

# HS COLD LUNCH MENU

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- SPRING BREAK	-2- SPRING BREAK	-3- SPRING BREAK
-6- CHOICE OF: WG LARGE PB&J SANDWICH RANCH DRESSING OR WG HAM RANCH WRAP OR WG TURKEY HAM AND CHEESE WRAP  -AND- BABY CARROTS CELERY RANCH DRESSING MIX FRUIT CUP FRESH WHOLE APPLE WG CHOCOLATE BELLY BEARS CHOICE OF MILK	-7- CHOICE OF: +TURKEY & CHEESE HOAGIE ON WG SUB BUN OR WG CHICKEN CAESAR WRAP OR CHEF SALAD WITH CHOICE OF DRESSING WG BREADSTICKS BUTTER  -AND- BUFFALO RANCH FAVA BEANS FRESH ORANGE APPLESAUCE CUP CHOICE OF MILK	-8- CHOICE OF: WG TURKEY CHIPOTLE WRAP OR + TURKEY HAM & CHEESE HOAGIE ON WG BUN OR GARDEN SALAD WITH WG BREADSTICKS BUTTER  -AND- CUCUMBER SLICES RANCH/FRENCH DRESSING PEACH CUP FRESH FRUIT BOWL CHOICE OF MILK	-9- CHOICE OF: WG LARGE PB&J SANDWICH OR YOGURT & CHEESE STICK WG BLUEBERRY MUFFIN OR WG FLAM'EN CHICKEN WRAP  -AND- FRESH BROCCOLI JICAMA STICKS with TAJIN SEASONING BANANA STRAWBERRY CUP WG BROOKIE BAR CHOICE OF MILK	-10- CHOICE OF: WG +TURKEY SALAMI PASTRAMI HOAGIE ON WG BUN OR CHEF SALAD WITH WG BREADSTICKS BUTTER OR WG LARGE PB&J SANDWICH  -AND- GARDEN SALAD WITH RANCH/ITALIAN DRESSING CUCUMBERS & GRAPE TOMATOES BUFFALO RANCH FAVA BEANS 100% FRUIT JUICE FRESH FRUIT BOWL CHOICE OF MILK
-13- CHOICE OF: WG TURKEY CHIPOTLE WRAP OR GARDEN SALAD WITH WG BREAD STICKS BUTTER OR +TURKEY HAM & CHEESE HOAGIE ON WG BUN  -AND- FRESH RED PEPPER STRIPS FRESH BROCCOLI RANCH DRESSING FRUIT COCKTAIL CUP FRESH FRUIT BOWL CHOICE OF MILK	-14- CHOICE OF: WG LARGE PB&J SANDWICH RANCH DRESSING OR WG HAM RANCH WRAP OR CHICKEN CAESAR SALAD WITH WG BREADSTICKS BUTTER  -AND- BABY CARROTS CELERY RANCH/FRENCH DRESSING MIX FRUIT CUP FRESH WHOLE APPLE WG CHOCOLATE BELLY BEARS CHOICE OF MILK	-15- CHOICE OF: +TURKEY & CHEESE HOAGIE ON WG SUB BUN OR WG CHICKEN CAESAR WRAP OR CHEF SALAD WITH WG BREADSTICKS BUTTER RANCH/ITALIAN DRESSING  -AND- BUFFALO RANCH FAVA BEANS FRESH ORANGE APPLESAUCE CUP CHOICE OF MILK	-16- CHOICE OF: WG TURKEY CHIPOTLE WRAP OR + TURKEY HAM & CHEESE HOAGIE ON WG BUN OR ROMAINE GARDEN SALAD WITH WG BREADSTICKS BUTTER  -AND- CUCUMBER SLICES RANCH/ITALIAN DRESSING PEACH CUP FRESH FRUIT BOWL CHOICE OF MILK	-17- CHOICE OF: WG LARGE PB&J SANDWICH OR YOGURT & CHEESE STICK WG BLUEBERRY MUFFIN OR WG FLAM'EN CHICKEN WRAP  -AND- FRESH BROCCOLI JICAMA STICKS with TAJIN SEASONING BANANA STRAWBERRY CUP WG BROOKIE BAR CHOICE OF MILK

NUTRI-NOTE: \*=Pork +=Turkey. All meals include 1/2 pint of milk. Students may choose Skim or 1% White Milk at Breakfast, and Skim, 1% White Milk or Fat Free Chocolate Milk at Lunch AND Dinner. All Menus and Special Dietary Needs forms are available in 7 different languages; they can be found on the MPS Department of Nutrition Services webpage at: [mpsmke.com/nutrition](http://mpsmke.com/nutrition) Menu subject to change.

