

FREEMAN ELEMENTARY SCHOOL

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SCOTTIE SCOOP

APRIL 3,
2026

UPCOMING DATES

APR 6-10 SPRING BREAK!!!! ENJOY YOUR TIME OFF

- APR 13** Welcome Back!!! Hope you had a wonderful break!
- APR 14** 2:45-4:00pm = Fit for Bloomsday (Big Playground)
- APR 15** 2:45-4:00pm = 4th Grade Math is Cool (Small Conf.)
2:45-4:00pm = 5th Grade Math is Cool (Lrg. Conf.)
2:45-4:00pm = Girl Scouts (Community Classroom)
5:30-6:30pm = PTSG Mtg (Community Classroom)
- APR 16** 2:45-4:00pm = Fit for Bloomsday (Big Playground)
2:45-4:00pm = Chess Club (Community Classroom)
6:00-8:00pm = Mat Dawgs End of Season (K8 MPR)
6:00pm = FMS Musical Performance (FHS MPR)
- APR 17** 6:00pm = FMS Musical Performance (FHS MPR)
- APR 18** 2:00pm = FMS Musical Performance (FHS MPR)

BIG THANKS!!

What a week!!! Thank you to everyone who came out for conferences, the Science Fair and who supported the Book Fair. We love connecting with our students' families and seeing the pride in the kids' eyes getting to present their hard work.

We know that you are all busy and we appreciate when you take the time to connect with our teachers to support these wonderful kids.

Thank you so much to Mrs. Chaddock and all of the volunteers that helped bring back the Book Fair! We know that it is a big endeavor and we appreciate you working so hard to bring books and a fun experience to our students.

Last, but not least, thank you PTSG for the wonderful meals during Conferences. The breakfast and dinner help us all get through our long day!

Now time for everyone to enjoy the break and hopefully the sunshine!

FUN WITH SCIENCE AND TECHNOLOGY

Mrs. Gady's K/1 class working on problem solving and coding skills to make their "Scottie-bots" navigate. Thank you to the Hagan Foundation for the grant to purchase the robots! Also, check out Mrs. Gady's K/1 class' science fair projects! Great job!



FREEMAN CLASS OF 2029
HANGING FLOWER BASKET
Fundraiser

Orders Due
FRIDAY, APRIL 3RD, 2026

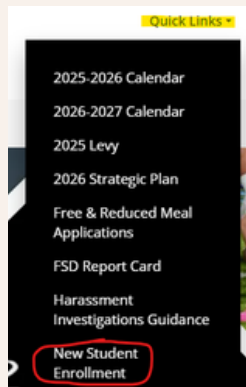
Delivery:
First week of May
Just in time for Mother's Day!

\$45/BASKET

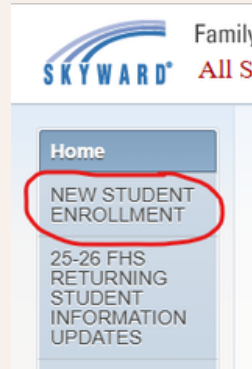
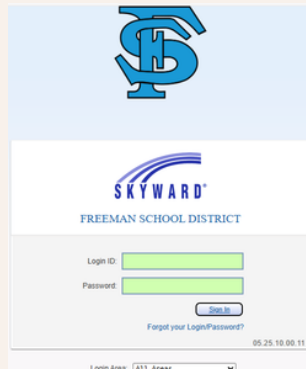
Enrollment for the 2026-2027 school year is now open for Transition to Kindergarten (TTK), Kindergarten and New Students on March 1st. Please note, Transition to Kindergarten students must be 4 on August 31, 2026 or earlier and Kindergarten students must be 5 on August 31, 2026 or earlier. Please call the FES Office to schedule your TTK and Kindergarten Roundup time (509) 291-4791. ****If you have a current TTK student, he/she does not need to go through Roundup, nor do they need to re-enroll.****

NEW STUDENT ENROLLMENT (any school)

If your family is new to our district, please go to our website: www.freemansd.org to enroll your student for next year. Find Quick Links, then choose New Student Enrollment or use the **Register Now!** link.



Already at Freeman? Please log in through Family Access to enroll your new student. See images.



FREEMAN SCHOOL DISTRICT

TTK & KINDERGARTEN ROUNDUP!



APRIL 23

1:00 - 6:00PM

Call to Schedule Your Appointment!

