

Dear Potential IHS Cheer Applicant,

Thank you so much for your interest in becoming an Inglesmoor High School Cheerleader for the 2026-2027 school year! I look forward to receiving completed applications and putting thoughtful consideration into who will comprise the 2026-2027 IHS Cheer Team.

**Your first task** should be to get registered on [Final Forms](#) for **Spring Cheerleading Tryouts 2026 & complete the IHS Cheer Tryout Interest google form**. **Once completed, Coaches will add your school email to our email contact list and assign you to a personal Google Drive Folder. *This folder is where you will upload all of your completed tryout documents.*** *Note: Signing up for cheer does not commit you to being part of the team. You must also have a physical on file on Final Forms that is valid through tryout week in order to participate (meaning valid THROUGH 4/18).*

### **IMPORTANT DATES:**

Mandatory Parent/Guardian/Athlete Information Meeting  
Monday March 30th | 7pm  
IHS Library

Open Clinics (optional but great for additional practice)  
*\*Must be registered on Final Forms in order to participate*

- Tuesday March 24th | 4-6pm | IHS Cafeteria
- Thursday March 26th | 4-6pm | IHS Cafeteria
- Tuesday March 31st | 4-6pm | IHS Cafeteria
- Thursday April 2nd | 4-6pm | IHS Cafeteria

Tryout Packets Due  
Friday, April 3rd by 4pm  
*Submitted to your personal google drive folder*

Tryout Week  
Monday-Wednesday April 13-15th | 4-6:30pm | Tryout Practices + Mile Run on Wednesday | IHS Cafeteria  
Thursday April 16th | 4-6:30pm | Tryout Practice + Stunt Evaluation Day | IHS Cafeteria  
Friday April 17th | 6pm | Official Tryout Day | IHS Gym  
Saturday April 18th | 2026-2027 Team Announced Via Email

### **What you can expect during tryout week (Monday April 13th - Friday April 17th):**

Sunday 4/12: Virtual Welcome day! You will be given access to the tryout material videos to begin reviewing. Coaches will email you a link to the material folder - we highly encourage you to review all videos before attending tryout week!



Monday-Wednesday: Tryout Practices from 4-6:30pm in the IHS Cafeteria. You will review the tryout dance, sideline/ situational cheers and the Inglemoor Fight Song. In addition you will be taught hands-on stunt technique & safety, basic cheer motions, jumps, kicks, and proper technique. **You will also run a timed mile on Wednesday. Details on this are located on page 3 of the tryout packet.**

Thursday: Stunt evaluation day & additional tryout practice (mock tryout style) from 4-6:30pm in the IHS Cafeteria. Your stunt group will perform a basic stunt skill in front of the coaches. Coaches will evaluate each individual on their execution, safety practices, and technique.

Friday: Formal Tryout 6-8pm in the IHS Gym. You will be in a group of 3-4 people performing in front of small panels of judges. Together you will perform the dance, cheers, and fight song. You will then each do your jumps & kicks individually.

### **TRYOUT CHECKLIST:**

Please make sure that all the following application components are completed and/or submitted to your personal Google Drive Folder **by 4pm on Friday, April 3rd:**

- ALL DISTRICT-REQUIRED ATHLETIC PAPERWORK** online on Final Forms (go to [nsd.org/inglemoor](http://nsd.org/inglemoor) → Athletics → Register for Athletics). \*Please make sure you register for **Spring Cheerleading Tryouts 2026.** o You must also have a physical on file that is valid through tryout week (meaning valid THROUGH 4/18).
  - o If any athletic paperwork is missing, you will not be cleared to participate in tryout practices until it is received by the IHS Athletic Secretary. Please contact Tracy Dillender at [tdillender@nsd.org](mailto:tdillender@nsd.org) with questions about FinalForms.*
- Download and Read the tryout packet carefully**, complete all of the athlete / parent signatures, and upload to your personal Google Drive Folder. You can scan your packet, take pictures of each page, or digitally sign and upload.
- Grade Check:** Please take Screenshots of your Semester 1 Final Mark (S1FM) and Semester 2 Final Mark (S2FM) from Student View and upload to your personal Google Drive Folder.
- Teacher evaluations** from all 2<sup>nd</sup> Semester teachers. Please use this link to email out to all teachers: <https://forms.gle/VsfuiZCSX6W4kR9M7> (In order to send this, you will need to draft an email to your teachers, cut & paste this evaluation link into these emails, and ask them politely to please fill out the evaluation for you.)
- Schedule your in-person interview** using this link: <https://calendar.app.google/VjmZbsPuckpZtcLN9> .Detailed instructions for the interview can be found on page 16 of the tryout packet.

We look forward to meeting you and your parent/guardian soon! If at any point you have ANY questions, do not hesitate to reach out via phone or email!

Cheers,

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