**“This institution is an equal opportunity provider.”**

## APRIL HS COLD LUNCH MENU Continued

<p style="text-align: center;">-20- CHOICE OF: +TURKEY SALAMI PASTRAMI HOAGIE ON WG BUN OR CHEF SALAD WITH WG BREADSTICKS BUTTER OR WG LARGE PB&amp;J SANDWICH</p> <p style="text-align: center;">-AND- GARDEN SALAD WITH RANCH/FRENCH DRESSING CUCUMBERS &amp; GRAPE TOMATOES BUFFALO RANCH FAVA BEANS 100% FRUIT JUICE FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-21- CHOICE OF: WG TURKEY CHIPOTLE WRAP OR GARDEN SALAD WITH WG BREAD STICKS BUTTER OR +TURKEY HAM &amp; CHEESE HOAGIE ON WG BUN</p> <p style="text-align: center;">-AND- FRESH RED PEPPER STRIPS FRESH BROCCOLI RANCH/ITALIAN DRESSING FRUIT COCKTAIL CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-22- CHOICE OF: WG LARGE PB&amp;J SANDWICH RANCH DRESSING OR WG HAM RANCH WRAP OR CHICKEN CAESAR SALAD WITH WG BREADSTICKS BUTTER</p> <p style="text-align: center;">-AND- BABY CARROTS CELERY RANCH DRESSING MIX FRUIT CUP FRESH WHOLE APPLE WG CHOCOLATE BELLY BEARS CHOICE OF MILK</p>	<p style="text-align: center;">-23- CHOICE OF: +TURKEY &amp; CHEESE HOAGIE ON WG SUB BUN OR CHICKEN CAESAR WRAP OR CHEF SALAD WITH RANCH/ITALIAN DRESSING WG BREADSTICKS BUTTER</p> <p style="text-align: center;">-AND- BUFFALO RANCH FAVA BEANS FRESH ORANGE APPLESAUCE CUP CHOICE OF MILK</p>	<p style="text-align: center;">-24- CHOICE OF: TURKEY CHIPOTLE WRAP OR + TURKEY HAM &amp; CHEESE HOAGIE ON WG BUN OR GARDEN SALAD WITH WG BREADSTICKS BUTTER</p> <p style="text-align: center;">-AND- CUCUMBER SLICES RANCH/FRENCH DRESSING PEACH CUP FRESH FRUIT BOWL CHOICE OF MILK</p>
<p style="text-align: center;">-27- CHOICE OF: WG LARGE PB&amp;J SANDWICH OR YOGURT &amp; CHEESE STICK WG BLUEBERRY MUFFIN OR WG FLAM'EN CHICKEN WRAP</p> <p style="text-align: center;">-AND- FRESH BROCCOLI JICAMA STICKS with TAJIN SEASONING BANANA STRAWBERRY CUP WG BROOKIE BAR CHOICE OF MILK</p>	<p style="text-align: center;">-28- CHOICE OF: +TURKEY SALAMI PASTRAMI HOAGIE ON WG BUN OR CHEF SALAD WITH WG BREADSTICKS BUTTER OR WG LARGE PB&amp;J SANDWICH</p> <p style="text-align: center;">-AND- GARDEN SALAD WITH CUCUMBERS &amp; GRAPE TOMATOES BUFFALO RANCH FAVA BEANS 100% FRUIT JUICE FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-29- CHOICE OF: WG TURKEY CHIPOTLE WRAP OR GARDEN SALAD WITH WG BREAD STICKS BUTTER OR +TURKEY HAM &amp; CHEESE HOAGIE ON WG BUN</p> <p style="text-align: center;">-AND- FRESH RED PEPPER STRIPS FRESH BROCCOLI RANCH/FRENCH DRESSING FRUIT COCKTAIL CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-30- PROFESSIONAL DEVELOPMENT DAY  (No Student Attendance)</p>	

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