



The latest news and updates from Mt. Spokane High School

Spring Signals Change

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Wildcat Families,

Spring is here! I was just talking with a group of students who were sharing how fast this year has gone so far, and I couldn't agree more. Our students and staff are working hard to finish this year strong while also planning for changes to come...from moving to the next grade to graduation.

We are also working hard to foster a culture of belonging here at Mt. Spokane. Sometimes students need reminders about what this means. We believe our school should be a place where every student feels safe, valued, and respected. We expect everyone to act with dignity, class and respect, but sometimes we encounter teachable moments.

Lately we've been experiencing a rise in language and behaviors that do not align with who we are as a community. No matter the intention, these messages and behaviors can cause fear, damage and injury to individuals and the entire school community. We know that we can do the work together, partnering with our incredible families to ensure our words and actions match our belief that all students should feel like they belong in our school. We invite you to use the questions below to start a conversation at home, helping your student reflect on their words, actions, and the important role they play in creating a culture where everyone belongs.

- What does respect look like in your daily interactions at school especially with people who may be different from you?
- What role do you think you play in creating a school environment where everyone feels safe, included, and valued?
- If a friend or peer uses language that does not foster belonging, what are some ways you could respond that align with school values?

We very much value our partnership, and we invite you to reach out to us if you have questions, need support, or need to report any type of negative behavior. There are so many wonderful things about our Wildcat community, and I know that together, we can be even better.

In Service,

Chelsea Gallagher
Mt. Spokane HS
Principal



A FEW ABSENCES EVERY MONTH CAN ADD UP TO WEEKS OF LOST LEARNING OVER THE YEAR. MISSING SCHOOL, WHETHER FOR EXCUSED OR UNEXCUSED REASONS, DISRUPTS A STUDENT'S EDUCATION.

MSHS TESTING BELL SCHEDULE SPRING 2026

[SCHEDULE LINKED HERE](#)

Mon May 4 & Mon May 11	Tue May 5 & Tue May 12	Wed May 6 & Wed May 13	Thur May 7 & Thur May 14	Fri May 8 & Fri May 15
Period 1: 8:00-9:30 (90)	Period 1: 8:00-8:25 (25)	Period 1: 8:40-9:30 (50)	Period 1: 8:00-9:30 (90)	Period 1: 8:00-8:25 (25)
Period 2: 9:35-10:00 (25)	Period 2: 8:30-10:00 (90)	Period 2: 9:35-10:25 (50)	Period 2: 9:35-10:00 (25)	Period 2: 8:30-10:00 (90)
Period 3: 10:05-10:30 (25)	Period 3: 10:05-10:30 (25)	Period 3: 10:30-11:20 (50)	Period 3: 10:05-10:30 (25)	Period 3: 10:05-10:30 (25)
Period 3: Classes with 1st Lunch Class: 10:05-11:05 (60) Lunch: 11:05-11:35 (30) Class: 11:40-12:05 (25)	Period 4: Classes with 1st Lunch Class: 10:35-11:35 (60) Lunch: 11:35-12:05 (30) Class: 12:10-12:35 (25)	Period 4: Classes with 1st Lunch Class: 10:30-11:20 (50) Lunch: 11:20-11:50 (30)	Period 3: Classes with 1st Lunch Class: 10:05-11:05 (60) Lunch: 11:05-11:35 (30) Class: 11:40-12:05 (25)	Period 4: Classes with 1st Lunch Class: 10:35-11:35 (60) Lunch: 11:35-12:05 (30) Class: 12:10-12:35 (25)
Classes with 2nd Lunch: Class: 10:05-11:35 (90) Lunch: 11:35-12:05 (30)	Classes with 2nd Lunch: Class: 10:35-12:05 (90) Lunch: 12:05-12:35 (30)	Classes with 2nd Lunch: Class: 11:25-12:15 (50) Lunch: 12:15-12:45 (30)	Classes with 2nd Lunch: Class: 10:05-11:35 (90) Lunch: 11:35-12:05 (30)	Classes with 2nd Lunch: Class: 10:35-12:05 (90) Lunch: 12:05-12:35 (30)
Period 4: 12:10-12:35 (25)	Period 5: 12:40-1:05 (25)	Period 5: 12:50-1:40 (50)	Period 4: 12:10-12:35 (25)	Period 5: 12:40-1:05 (25)
Period 5: 12:40-2:05 (85)	Period 6: 1:10-2:35 (85)	Period 6: 1:45-2:35 (50)	Period 5: 12:40-2:05 (85)	Period 6: 1:10-2:35 (85)
Period 6: 2:10-2:35 (25)			Period 6: 2:10-2:35 (25)	