509-291-4791

4TH GRADE MATH IS COOL

4th grade math is cool team got 1st place at the Woodland MS area competition last weekend, qualifying them for the state level masters competition in May! Team- Greyson F, Drew T, Hannah B, Nash P, Hope L, Clark R, Owen H, and Bentley A. Individual medalists were Clark R- 11th, Bentley A- 3rd, Nash P- 6th and Owen H- 2nd place! Congrats team!



EXTRA ACTIVITIES AND OPPORTUNITIES!

- See attached flyers for more information!
- *Class of 2029 Flower Basket Fundraiser
- *Rockford Youth Baseball
- *Spring Chess Club
- *MOD Pizza Fundraiser
- *Run the Palouse Fun Run

ELEMENTARY
BREAKFAST: \$2.20
ADULTS: \$3.20

30	Breakfast Cookie ----- Cereal & Goldfish ----- Craisins Juice Variety Chocolate Milk White Milk	31	French Toast Sticks Sausage Patty ----- Cereal & Goldfish ----- Gala Apple Juice Variety Chocolate Milk White Milk	1	Mini Filled Bagel ----- Cereal & Goldfish ----- Fresh Orange Chocolate Milk White Milk	2	Conferences No School	3	Conferences No School
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ELEMENTARY
LUNCH: \$3.60
ADULTS: \$5.00

30	Mozzarella Bread Sticks ----- Alternate Lunch ----- Chocolate Milk White Milk	31	Corn Dog Tater Tots ----- Alternate Lunch ----- Chocolate Milk White Milk	1	Totchos Apple Churro ----- Italian Wrap ----- Alternate Lunch ----- Chocolate Milk White Milk	2	Conferences No School	3	Conferences No School
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Please click on this [MENU LINK](#) if you would like to see full menus from our website.



Just a reminder: Please do not pack any caffeinated or energy drinks in your students' lunch.

SCOTTIE GEAR YEAR AROUND

The PTSG has opened an online store where you can purchase Freeman Gear all year long. The company is called BCI Creative. Check it out! The link is below and a flyer is attached!

[PTSG Online Store](#)



FREEMAN SCHOOLS SPIRITWEAR

More Options Available Online



See More Options online / HOW TO ORDER
 go to: www.bcicreative.com/Freeman

ORDERS ARE PROCESSED MONTHLY THE 1ST AND 15TH OF EACH MONTH.

If the 1st or 15th falls on a weekend, orders will be processed the following Monday. Orders will be decorated, packaged and ship between the 20th and 30th of each month depending on your order date. USPS postage fees apply to all shipments. A portion of each sale benefits Freeman PTSG..

Credit Card payment will appear on your statement from BCI Creative

Questions?? Please email: kim@bcicreative.com or call 465-9775

In order to ensure speed of delivery and avoid delays, BCI Creative reserves the right to substitute equivalent product in the event of supplier shortages. Please see fulfillment details in the Welcome info on the site.

2026 Rockford Youth Baseball

T-BALL	Ages 5-6	Mon & Wed	6pm practice/5:30 games
CAPS	Ages 7-9	Mon & Wed	6pm practice/games (or following t-ball game)
MINORS	Ages 10-12	Tue & Thu	6pm practice/games

Practice starts May 4th and 5th
 Games begin the first week of June

Home fields are at Shelley Altmeyer Park and/or the Rodeo Grounds in Rockford
****Freeman teams are created only after Rockford teams are full****
 Away games will be played in Worley, Fairfield and at Liberty School in Spangle.

Call or go to www.rockfordwa.com for a link to the REQUIRED forms
**** (1) Registration, (2) concussion form, and (3) payment must be submitted before April 15th to ensure placement****
\$40 Registration Fee
 Due to limited space and time, we will not be accepting any latecomers

Mail completed forms to:
ROCKFORD YOUTH BASEBALL
 c/o Nicki Seehorn @ PO Box 242 Rockford, WA 99030
nseehorn@gmail.com (509-998-6476)
 OR
ROCKFORD YOUTH BASEBALL
 c/o Heidi Johnson @ Rockford Town Hall 20 W Emma St (drop off only)
 PO Box 49 Rockford, WA 99030 (mail)
hroecks@yahoo.com (509-270-3311)

COUNSELING CORNER



with School Counselor
Kayleen Archibald
karchibald@freemansd.org

Using Good Manners

Good manners, like saying "please" and "thank you," are a simple way to show respect for others. They are like a secret code that makes everyone feel more comfortable and valued.

