Discover School Breakfast!

WHY EAT BREAKFAST?

- It s a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you charged up for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

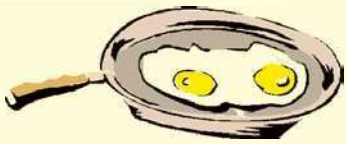
- I like breakfast because I don t have time to eat at home.
- It gives me a better attitude towards school.
- I eat breakfast because I m hungry!



WHAT S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	

This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: $2.00 REDUCED: .30¢
ADULTS/GUEST: $2.50

APRIL 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
		1 **SAUSAGE GRAVY AND BISCUIT** **CINNAMON TOAST CRUNCH W/CHEESE STICK** BLUSHING PEARS APPLE JUICE	2 **PANCAKE ON A STICK** **CINNAMON TOAST CRUNCH** **W/CHEESE STICK** CHERRY MIXED FRUIT ORANGE JUICE	3 **NO SCHOOL**
6 **CINNA MINIS** **FROSTED FLAKES** **W/CHEESE STICK** FRUIT COCKTAIL FRUIT PUNCH	7 **BREAKFAST BAGEL** **FROSTED FLAKES** DICED PEACH CUP APPLE JUICE	8 **FRENCH TOAST SWIRLS** W/ SAUSAGE PATTY **FROSTED FLAKES** APPLESAUCE ORANGE JUICE	9 **HAM & CHEESE** **ENGLISH MUFFIN** **FROSTED FLAKES** **W/CHEESE STICK** SLICED PEARS GRAPE JUICE	10 **WARM CHOCOLATE MUFFIN** **FROSTED FLAKES** MIXED FRUIT FRUIT PUNCH
13 **BREAKFAST BITES** **LUCKY CHARMS** STRAWBERRIES APPLE JUICE	14 **MINI MAPLE PANCAKES** **LUCKY CHARMS** DICED PEACH CUP ORANGE JUICE	15 **SAUSAGE GRAVY & BISCUIT** **LUCKY CHARMS** SLICED PEARS GRAPE JUICE	16 **PULL APART DONUTS** **LUCKY CHARMS** **W/CHEESE STICK** APPLESAUCE FRUIT PUNCH	17 **WARM CREAM CHEESE BAGEL** **LUCKY CHARMS** **W/CHEESE STICK** FRUIT COCKTAIL APPLE JUICE
20 **MINI WAFFLES** **COCOA PUFFS** PEACHES ORANGE JUICE	21 **RED BREAKFAST PIZZA** **COCOA PUFFS** MIXED FRUIT GRAPE JUICE	22 **SAUSAGE & CHEESE ENGLISH MUFFIN** **COCOA PUFFS** STRAWBERRIES FRUIT PUNCH	23 **CONFETTI PANCAKES** **COCOA PUFFS** **W/CHEESE STICK** CINNAMON APPLESAUCE APPLE JUICE	24 **DONUT BAR** **COCOA PUFFS** **W/CHEESE STICK** SLICED PEARS ORANGE JUICE
27 **CHERRY FRUDEL** W/ICING **CINNAMON TOAST CRUNCH** **W/CHEESE STICK** DICED PEACH CUP GRAPE JUICE	28 **PANCAKE BITS** **CINNAMON TOAST CRUNCH** FRUIT COCKTAIL FRUIT PUNCH	29 **SAUSAGE GRAVY AND BISCUIT** **CINNAMON TOAST CRUNCH** BLUSHING PEARS APPLE JUICE	30 **PANCAKE ON A STICK** **CINNAMON TOAST CRUNCH** **W/CHEESE STICK** CHERRY MIXED FRUIT ORANGE JUICE	MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

OFFERED DAILY
Choice of Milk, Juice, Fresh
And canned Fruits & Vegetables

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
BREAKFAST MON., TUES., and THURS. & FRI. 7:30 AM WED. 7:45 AM

ROTATING ENTREES
POPTARTS
WOW BUTTER & JELLY SANDWICH
CEREAL

LUNCH

PAID: $3.00 REDUCED: .40¢
ADULTS/GUEST: $4.60

APRIL 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
		1 **MINI CORN DOGS** BAKED BEANS FRENCH FRIES PEARS GRAPES	2 **CHICKEN NOODLES** DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES ORANGE SLICES CINNAMON APPLESAUCE	3 **NO SCHOOL**
6 **CHICKEN STRIPS** BAKED BEAN SEASONED CORN MASHED POTATOES APPLE SLICES KIWI	7 **WALKING OR SOFT TACO** REFRIED BEAN TOMATOES, LETTUCE BLUSHING PEARS RED DELICIOUS APPLE	8 **CHICKEN NIBBLERS** WEDGE POTATOES BAKED BEANS W/CHEESE SAUCE DRIZZLE STRAWBERRIES GRANNY SMITH APPLE	9 **HAMBURGER** W/ CHEESE SEASONED GREEN BEANS POTATOES GRAPES SLICED PEACHES	10 **PIZZA** W/MARINARA SAUCE ROMAINE SALAD BABY CARROTS BLUEBERRIES CLEMENTINE
13 **POPCORN CHICKEN** SEASONED CORN MASHED POTATOES SLICED PEARS FLAVORED APPLESAUCE	14 **SPAGHETTI** W/MEAT SAUCE & GARLIC BREAD BROCCOLI & CAULIFLOWER W/CHEESE SAUCE DRIZZLE ROMAINE SALAD PEACHES MIXED FRUIT	15 **CORN DOG** BAKED BEANS HASHBROWN GRANNY SMITH APPLE STRAWBERRIES WHITECAKE	16 **CHICKEN NOODLES** DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES ORANGE SLICES BANANA	17 **RIPPERS** W/MARINARA SAUCE SEASONED PEAS FRESH CARROTS GALA APPLE SLICED PEACHES
20 **TENDERLION SLOPPY JOE** POTATOE WEDGES SEASONED CORN RED DELICIOUS APPLE PEACH CRISP	21 **WALKING OR SOFT TACO** REFRIED BEAN TOMATOES, LETTUCE BLUSHING PEARS KIWI	22 **CHICKEN DRUMSTICK** BAKED BEAN CRINKLE FRIES CINNAMON APPLESAUCE CLEMENTINE DIRT PUDDING	23 **FISH SHAPES** POTATO SMILES BABY CARROTS STRAWBERRIES GRAPES MILK	24 **BIG DADDY PIZZA** ROMAINE SALAD BABY CARROTS PINEAPPLE ORANGE SLICES
27 **CHICKEN SANDWICH** CHIPS CELERY BABY CARROTS JUICE BOX BANANA	28 **MAC & CHEESE** SEASONED PEAS STEAMED BROCCOLI W/CHEESE SAUCE DRIZZLE CLEMENTINE GRANNY SMITH APPKE	29 **MINI CORN DOGS** BAKED BEANS FRENCH FRIES PEARS GRAPES	30 **CHICKEN NOODLES** DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES ORANGE SLICES FUJI APPLKE	

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables
ALACART COOKIE .75
JUICE POUCH .80

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MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

ALACART MILK .45
ROTATING ENTRÉE'S
Wow Butter Sandwich
Yogurt Pack
Cold Sandwich
Parfaits
Kong Lunchable
Wrap