CULTURAL NIGHT

WHEN AND WHERE?
APRIL | 23 | MEAD HS

Join us from **6-8p.m.** at **Mead High School** to celebrate and recognize the many beautiful cultures in our community!

WHAT TO EXPECT
Traditional dances, authentic food trucks, live music, informational tables, and so much more!
Everyone is welcome! See you there!

BURST-THE-BUS CLOTHING DRIVE
Please bring new or gently used clothing items to donate to those in need!

Burst the BUS

CLOTHING DRIVE

When: Thursday, April 23 6-8pm
Where: Mead High School at Cultural Night

Bring your new or lightly used clothing items with you to Cultural Night!!

Your lightly used clothes can go a long way in helping someone in need. From coats and sweaters to shoes and accessories, every item you donate can provide comfort to those who need it most. Together, we can make a positive impact in our community.

Celebrations



Mead Jazz Festival



**Jazz Band 1 -
2nd place**

**Jazz Band 2 -
2nd place**

CONGRATS DEBATE TEAM



Left to right, front row: Addison Bruck, Naya Gates, Lucy Windle, Jon Pearson, Dillan Sessler

Left to right, back row: Zoe Alvarez, Reagan Billiau, Molly Tanner, Ellie Henshaw, Madeleine Morrison

Congratulations to the Speech and Debate team for wrapping up a successful season over the weekend at the University of Puget Sound. More than 600 entries from over 60 schools across the state converged for the WIAA State Championship Tournament. In debate, trio Dillan Sessler, Zoe Alvarez, and Madeleine Morrison were quarter-finalists in Worlds debate. In speech, Molly Tanner was a semi-finalist in Humorous Interpretation and Lucy Windle was also a semi-finalist in Informative Speaking. For the second year in a row, the team is also the 3A State Academic Champions with the highest cumulative GPA of all 3A debate teams.

On to
Nationals!

FCCLA®



Amber Silva



Izabella Kemper



Dayton Day



Daniel Affeldt, Dylan Jarvis,
Keanu Richardson



Lucas Asay, Tristan Nolan,
Kane Larson



**Educational
Theatre
Association™**

Washington

DRAMA ACADEMIC STATE CHAMPIONS



Upcoming Events



Wildcat EVENTS

- April 1: Track@Mead@3pm Spike Fight!
- April 1: Blood Drive
- April 1: Choir Cabaret Night @7pm in the MSHS Commons
- April 6--10: Spring Break
- April 15-19: Yearbook to JEA Spring Convention
- April 15-19: Sports Med State
- April 15-17: Dance Team Tryouts
- April 18: CBC Jazz Festival in the Tri-Cities
- April 21: Color Guard Showcase @7pm in the gym
- April 22: ASB Mock Crash Assembly
- April 23: Color Guard Try It Out Camp
- April 23: Softball v Mead @4pm @MSHS
- April 23: Improv Show @7pm in the theater
- April 24-28: DECA Nationals
- April 24-25: State History Day Competition
- April 25: Band State Solo and Ensemble
- April 25: Senior Prom "Under a Thousand Lights" at the Centennial Ballroom in the Convention Center
- April 29: Court Chaos Boys Tennis v Mead @MSHS @3:30pm
- April 29: Girls Tennis @ MHS @ 3:30pm
- May 1 Pack the Pitch Boys Soccer @ Union Stadium @6:30pm

*Sports listed are when we compete against Mead.
CLICK HERE for all events.