Try This: Make a fun game out of using manners. Every time someone says "please" or "thank you," they get to put a sticker on a chart.

MOD PIZZA FUNDRAISING

RAISE SOME DOUGH

Bring in this flyer, or order online through the MOD app or website, to use the fundraiser code provided and MOD will donate 25% of your bill to support your school!

JOIN MOD IN SUPPORTING

ORGANIZATION NAME: FREEMAN PTSG

FUNDRAISER DATE: APRIL 24, 2026

ADDRESS: 3104 E PALOUSE HWY
SPOKANE, WA 99223

FUNDRAISER CODE: MODGIVES25

Offer valid only on the date(s) and at the MOD location identified on this flyer. Offer valid for dine-in, takeout, or delivery when ordered through the MOD app or website only. For online or in-app orders, please use the code provided by GroupGrip. For delivery, customer must live within delivery boundary. Only nonprofit organizations and nonprofits schools are eligible to participate in the MOD fundraising program. MOD will donate 25% of food and beverage sales to the organization. Tax, gift cards, and retail sales are excluded from the donation. Offer void if the flyer is distributed in or near the restaurant. For more information about fundraising, visit <https://modpizza.com/fundraisers/>

4-07-4

RUN THE PALOUSE 2026

Run the Palouse is a 5K/1 Mile Run put on by the FHS Cross Country Team. All ages and skill levels are welcome, from walkers to competitive runners. Proceeds benefit Freeman High School Cross Country.

RUN OR WALK

1 MILE OR 5K

LOCATION: Freeman High School

DATE: Saturday, May 16th

RACE TIMES:
1 Mile - 9:30am
5K - 9:50am

EARLY REGISTRATION:
Before April 30:
1 Mile - \$25, 5K - \$30

LATE REGISTRATION:
After April 30:
1 Mile - \$30, 5K - \$35

T-SHIRT:
Included if registered by April 30

REGISTER NOW

QUESTIONS: runthepalouse@gmail.com

TECHNOLOGY CORNER

EES-FAMILY SURVEY

The EES-Family Survey will open on Monday, March 30th.

- *Scan the QR code to the right.
- *Choose your language preference on the opening page of the survey.
- *Select your child's school. If you have children in multiple schools, complete one survey per school.
- *Complete the survey and click submit.



Opt-In from your mobile now!



Just send "Y" or "Yes" to 67587.

Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See

FMS AND FHS NEWSLETTERS

Want to find out what's going on in the Middle School and/or High school? Check out their weekly newsletters as well!

Freeman Middle Scoop
FHS Friday Flyer

Linewize | Qustodio

App for Parents & Families

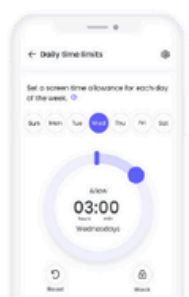
Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.

- Visibility on student activity and device insights
- Security coverage for in and out-of-school hours
- Expert advice and guidance on digital threats and trends
- Pause button to regulate digital activity

Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- Filter and block feature for content and apps
- Location tracking and panic button feature
- Visibility on browsing history, social media, and screen time
- Calls & messages tracking to monitor suspicious activity
- Time limits and screen-free schedules
- Tailored reports and alerts for inappropriate content



Works on the following devices: Windows, Mac, Chromebook, Android, iPhone/iPad, Kindle

Multi-parent access and management available

Qustodio is COPPA compliant and does not share personal data with third parties.



- #### How to get started
1. Scan the QR code or visit qustodio.com/my-school
 2. Create your account using the email address your school has on file
 3. Get real-time visibility

For any queries, contact us at myschool@qustodio.com

Concussion

INFORMATION SHEET



This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
 - Work with their coach to teach ways to lower the chances of getting a concussion.
 - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion. Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
 - Ensure that they follow their coach's rules for safety and the rules of the sport.
 - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no "concussion-proof" helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



Plan ahead. What do you want your child or teen to know about concussion?

How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just "don't feel right" after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events *prior to* or *after* a hit or fall

Symptoms Reported by Children and Teens

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems
- Just not "feeling right," or "feeling down"

Talk with your children and teens about concussion. Tell them to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that *it's better to miss one game than the whole season.*



[cdc.gov/HEADSUP](https://www.cdc.gov/HEADSUP)

CONCUSSIONS AFFECT EACH CHILD AND TEEN DIFFERENTLY.

