

# April 2026

## Eastchester HS / Middle School | Breakfast MENU



### Daily Options:

Bagel with butter or cream Cheese, Muffin or Cereal Served with Cheese Stick Or Yogurt Fresh fruit , 100% Fruit Juice


Choice of 1%, or Skim milk with all meals

Food Allergies or questions regarding this menu, Please contact Food Service Director

Gluten Free and Vegetarian Options Available

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

MON	TUES	WED	THURS	FRI
		<span style="font-size: 2em;">Spring Recess</span>		
		1	2	3
6	7	8	9	10
<b>WG Chocolate Chip Muffin</b> <b>Yogurt</b> <b>Pineapple</b> <b>100% Juice</b> <b>Milk</b>	<b>Breakfast Taco</b> <b>Egg and Cheese</b> <b>Pear</b> <b>100% Juice</b> <b>Milk</b>	<b>WG Muffin</b> <b>Cheese Stick</b> <b>Apple Slice</b> <b>100% juice</b> <b>Milk</b>	<b>Egg and Cheese</b> <b>Taco</b> <b>Banana</b> <b>100% Juice</b> <b>Milk</b>	<b>WG Waffle</b> <b>Strawberries</b> <b>100% juice</b> <b>Milk</b>
13	14	15	16	17
<b>Strawberry Yogurt Parfait</b> <b>Graham Crackers</b> <b>Apple Juice</b> <b>Milk</b>	<b>Bacon Egg and Cheese on Roll</b> <b>Honeydew Melon</b> <b>100% juice</b> <b>Milk</b>	<b>WG Pancake</b> <b>Apple Slice</b> <b>100% Juice</b> <b>Milk</b>	<b>Ham, Egg, and Cheese Roll</b> <b>Melon wedge</b> <b>100% juice</b> <b>Milk</b>	<b>Maple Turkey sausage pancake wrap</b> <b>Banana</b> <b>100% Juice</b>
20	21	22	23	24
<b>Egg Cheese</b> <b>WG English Muffin</b> <b>Pineapple</b> <b>100% juice</b> <b>Milk</b>	<b>Blueberry WG Muffin</b> <b>Yogurt</b> <b>Apple Slice</b> <b>100% juice</b>	<b>French Toast Sticks</b> <b>Orange</b> <b>100% Juice</b> <b>Milk</b>	<b>Cinnamon Sugar Donut</b> <b>Pear</b> <b>100% Juice</b> <b>Milk</b>	<b>Egg and Turkey Sausage</b> <b>Croissant</b> <b>Apple sauce</b> <b>100% juice</b> <b>Milk</b>
27	28	29	30	May 1
<b>Egg and Cheese on WG Bagel</b> <b>Pineapple</b> <b>100% Juice</b> <b>Milk</b>	<b>French Toast Sticks</b> <b>Orange slice</b> <b>100% Juice</b> <b>Milk</b>	<b>WG Waffle</b> <b>Strawberry</b> <b>100% Juice</b> <b>Milk</b>	<b>Turkey Sausage</b> <b>Cheese WG Roll</b> <b>Banana</b> <b>100% Juice</b> <b>Milk</b>	<b>Strawberry Yogurt Parfait</b> <b>Graham Crackers</b> <b>100% Juice</b> <b>Milk</b>

### A La Carte items:

Yogurt Parfait w/ Fresh Fruit topping and Granola \$3  
 Fresh Fruit cup 9oz \$2.50  
 Variety of Healthy Snacks (Veggie sticks, Skinny pop, vegan choices, Annie's Organic bunnies, goldfish, pretzels, pirates' booty, sun chips)\$1.75 to \$2.75  
 Gluten Free and Low Sugar Cereal Variety \$2 to \$3

### Beverages:

Small Water \$1/ Large Water \$2  
 Tropicana Juice \$2.75  
 Horizon Organic milk / Soy milk \$2.50



Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234

Menus are subject to change.



This institution is an equal opportunity provider.