Under a Thousand Lights
Celebrating the
Mt. Spokane Class of 2026
Senior Prom

Buy Tickets in the business office

doors open at 7:30PM
dancing begins at 8:00PM
Saturday, April 25, 2026
Centennial Ballroom

Spokane Convention Center
334 W. Spokane Falls Blvd.

Spring Break
April 6-10

2026
JUNIOR AND SENIOR CLASS
MOCK CRASH

WEDNESDAY, APRIL 22ND DURING PERIODS 1-3

Car accidents are a leading cause of injury and death for teenagers. As we head into a season of celebration with prom, graduation, and summer, Wellness and Awareness Week will seek to engage, educate, and challenge students to make healthy and responsible decisions, especially behind the wheel.

THIS IS NOT REAL...IT IS A SIMULATION

- ✓ Staged Car Accident Caused by Impaired Driving
- ✓ Representatives From Various Emergency Responders
- ✓ MSHS Gym and Parking Lot will be used
- ✓ Alternative Space Offered to Students Who Need This Option

This is an event for Upperclassmen only (grades 11 & 12). If your student has concerns about attending this event, please reach out to their school counselor or the front office for assistance.



schoolinks ATTENTION CLASS OF 2026

- ☒ **Completion of the High School and Beyond Plan is a state graduation requirement**
- ☒ **Complete your HSBP through your Schoolinks**
- ☒ **Do this as soon as possible!!**

COLLEGE&CAREER **PLANNING** **WITH** **COWART**

[sign up here](#)



Attention junior students and families:
You are now in your LAST SEMESTER before your SENIOR YEAR!!! This is a great time to schedule a meeting with Mr. Cowart to discuss plans for after graduation.

- ✓ **Individual meeting with every junior**
- ✓ **Join inspiring talks & workshops**
- ✓ **Explore study programs & career paths**
- ✓ **Learn about scholarships & admissions**

SCHOLARSHIPS **AVAILABLE** **FOR STUDENTS**

All students have access to SchoolLinks. This site enables them to plan for their futures; they can use this site to do everything from thinking about future courses they want to take at MSHS to applying for scholarships.



**ASK YOUR STUDENT TO LOGIN
& SHOW YOU THE RESOURCES**



FINANCIAL AID **FOR POST SECONDARY** **EDUCATION**

The College planning process and deciding how to pay for college (4-year, 2-year, Trades) can be overwhelming. We are here to help. Feel free to explore the FASFA form online (free financial assistance) as you navigate what comes next with your student, and please reach out to our college and career counselor, Josh Cowart, for assistance.

509-465-7208

Josh.Cowart@mead354.org

We are determined to make this year great and we welcome student and family communication. Please feel free to reach out to us.



CONTACT US

Feel free to give us a call if you have questions or concerns.
We are your partners in education.

Principal	Chelsea Gallagher	
9th Grade Asst. Principal	Jordan Poynor	9th Grade Counselor Melissa Allen
10th Grade Asst. Principal	Juli Kistler	10th Grade Counselor Drew Wendle
11th Grade Asst. Principal	Chris Snyder	11th Grade Counselor Jamie Goodman
12th Grade Asst. Principal	Adam Daniel	12th Grade Counselor Rob Renner
Athletic Director	Bobby Lee	College & Career Counselor Josh Cowart

MAIN OFFICE: 509-465-7200
COUNSELING OFFICE: 509-465-7208

NO CELLPHONES IN CLASS

- Our staff is working hard to make their lessons engaging and valuable to each student.
- We are also working hard to teach our students to develop boundaries with their cellphones, as they should not be used during class.
- If you need to reach your student during the day, feel free to call the front office at 509-465-7280.

