



what to pack

Involve your child in the packing process. If your child packs with you, he/she will know where everything is and will not worry about having to find those extra sheets or towels!

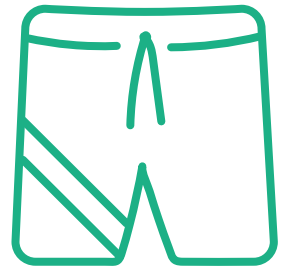
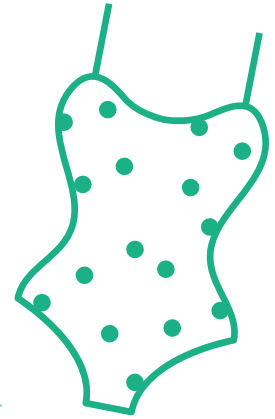
You can adjust this list based on your camper's needs and habits, but be mindful of the shared space and remember that there is laundry service for sessions of 14 days or longer.

Over-packing for camp only clutters up the cabin, bothers your camper, their counselors and their bunk mates. BUT, not having a hoodie when it is cold is annoying and not having enough underwear stinks!

Be sure to pack durable and comfortable clothing appropriate to a rustic camp setting. Do not send tube tops, strapless dresses, string bikinis, T-shirts advertising drugs or alcohol, T-shirts with inappropriate language or any garments that are skin-tight. Campers are expected to dress appropriately for their activities. They must wear long pants for hiking, shorts and sneakers for sports, bathing suits for swimming and a solid white top for Shabbat.

CLOTHING

- 16 Undergarments
- 16 Pairs of socks (or more for serious ball players)
- 16 T-shirts (or tank tops or any short sleeve shirts)
- 5 Long sleeve shirts (for cool evenings)
- 2 to 3 Sweatshirts or sweaters (for very cool evenings)
- 1 Light jacket (for very, very cool evenings)
- 8 Shorts (gym, cargo, etc.)
- 5 Jeans or long pants (for evenings, hiking and Shabbat)**
- 2 Solid white shirts or tops** (for Shabbat)
- 2 Pajamas (or sleeping shirts, etc.)
- 2 Bathing suits
- Swimming goggles (for those with chlorine-sensitive eyes or contacts)
- 1 to 2 Hats (baseball hat, etc., not a visor)
- 1 White T-shirt (to decorate or tie-dye in Arts and Crafts)
- 1 Bathrobe



****Please note: everyone must wear a white top for Shabbat. Some campers wear nicer pants or a skirt as well.**

SHOES

- 2 Pair sneakers for everyday wear, sports
- 1 Pair sturdy shoes (optional for hiking)
- 1 Pair shower sandals / flip-flops for shower / beach only
- 1 Pair Shabbat shoes



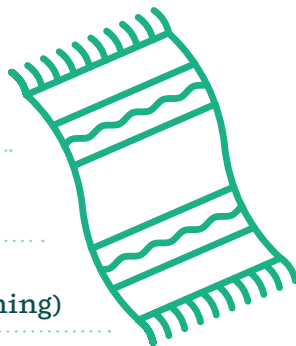
**** Please note: Any shoes worn at camp MUST have a back strap or MUST be closed toed. And please, do not bring any heels higher than two inches.**

LINENS

- 2 Towels (to use for showering)
- 2 Wash cloths (for hand and face washing)
- 1 Beach towel (to use at the pool and on beach day)
- 1 Pillow, with 2 pillow cases
- 2 Sets of TWIN sheets, with a blanket/comforter OR a sleeping bag
- 1 - 2 Washable Laundry Bag(s) with drawstring closures

MISCELLANEOUS

- 2 Towels (to use for showering)
- 2 Wash cloths (for hand and face washing)
- 1 Beach towel (to use at the pool and on beach day)
- 1 Pillow, with 2 pillow cases
- 2 Sets of TWIN sheets, with a blanket/comforter OR a sleeping bag
- 1 - 2 Washable Laundry Bag(s) with drawstring closures



TOILETRIES

- Comb and brush
- Clips or barrettes
- Toothbrush and toothpaste
- Plastic drinking cup
- Soap and soap dish
- Shampoo
- Conditioner, gel, mousse, etc.
- Deodorant
- Q-tips
- Razor and shaving cream
- Nail clipper
- Tampons and pads
- Sun block
- Insect repellent
- Tissues
- Toiletry bag or caddy to store and carry toiletries back and forth



OPTIONAL

- Extra blanket or comforter
- Deck of cards
- Fan to clip on bed post
- Baseball mitt
- Inexpensive camera and film
- Musical instrument (acoustic guitar, harmonica, etc. No piano or drums please)
- Sun glasses
- Extra pair of eye glasses
- Pool / beach bag

