

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

Monday: Bagel Lunch:

Bagel, Cheese Stick, Yogurt

**Tuesday: Turkey Sandwich or
Baked Potato Meal**

Wednesday: Ham & Cheese Sandwich

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Bagel Lunch:

Bagel, Cheese Stick, Yogurt

Offered Daily:

Grab & Go Salad Plate

Sunflower Butter & Jelly Sandwich

Offered Daily With All Meals:

Assorted Vegetables:

Garbanzo Beans,

Broccoli, Carrots,

Tomatoes, Cucumbers,

Tossed Green Salad, Corn

& Whole Grain Dinner Roll

& Assorted Fruit:

Fresh, Canned and Fruit Juice

& Milk Variety

***Made From Scratch**

Menus for May 2026

John F. Kennedy Breakfast & Lunch Menu



BCSD is an equal opportunity provider and employer.
Menus are subject to change.

Friday, May 1

School Lunch Hero

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

Salad Bar: Chicken Caesar
Salad Plate

Monday, May 4

Breakfast

Cinnamon Bun

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 5

Breakfast

Breakfast Pizza

Lunch

*Homemade Pizza Bagel
Caesar Salad
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 6

Breakfast

*Homemade Muffin

Lunch

*Rotini Pasta, Plain
*Tomato or Meat Sauce
Whole Wheat French Bread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, May 7

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday

Snack Box
Soft Pretzel
New York Cheese Stick
Yogurt, Carrot Sticks
New York Apple Slices
Milk Variety

Friday, May 8

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, May 11

Breakfast

Cinnamon Bun

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 12

Breakfast

Breakfast Pizza

Lunch

*Macaroni & Cheese
Cornbread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 13

Breakfast

*Homemade Muffin

Lunch

Eggo Pancakes, Syrup
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

PLC Day

2hr. Early Release

Thursday, May 14

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday

*NY Beef Hamburger or
Cheeseburger on a Bun
Lettuce, Tomato
Oven Baked Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 15

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

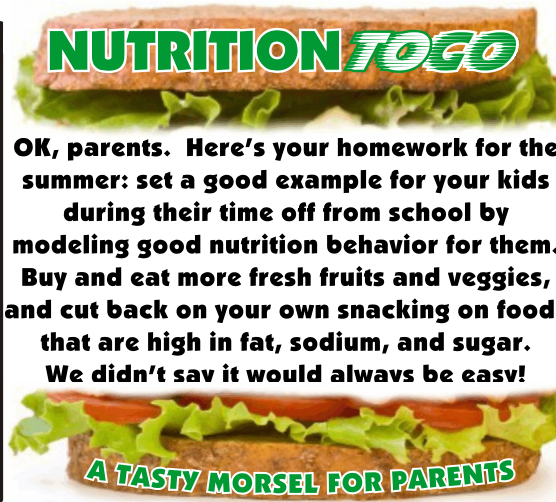


**HAPPY
MOTHER'S
DAY**

**Sunday, May
10th**

Vegetable of the Month

Green Peas



OK, parents. Here's your homework for the summer: set a good example for your kids during their time off from school by modeling good nutrition behavior for them. Buy and eat more fresh fruits and veggies, and cut back on your own snacking on foods that are high in fat, sodium, and sugar. We didn't say it would always be easy!

School Lunch Hero Day Friday, May 1st

When we say school nutrition professionals are heroes, WE MEAN IT!

That's why we celebrate them every spring with the annual School Lunch Hero Day.

Join schools across the country who are recognizing the difference these team members make for every child who comes through their cafeteria.

Monday, May 18

Breakfast
Cinnamon Bun

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 19

Breakfast
Breakfast Pizza

Lunch

French Toast Bites
Maple Syrup
Sausage or String Cheese
Hash Browns
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, May 20

Breakfast
*Homemade Muffin

Lunch

*Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, May 21

Breakfast
*Bacon, Egg, Cheese on a Roll

Lunch

*Wacky Mac, Plain or
*Tomato or Meat Sauce,
Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 22

Breakfast
Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, May 25



Tuesday, May 26

Breakfast
Breakfast Pizza

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 27

Breakfast
*Homemade Muffin

Lunch

*Rotini Pasta, Plain
*Tomato or Meat Sauce
Whole Wheat French Bread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, May 28

Breakfast
*Bacon, Egg, Cheese on a Roll

Lunch

Breaded Mozzarella Sticks
Tomato Sauce for Dipping
Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Friday, May 29

Breakfast
Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

**Free School Meals Are Here For Brewster!!!
Free & Reduced Applications Are No Longer Needed.**

**ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!
A La Carte & Snacks Will Still Be Available at Regular Prices.**

**Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125**