

MEENUUGA QURACDA DUGSIGA SARE EE BISHA ABRIL

Abriil 2026

Isniin	Talaado	Arbaco	Khamiis	Jimce
		-1- NASASHADA/FASAXA GU'GA	-2- NASASHADA/FASAXA GU'GA	-3- GU'GA
-6- WG ROOTI FARANSIIS DHAADHEER AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA MUUNFO WAYN OO GALAY KA SAMAYSAN -IYO- CASIIR 100% MIRO AH KOOB CABITAAN MIRO AH CAANO DOOKHAAGA AH	-7- WAAFOL BULUUBEERI AH AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA BUSKUTKA SHUKULAATADA AH EE QURACDA AH AMA XIRMADA QURACDA DOOKHAAGA AH -IYO- KOOB CABITAAN AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH	-8- ROOTI MOOS KA SAMAYSAN OO CUNTO FUDUD AH UL JIIS AH AMA YOOQAD IYO MIRO leh WG BAAKADH GRANOLA AH AMA MALAWAX YARYAR AH WG AMA XIRMADA QURACDA DOOKHAAGA AH -IYO- JEEXYO TUFAX SAAFI AH JEEXYO TUFAX SAAFI AH CAANO DOOKHAAGA AH	-9- UKUN & JIIS IYO TACO BADAR KA SAMAYSAN KOOB CABITAANKA SALSA AH AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA CAD KOOKADA SHEERI OO WG UL JIIS AH -IYO- KOOB CABITAANKA BIIJKA AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH	-10- MUUNFADA WAYN OO LEH SHUKULAATO AMA XIRMADA YOGHATKA & MIRAH W/ WG BAAKADH GRANOLA AMA WG ROOTI FARANSIIS DHAADHEER AMA XIRMADA QURACDA DOOKHAAGA AH -IYO- KOOB CABITAANKA MIRAH PEAR-KA AH MOOS CAANO DOOKHAAGA AH
-13- MALAWAX YARYAR AH WG AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA ROOTIGA KU JIRA QORFO & UL JIIS AH -IYO- KOOB CABITAAN AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH	-14- UKUN & JIIS IYO TACO BADAR KA SAMAYSAN KOOB CABITAANKA SALSA AH AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA BUSKUD/KEEG YAR OO LEH JAJAB SHUKULAATO KANA SAMAYSAN BADAR -IYO- MIRAH LIINTA SAAFIGA AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH	-15- WG BURKA SUNRISE-KA U EG OO WAYN AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA WG ROOTIGA KU JIRA TUFAX & QORFO UL JIIS AH IYO KOOB CABITAAN MIRO AH MIRAH LIINTA SAAFIGA AH CAANO DOOKHAAGA AH	-16- DOOLASHADA KOOBKA EE SHIIDAN WG "CUSUB" AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA W CAD KOOKADA SHEERI UL JIIS AH -IYO- KOOB CABITAANKA MIRAH PEAR-KA AH JEEXYO TUFAX SAAFI AH CAANO DOOKHAAGA AH	-17- WG BUR YARYAR OO QORFE LAGA SAMEEYAY AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURACDA DOOKHAAGA AH AMA WG ROOTI FARANSIIS DHAADHEER -IYO- MOOS SAAFI AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH

QORAALKA-NAFAQADA: *=Doofaar +=Digaag. Dhammaan cuntooyinka waxaa ku jira 1/2 pint oo caano ah. Ardeydu waxay dooran karaan caanaha Iskiimka ah ama 1% Caano Cad ah xilliga Quraacda, iyo Caanaha Iskiimka ah, 1% Caano Cad ah ama Caanaha aan Shukulaatada Lahayn xilliga Qadada IYO Cashada. Dhammaan Dalabyadda iyo foomamka Baahiyaha Cuntooyinka Gaarka ah waxaa lagu heli karaa 7 luqadood oo kala duwan, waxaa laga heli karaa websaydka Waaxda Adeegyada Nafaqada ee MPS:

mpsmke.com/Dalabka_nafaqada_ayaa_isbeddeli_karaa.

"Machadkan waa bixiyaha fursad loo siman yahay."

MEENUGA QURAACDA BISHA ABRIL Siina Socda

<p style="text-align: center;">-20-</p> <p>WG SUUSEEJKA HILIBKA LO'DA AH LAGA SAMEEYAY SANDHAWIJKKA QURAACDA AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA WG MUUNFO BULUUBERI AH</p> <p style="text-align: center;">-IYO- JEEXYO TUFAX SAafi AH JEEXYO TUFAX SAafi AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-21-</p> <p>WG ROOTI FARANSIIS DHAADHEER AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA JEEX ROOTI MOOS OO BADAN KA SAMAYSAN & UL JIIS AH</p> <p style="text-align: center;">-IYO- CASIIR 100% MIRO AH KOOB CABITAAN MIRO AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-22-</p> <p>WG SAXAN CINNAMON AH AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA CAD KOOKADA SHEERI OO WG UL JIIS AH</p> <p style="text-align: center;">-IYO- BAAQULI MIRO SAafi AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-23-</p> <p>WG +SUUSEJ, UKUN & JIISKA CALZONE AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA MUUNFADA WAYN OO LEH SHUKULAATO</p> <p style="text-align: center;">-IYO- KOOB CABITAANKA MIRAH A PEAR-KA AH MOOS SAafi AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-24-</p> <p>WG BAANKEEGA POFFITZ CAANO GOROOR AMA YOGHAAT PARFAIT leh DUUDUUBKA BAANKA AMA BUSKUTKA SHUKULAATADA AH EE QURAACDA AH AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">-IYO- KOOB ISTARAWBEERI AH CASIIR 100% MIRO AH CAANO DOOKHAAGA AH</p>
<p style="text-align: center;">-27-</p> <p>WG TUFAXA BOORASHKA BUR WAREEGSAN OO QORFO LEH iyo UL JIIS AH AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA MUUNFO WAYN OO JEERI AH</p> <p style="text-align: center;">-IYO- CASIIR 100% MIRO AH MIRAH A LIINTA SAAFI GA AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-28-</p> <p>WG BUR QORFE KA SAMEYSAN AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA BUSKUTKA SHUKULAATADA AH EE QURAACDA AH AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">-IYO- CASIIR 100% MIRAH A BANJ AH BAAQULI MIRO SAafi AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-29-</p> <p>WG SUUSEEJKA HILIBKA LO'DA AH LAGA SAMEEYAY SANDHAWIJKKA QURAACDA AMA CAANO GAROOR AH IYO MIRO W/ GRANOLA BAAKADAYSAN AMA XIRMADA QURAACDA DOOKHAAGA AH</p> <p style="text-align: center;">AMA WG BUR YARYAR OO QORFE LAGA SAMEEYAY</p> <p style="text-align: center;">-IYO- JEEXYO TUFAX SAafi AH BAAQULI MIRO SAafi AH CAANO DOOKHAAGA AH</p>	<p style="text-align: center;">-30-</p> <p>MAALINTA HORUMARKA CAALAMIGA AH (Arday masoo xaadiraayo dugsiga)</p>	

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MPS: [mpsmke.com/Dalabka nafaqada ayaa isbeddeli karaa.](https://mpsmke.com/Dalabka_nafaqada_ayaa_isbeddeli_karaa)

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