



APRIL 3, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

I hope that you all enjoy some rest and fun this spring Break. Thank you to all parents/guardians and students for taking advantage of conference time this week to learn more about how we can partner with you for educational success. It is unique among high schools that FHS can offer conferencing as an option, and it is my sincere hope that this was time well spent. As we move into the final stretch of the year, it often seems that school activities intensify – please be mindful of FHS emails and communications regarding all spring-time activities; our intent is always to communicate clearly in a variety of ways without overwhelming you, but it is a busy time. If you have a 10th or 11th grade student, you should receive email for State SBA Testing schedules today; if you have a 12th grade student, you should receive an email and a hard-copy letter about Graduation today. Please also continue to reach out to us with any questions – we are happy to help! Recently, our administrative team, leadership team, staff representatives, Safety Committee, and community emergency responders participated in our annual tabletop safety exercise. This collaborative process allowed us to walk through our Standard Response Protocols (SRP), affirm strengths in our current systems, and identify opportunities to strengthen our practices. One of the recommendations at this meeting is that all exterior doors will always remain locked, including before and after school. While the door will be locked in the mornings, we are still determining a reasonable timeframe for unlocking the door for after-school activities, and we will communicate that to you and students once determined. To conclude this week, I'd like to highlight two young ladies who are Southeast County Fair royalty. Grace Duncan will represent the Freeman Community as a Princess, and Madisen Hansen will represent the Freeman Community as the Queen. Congratulations ladies!

Go Dawgs! Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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SMARTER BALANCED ASSESSMENTS (SBA)

Spring is in full swing, and with it comes an exciting opportunity for our students to showcase their skills in the upcoming Spring 2026 Washington State Smarter Balanced Assessments (SBA). We wanted to provide you with the schedule for testing at FHS, so you can mark your calendars.

- 10th Grade ELA: April 28 & 29, starting at 10:05 am
- 10th Grade Math: May 12th & 13th, starting at 10:05 am
- 11th Grade Science (WCAS): May 6th, starting at 1:05 pm

We encourage you to ensure that your student's computer is fully charged prior to testing, so they can dive into the assessments without any technical hiccups. Additionally, if your student will be absent on any of these testing dates, please reach out to Heidi Youseph at your earliest convenience. We'll work together to schedule a make-up time that fits your student's needs.

Thank you for your ongoing support in your student's academic journey!



APRIL 6TH - 10TH
NO SCHOOL - Spring Break

APRIL 16TH
SAT School Day 8:15 am

APRIL 17TH
AM Activity Bell Schedule

APRIL 24TH
AM Activity Bell Schedule

APRIL 27TH
NO SCHOOL - Teacher PD Day

APRIL 28TH & 29TH
10th Grade ELA SBA Testing

MAY 2ND
Prom @ Centerplace 8pm

MAY 6TH
LATE START FOR STUDENTS

MAY 8TH
AM Activity Bell Schedule

MAY 12TH & 13TH
10th Grade Math SBA Testing

MAY 14TH
Senior Signing Day 7:30am





C
T
E

COLLEGE CAREER
readiness

FREEMAN
HIGH SCHOOL

READY FOR AP EXAMS?

Mark Your Calendar and Be Prepared!

Check the schedule below and get set for success.

SUBJECTS DATES & TIMES:

AP Government Tuesday May 05, 11:30 AM

AP Statistics* Thursday May 07, 11:30 AM

AP US History Friday May 08, 7:30 AM

AP Calculus AB/BC Monday May 11, 7:30 AM

AP Precalculus Tuesday May 12, 7:30 AM

AP English Lang & Comp* Wednesday May 13, 7:30 AM

AP Computer Science Principles* Thursday May 14, 11:30 AM

AP Environmental Science Friday May 15, 7:30 AM

**EXAMS WILL TAKE PLACE IN THE FSD PRTC (BUS BARN)
UNLESS OTHERWISE NOTED**

*AP Statistics will take place in the FHS Office

*AP English Lang & Comp will take place in the FHS Read Gym

*AP Computer Science Principles will take place in the FHS Office

**Come prepared with a FULLY CHARGED CHROMEBOOK & CHARGER,
No. 2 PENCIL, and BLACK or DARK BLUE PEN**

IMPORTANT COLLEGE & CAREER READINESS DATES:

- April 13-17: Finish Strong: Fin. Aid Completion Week for Seniors
- April 15: Ortho Surgery View @ Providence St. Luke's (see Mrs. Youseph for info)
- April 16: SAT School Day (11th)
- April 22: Business After School: CarbonQuest 3pm-5pm
- April 23: Spring ASVAB (10th-12th)



Upcoming Sports



4/13 - vs. St. George's 3pm
 4/15 - @ Newport 3pm
 4/16 - vs. Reardan/Davenport 3pm



4/4 - vs. Lind/Ritzville (Dbl Header) 12 & 2pm
 4/18 - @ Liberty (Dbl Header) 12 & 2pm



4/4 - Varsity vs. Lind/Ritzville (Dbl Header) 12 & 2pm
 4/6 - Varsity @ Colfax 3pm
 4/11 - Varsity @ Riverside (Dbl Header) 12 & 2pm
 4/13 - JV @ Colfax (Dbl Header) 3 & 5pm
 4/14 - Varsity @ Lakeside 4:30pm
 4/15 - JV vs. Lakeside 4:30pm
 4/18 - Varsity @ Liberty (Dbl Header) 12 & 2pm



4/3 - @ Glenn Wolf Invite in Deer Park 10:30am
 4/15 - @ Home vs. Colfax, LRS, Asotin, St. George's, Davenport 3:30pm
 4/18 - @ Cheney 9am



4/13 - Varsity @ Colfax 12pm
 4/16 - JV @ Odessa 2pm
 4/18 - @ Stoneridge 10am

Sports Links:



[Pay Fines/Fees](#)



goscotties.org
athletics website

RUN THE PALOUSE 2026

Run the Palouse is a 5K/1 Mile Fun Run put on by the FHS Cross Country Team. All ages and skill levels are welcome, from walkers to competitive runners. Proceeds benefit Freeman High School Cross Country.

RUN OR WALK

1 MILE
OR 5K



LOCATION:
Freeman High School



DATE:
Saturday, May 16th



RACE TIMES:
1 Mile - 9:30am
5K - 9:50am



EARLY REGISTRATION:
Before April 30:
1 Mile - \$25, 5K - \$30



LATE REGISTRATION:
After April 30:
1 Mile - \$30, 5K - \$35



T-SHIRT:
Included if registered by April 30



REGISTER NOW



QUESTIONS: runthepalouse@gmail.com



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.


Student HIGHLIGHTS



*The Southeast Spokane County Fair announced their 2026 Royalty Court featuring two of our FHS Students:
Queen - Madisen Hansen
Princess - Grace Duncan*

Student HIGHLIGHTS


ATHLETE OF THE WEEK



senior
AVERY BOSWELL
tennis

FREEMAN SCOTTIES ATHLETE
CERTIFICATE
ATHLETE OF THE WEEK
Avery Boswell

sponsored by
Freeman Athletic Booster Club



ATHLETE OF THE WEEK




senior
LOGAN MELIN
track & field

FREEMAN SCOTTIES ATHLETE
CERTIFICATE
ATHLETE OF THE WEEK
Logan Melin

sponsored by
Freeman Athletic Booster Club




ATHLETE OF THE WEEK



freshman
AUDREY SANTMAN
track & field

FREEMAN SCOTTIES ATHLETE
CERTIFICATE
ATHLETE OF THE WEEK
Audrey Santman

sponsored by
Freeman Athletic Booster Club



Student HIGHLIGHTS



The Freeman Advanced Band received a Superior Rating at Contest on March 26th (the highest rating possible). This is the first time in the school's contest history they have received this rating.

Great job everyone!

Student HIGHLIGHTS



The Freeman Advanced Choir received a Superior Rating at Contest on March 27th (the highest rating possible). It was also the debut of our new choir uniforms. Great job everyone!