

MAKE THE CHOICE THAT'S RIGHT FOR YOU.



EAT WELL



LOCALLY SOURCED



VEGETARIAN



VEGAN




















PLANT-CENTRIC

SUN	WAKIN' UP		
	BRUNCH ENTRÉE	Oven Roasted Turkey Breast	Scrambled Eggs
	SIDES	Bacon, Tater Tots, Pancakes / Corned Beef Hash	
	SALAD	Available	
DINNER	DINNER ENTRÉE	Smoked Chicken	Beef Chili Cheese Fries
	VEGETARIAN ENTRÉE	Adobo Spiced Tofu	
	STARCH	Garlic Cheese Bread	
	SAUCE	Marinara	
	SOUP	Beef & Rice Soup	
	VEGETABLE	Sautéed Vegetables	
MON	WAKIN' UP	Scrambled Eggs, Pork Links, Hash Brown Patty, Waffle	
	BRUNCH ENTRÉE	Roast Pork	
	SIDES	Roasted Potato	Roasted Brussel Sprouts
	SALAD	Available	
DINNER	DINNER ENTRÉE	Chicken Tinga Rice Bowl	Sloppy Joe Loaded Tots
	VEGETARIAN ENTRÉE	Sweet & Sour Tofu Veggie Dirty	
	STARCH	Cilantro Lime Rice	
	CONCEPT CORNER	Pico De Gallo	
	SOUP	Cream of Broccoli Soup	
	VEGETABLE	Roasted Broccoli & Cauliflower	
TUES	WAKIN' UP	Scrambled Egg, Bacon, Breakfast Potato, French Toast, Bacon Egg American Waffle	
	LUNCH ENTRÉE	Taco Bar	
	SIDES	Yellow Rice	Steamed Broccoli
	SALAD	Salad Bar	
DINNER	DINNER ENTRÉE	Grilled Pork Chops	Chicken Primavera Pasta
	VEGETARIAN ENTRÉE	Mediterranean Falafel Bowl	
	STARCH	Potato Wedges	
	CONCEPT CORNER	Chicken Caesar Tostada on Garlic Bread	
	SOUP	Chicken & Andouille Gumbo	
	VEGETABLE	Roasted Brussel Sprouts	
WED	WAKIN' UP	Fried Eggs, Sausage Patty, Tater Tots, Funfetti Pancakes	
	LUNCH ENTRÉE	Crispy Buffalo Chicken Sandwich	Pasta Broccoli Sausage Casserole
	SIDES	French Fries	Vegetable Medley
	SALAD	Salad available	
THUR	DINNER ENTRÉE	Cheesy Beef and Pasta	Huli Huli Chicken
	VEGETARIAN ENTRÉE	Huli Huli Tofu	
	STARCH	Jasmine Rice	
	CONCEPT CORNER	Beef and Cheese Empanada	
	SOUP	Vegetarian Minestrone Soup	

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	VEGETABLE	Steamed Spinach 	
THURS	WAKIN' UP	Scrambled Eggs, Grilled Ham, Waffle, Cinnamon Rolls, Tex Mex Scramble	
	LUNCH ENTRÉE	Orange Beef Stir Fry	
	SIDES	Lo Mein Noodle 	Baby Bok Choy 
	SALAD	Available	
DINNER	DINNER ENTRÉE	Chinese Boneless Spare Ribs	Stir Fry Chicken
	VEGETARIAN ENTRÉE	Tofu Fried Rice Bowl 	
	STARCH	Fried Rice 	
	CONCEPT CORNER	Pasta Br 	
	SOUP	Hot & Sour Soup	
	VEGETABLE	Spicy Green Beans 	
FRI	WAKIN' UP	Scrambled Eggs/ Cheese omelets, Sausage Links, Hash Brown Patty, French Toast	
	LUNCH ENTRÉE	Chicken Francaise	
	SIDES	Lemon Rice Pilaf 	Roasted Vegetables 
	SALAD	Available	
DINNER	DINNER ENTRÉE	Herbed Roast Beef	Beer Battered Cod
	VEGETARIAN ENTRÉE	Portobello Osso Bucco 	
	STARCH	Seasoned French Fries 	
	CONCEPT CORNER	Hot Diggity Dog	
	SOUP	Manhattan Clam/ Tilapia Shrimp Chowder	
	VEGETABLE	Steamed Broccoli 	
SAT	WAKIN' UP	Scrambled Eggs, Scrambled eggs w/ Cheese Sausage Patty, Breakfast Potato	
	Lunch	Grilled Chicken / Beef Rice Cheese	
	SIDES	Burrito Bowls	
	SALAD	Brown Rice 	Cuban Black Beans 
DINNER	DINNER ENTRÉE	Lemon pepper turkey Breast	Roasted pork Loin
	VEGETARIAN ENTRÉE	Zucchini Parmesan 	
	STARCH	Roasted Confetti Potato 	
	SAUCE	Marinara 	
	SOUP	Beef Vegetable Soup	
	VEGETABLE	Sautéed Vegetable Medley 