

# PARENT UNIVERSITY

Spanish translation provided. Link to join the Parent University webinars: <https://us02web.zoom.us/j/82726881756>



APRIL

**Wednesday, April 8**  
**6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### When Feelings Take Over: Helping Children Manage Big Emotions

All grade levels

Presented by Elisy Blanco-Mercado, School Social Work Specialist and Tara Sukaskas, School Psychology Specialist

This workshop explores big emotions like sadness, anxiety, anger, and stress in children. Parents and caregivers will 1) learn how to help children identify, name, and manage intense feelings and 2) gain the skills to model healthy emotional expressions that lead to long-term resilience and stronger relationships.

**Thursday, April 9**  
**6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### Behind the Scenes of Credit

All grade levels

Presented by Evelyn Ranone First Vice President, Community Outreach and Financial Literacy Education Officer

Learn how to understand, build, and maintain healthy personal credit to support your financial goals. This workshop covers how credit scores work, strategies for improving them, and how strong credit can expand your access to financial opportunities.

**Tuesday, April 14**  
**10:00 am & 6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### Preparing Rhode Island's Multilingual Educators (PRIME)

All grade levels

Presented by Erin Papa & Larissa Guido Swenson, Coalition for a Multilingual Rhode Island

Were you a teacher in your home country? Do you have a degree/experience in another area and wish to teach? RI needs multilingual teachers like you! We help you navigate the process. Come learn more about the Coalition for a Multilingual RI and how PRIME can support you.

**Thursday, April 16**  
**6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### Sojourner House - serving families with housing needs

All grade levels

Presented by Saribel Cruz, Sojourner House & Janet Pichardo, PPSD - FACE Homeless Liaison

Learn about Sojourner Housing services. Information will have a focus on housing programs, including Rapid Rehousing and Permanent Supportive Housing, eligibility and much more. PPSD - FACE Office will share helpful information on the supports the district provides for families.

**Tuesday, April 28**  
**6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### Holding Space: Supporting Grieving Children & Teens in Your Care

All grade levels

Presented by Amy Lazier, Friends Way Program Director

In this session, we'll explore how grief shows up in children and teenagers, including ways that it can look different from adult grief. We will explore what grief means and how it can also appear from primary versus secondary losses. We'll offer practical tools for supporting the young people you care for through loss, while also holding your own emotional experience as their caregiver. This conversation will center around building connections, validation, and the power of not having to grief alone in a society that can feel very isolated.

**Thursday, April 30**  
**6:00 p.m.**  
**Zoom**

<https://us02web.zoom.us/j/82726881756>

### College Unbound Information Session

All grade levels

Presented by Debra Jonfelix, Community Ambassador College Bound

This session will highlight how College Unbound creates an accessible and supportive community for adult learners to return to school and complete their bachelor's degrees. Participants will learn about the College and its community-based model that empowers students, including teacher assistants, to grow academically and professionally.