While most children and teens with a concussion feel better within a couple of weeks, some will have symptoms for months or longer. Talk with your children's or teens' healthcare provider if their concussion symptoms do not go away, or if they get worse after they return to their regular activities.

What Are Some More Serious Danger Signs to Look Out For?

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- One pupil larger than the other
- Drowsiness or inability to wake up
- A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)
- Unusual behavior, increased confusion, restlessness, or agitation
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously

What Should I Do If My Child or Teen Has a Possible Concussion?

As a parent, if you think your child or teen may have a concussion, you should:

1. Remove your child or teen from play.
2. Keep your child or teen out of play the day of the injury. Your child or teen should be seen by a healthcare provider and only return to play with permission from a healthcare provider who is experienced in evaluating for concussion.
3. Ask your child's or teen's healthcare provider for written instructions on helping your child or teen return to school. You can give the instructions to your child's or teen's school nurse and teacher(s) and return-to-play instructions to the coach and/or athletic trainer.

Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess a child or teen for a possible concussion. Concussion signs and symptoms often show up soon after the injury. But you may not know how serious the concussion is at first, and some symptoms may not show up for hours or days.

The brain needs time to heal after a concussion. A child's or teen's return to school and sports should be a gradual process that is carefully managed and monitored by a healthcare provider.

To learn more, go to [cdc.gov/HEADSUP](https://www.cdc.gov/HEADSUP)

Children and teens who continue to play while having concussion symptoms, or who return to play too soon—while the brain is still healing—have a greater chance of getting another concussion. A repeat concussion that occurs while the brain is still healing from the first injury can be very serious, and can affect a child or teen for a lifetime. It can even be fatal.



Discuss the risks of concussion and other serious brain injuries with your child or teen, and have each person sign below.

Detach the section below, and keep this information sheet to use at your children's or teens' games and practices to help protect them from concussion or other serious brain injuries.

- I learned about concussion and talked with my parent or coach about what to do if I have a concussion or other serious brain injury.

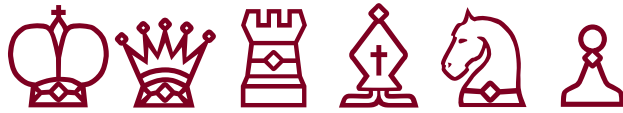
Athlete's Name Printed: _____ Date: _____

Athlete's Signature: _____

- I have read this fact sheet for parents on concussion with my child or teen, and talked about what to do if they have a concussion or other serious brain injury.

Parent or Legal Guardian's Name Printed: _____ Date: _____

Parent or Legal Guardian's Signature: _____



Freeman School CHESS CLUB

Sign up for Spring 2026 Grades 2-8

SCHEDULE: After School, Thursdays 3:00 – 4:00 pm
7 Weeks: Apr 16, 23, 30 May 7, 14, 21, 28



Professional Chess Coach Dennis Pirello provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.
See tournament and camp schedule: www.inlandchess.org

TUITION ~ \$78 for 7 weeks. Each session is one hour. **Registration form below.**

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Cut > -----

REGISTRATION for Freeman School Chess Club ~ Spring 2026

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___ Yes ___ No

ALLERGIES and/or SPECIAL ISSUES: _____

IMPORTANT: As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Parent: _____ Phone: _____ eMail: _____
(or Guardian)

Address: _____ City _____ WA ZIP _____

___ \$78 Chess club tuition for 7 weeks. Partial payments are accepted. Scholarships are available.

___ \$15 **OPTIONAL** Tournament style chess set for study and play a home.

___ \$18 **OPTIONAL** Annual subscription to www.chesskid.com a child safe study and play website.

___ \$22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: \$ _____ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

Inland Chess Academy ~ Licensed, insured WA state non-profit, 501c3, educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.inlandchess.org facebook.com/inlandchess

NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy's curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards. *Tournament schedule: www.InlandChess.org*

The Inland Chess Academy is building a vibrant chess community:

- ~ Regional tournaments for students and parents, twice monthly on Saturdays.
- ~ Camps on holidays, spring break, and during summer.
- ~ Tutoring and special interest study groups.

"Chess is the only activity for our youth where they are expected to sit quietly and think long thoughts." JJ Dill II

Inland Chess Academy

An insured and licensed 501c3 WA non-profit educational organization.

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

chess@inlandchess.org

www.InlandChess.org

facebook.com/inlandchess