yogurt
parfaits and assorted fresh
fruit.



GOWER MIDDLE

APRIL LUNCH MENU 2026

EVERY HOT MEAL COMES WITH A
SMALL SALAD AND/OR APPLE OR WATER
\$4.25

ALL MENU ITEMS ARE SUBJECT TO
CHANGE ACCORDING TO SEASONALITY
AND AVAILABILITY

BREAKFAST ITEMS ARE SERVED FROM
8:30-9:30

MONDAY

6 Grilled chicken
sandwich with lettuce &
tomato

13 All beef sloppy joe
sandwich with fries

20 Chicken sliders

27 Baked chicken
sandwich with lettuce &
tomato

TUESDAY

7 Fish n' chips

14 Spicy chicken
tenders with mac n'
cheese

21 Meatball sub with
fries

28 Chicken bowl with
mashed potatoes and
corn

WEDNESDAY

1

8 Chicken caesar salad

15 Italian sausage &
pepper sandwich

22 Boneless wings with
tater tots

29 Fiestla taco bowl

THURSDAY

2

9 Philly Cheesesteak &
chips

16 Beef taco salad

23 SpongeBob Krabby
Patty with cheese,
lettuce, tomato & fries

30 Bacon
cheeseburgers & fries


FRIDAY

3

10 Cheese pizza

17 Early Dismissal
11:45

24 Bosco cheese
sticks

 TRACY JANNENCA
FOOD SERVICE MANAGER
L. JANNENCA@GOWERMIDDLE.EDU