



MEAL OF THE DAY INCLUDES:

Fruit/Vegetable: Fresh fruits, vegetables offered daily
Juice: 100% Fruit Juice- Apple, Orange or Fruit Punch
Milk: Hormone/Antibiotic Free Skim, 1% Skim, and Low-Fat Chocolate,

Sandwich Meals:

Boars Head cold cuts: Ham, Turkey, Salami, American cheese, SunButter and Jelly Sandwich, Cheese Sandwich

Bagel Meal:

Cream Cheese or Butter, Yogurt, Cheese Stick

Salad Meal:

Chicken Ceasar, Garden Salad

Salad Bar: Made to Order

Pizza Bar:

Cheese or Pepperoni or Pizza Sticks

Gluten Free and Vegetarian Options upon request (Contact FSD)

Local Farm Fruit and Vegetables Based on Availability

Non- High Fructose Corn Syrup

A La Carte items:

Yogurt Parfait w/ Fresh Fruit topping and Granola \$3
 Fresh Fruit cup 9oz \$2.50
 Variety of Healthy Snacks (Veggie sticks, Baked Lays Skinny pop, Vegan choices, Annie's Organic bunnies, Goldfish, Pretzels, Pirates' booty, Sun chips, Cheez-its) \$1.75-\$2.75
 Variety of Gluten Free and Low Sugar Cereal \$2-\$3

Beverages:

Small Water \$1/ Large Water \$2 Sparkly Water Tropicana Juice \$2.75
 Horizon Organic milk / Soy milk \$2.50



Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234

Menus are subject to change.



This institution is an equal opportunity provider.

April 2026

Eastchester Middle School | LUNCH MENU



MON	TUES	WED	THURS	FRI
		<p style="font-size: 2em;">Spring Recess</p>		
<p style="text-align: right;">6</p> <p>Boneless Chicken Wings Dinner Roll Peas and Carrot Cucumber slice Pear</p>	<p style="text-align: right;">7</p> <p>Taco Bowl Beef or Chicken WG Rice Pinto Beans Cheese, Salsa, Sour Cream, Lettuce Orange Slice</p>	<p style="text-align: right;">8</p> <p>Pasta Meat Or Marinara Broccoli Bread Stick Red Pepper Strips Apple Slice</p>	<p style="text-align: right;">9</p> <p>WG Pancakes Egg Scrambled Hash Brown Celery Stick Strawberry Cup</p>	<p style="text-align: right;">10</p> <p>Grilled Cheese Tater Tots Garden Salad Tangerine</p>
<p style="text-align: right;">13</p> <p>Chicken Tenders WG Rice Steamed Spinach Garbanzo Salad Honeydew</p>	<p style="text-align: right;">14</p> <p>Penne Chicken Rose` Dinner Roll Cauliflower Roasted Zucchini Melon Wedge</p>	<p style="text-align: right;">15</p> <p>Cheese Pizza Sticks Marinara dipping Sauce Caesar Salad Corn Pineapple</p>	<p style="text-align: right;">16</p> <p>French Toast Bits Sausage Link Home Fries Celery/ Carrot Stick Banana</p>	<p style="text-align: right;">17</p> <p>Beef Gyro WG Pita Tzatziki Sauce Lettuce Tomato Cucumber Salad Red Pepper and Dip Orange</p>
<p style="text-align: right;">20</p> <p>Chicken Patty Bar Spicy Or Plain WG Bun Lettuce, Tomatoes, Red Onion Sweet Potatoes Kiwi</p>	<p style="text-align: right;">21</p> <p>Spaghetti and Meatball WG Dinner Roll Roasted Squash Baby Carrot Banana</p>	<p style="text-align: right;">22</p> <p>Chicken Dumpling WG Fried Rice Bok choy Edamame Tangerine</p>	<p style="text-align: right;">23</p> <p>WG Waffles Turkey Sausage Tater Tots Cucumber Slice Mix Berry</p>	<p style="text-align: right;">24</p> <p>WG Nacho Day Beef, Cheese, Black Beans Corn Pico De Gallo, Guacamole, Sour Cream Orange Slice</p>
<p style="text-align: right;">27</p> <p>Breaded Fish Melt Sandwich Roasted Zucchini Garden Salad Pineapple</p>	<p style="text-align: right;">28</p> <p>Kickin` Bean and Beef Tortilla Bowl Cinnamon Churro Mexicali Corn Baby Carrot Grapes</p>	<p style="text-align: right;">29</p> <p>Buffalo Popcorn Chicken Mac And Cheese Breadstick Spinach Red Pepper Strips Honeydew</p>	<p style="text-align: right;">30</p> <p>Penne Grilled Chicken Garlic Texas Toast Broccoli Celery Stick Apple Slice</p>	<p style="text-align: right;">May 1</p> <p>WG French Toast Boiled Egg Tater Tots Cucumber Slice Banana</p>