



April 2026

Eastchester High School LUNCH MENU

[4-6/4-10]



	MON	TUES	WED	THURS	FRI
HOT LINE	Pasta Meat or Marinara Sauce Dinner roll Spinach Cherry Tomato Pear	Beef Gyro WG Pita Bread Tzatziki Sauce Lettuce Red Onion Tomato Cucumber Salad Orange	Boneless Chicken Wings BBQ, HOT Honey Sauce WG Pretzel Stick Roasted Cauliflowers Celery Sticks Banana	Grilled Chicken Sandwich Bacon ,Avocado Sweet Potatoes Fries Coleslaw Green apple	Stromboli Day!! Chicken Parm, Pepperoni Mozzarella, Or Broccoli Cheddar Caesar Salad Strawberry
GRILL	Chicken/ Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken/ Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken/ Cheese Or Cheese Quesadilla
DELI/ MTO SALAD Bar	Turkey and Cheese Wedge Caesar Salad	Ham and Swiss Arugula MTO Salad Bar	Buffalo Chicken Wrap Greek Salad	Chicken Cutlet Roasted Pepper, Balsamic Glaze Baja Salad	NEW at the Salad Bar!! MTO Pasta Salad
ACAI/ SMOOTHIE BAR	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola ,Chia seeds Chia/ Flax Seeds Honey	Freshly Made Fruit Smoothies Strawberries/ Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola Chia/ Flax seeds Honey	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple
Grab-N-Go/	Chicken Dumpling Over Rice and Veggie	Sausage and Pepper Roll	Philly Cheese Steak Wedge	Grilled Veggie Panini Pesto Sauce	Fennel Cake

FREE MEAL INCLUDES:

Fruit/Vegetable: Fresh fruits Basket , vegetables of the day and Baby Carrot available daily
Milk: Hormone/Antibiotic Free Skim, 1%, Whole, and Low-Fat Chocolate,
Juice: 100% Fruit Juice

Deli Bar: MTO

Boars Head Ham, Turkey, Salami, Buffalo Chicken, Breaded or Grilled Chicken, Tuna Salad, American, Cheddar, Provolone, Swiss and Pepperjack Cheese
Bread: Variety bread Selection
 Bagel/Roll- Cream Cheese or Butter

Premade Salads Meals

Pizza Meal: Cheese or Pepperoni or specialty Pizza
Salad Bar: MTO
Grill Meal: Burger/Cheeseburger, Chicken Patty on WG Roll

A La Carte items:

Yogurt Parfait w/ Fresh Fruit topping and Granola/Overnight Oats
 Fresh Fruit cup 9oz
 Variety of Healthy Snacks
 Variety of Gluten Free and Low Sugar Cereal

Gluten Free Options Available

Local Farm Fruit and Vegetables Based on Availability
 Non-High Fructose Corn Syrup

Menus are subject to change.



This institution is an equal opportunity providers