

HS BREAKFAST MENU

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- SPRING BREAK	-2- SPRING BREAK	-3- SPRING
-6- WG FRENCH TOAST STICKS OR YOGURT & FRUIT W/ GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG LARGE CORN MUFFIN -AND- 100% FRUIT JUICE FRUIT CUP CHOICE OF MILK	-7- WG BLUEBERRY WAFFLE OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR WG CHOCOLATE CHIP BREAKFAST BAR OR CHOICE OF BREAKFAST KIT -AND- APPLESAUCE CUP 100% JUICE CHOICE OF MILK	-8- WG BANANA SNACK LOAF CHEESE STICK OR YOGURT & FRUIT with WG GRANOLA PACKET OR WG MINI MAPLE PANCAKES OR CHOICE OF BREAKFAST KIT -AND- MIX FRUIT CUP FRESH APPLE SLICES CHOICE OF MILK	-9- EGG & CHEESE WG TACO SALSA CUP OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG COCOA CHERRY BAR CHEESE STICK -AND- PEACH CUP 100% JUICE CHOICE OF MILK	-10- WG LARGE CHOCOLATE CHIP MUFFIN OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR WG FRENCH TOAST STICKS OR CHOICE OF BREAKFAST KIT -AND- PEAR CUP BANANA CHOICE OF MILK
-13- WG MINI MAPLE PANCAKES OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG CINNAMON LOAF & CHEESE STICK -AND- APPLESAUCE CUP 100% FRUIT JUICE CHOICE OF MILK	-14- EGG & CHEESE WG TACO SALSA CUP OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG CHOCOLATE CHIP BAR -AND- FRESH PEAR 100% FRUIT JUICE CHOICE OF MILK	-15- WG LARGE SUNRISE MUFFIN OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG APPLE CINNAMON ROUND CHEESE STICK AND FRUIT CUP FRESH ORANGE CHOICE OF MILK	-16- WG CHERRY MUFFIN OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR W COCOA CHERRY BAR CHEESE STICK -AND- PEAR CUP FRESH APPLE SLICES CHOICE OF MILK	-17- WG CINNAMON ROLL OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT OR WG FRENCH TOAST STICKS -AND- FRESH BANANA 100% FRUIT JUICE CHOICE OF MILK

NUTRI-NOTE: *=Pork +=Turkey. All meals include 1/2 pint of milk. Students may choose Skim or 1% White Milk at Breakfast, and Skim, 1% White Milk or Fat Free Chocolate Milk at Lunch AND Dinner. All Menus and Special Dietary Needs forms are available in 7 different languages; they can be found on the MPS Department of Nutrition Services webpage at: mpsmke.com/nutrition Menu subject to change.

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APRIL HS BREAKFAST MENU Continued

<p style="text-align: center;">-20- WG BEEF SAUSAGE BREAKFAST SANDWICH OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR WG BLUEBERRY MUFFIN</p> <p style="text-align: center;">-AND- MIX FRUIT CUP FRESH APPLE SLICES CHOICE OF MILK</p>	<p style="text-align: center;">-21- WG FRENCH TOAST STICKS OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR WG BANANA BREAD LOAF & CHEESE STICK</p> <p style="text-align: center;">-AND- 100% FRUIT JUICE FRUIT CUP CHOICE OF MILK</p>	<p style="text-align: center;">-22- WG CINNAMON BUN OR YOGURT & FRUIT W/WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR WG COCOA CHERRY BAR CHEESE STICK</p> <p style="text-align: center;">-AND- FRESH FRUIT BOWL 100% FRUIT JUICE CHOICE OF MILK</p>	<p style="text-align: center;">-23- WG +SAUSAGE, EGG & CHEESE CALZONE OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR WG LARGE CHOCOLATE CHIP MUFFIN</p> <p style="text-align: center;">-AND- PEAR CUP FRESH BANANA CHOICE OF MILK</p>	<p style="text-align: center;">-24- WG PANCAKE POFFITZS YOGURT OR YOGURT PARFAIT with WG GRANOLA OR WG CHOCOLATE CHIP BREAKFAST BAR OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">-AND- STRAWBERRY CUP 100% FRUIT JUICE CHOICE OF MILK</p>
<p style="text-align: center;">-27- WG SOFT APPLE CINNAMON OATMEAL ROUND with CHEESE STICK OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR LARGE WG CHERRY MUFFIN</p> <p style="text-align: center;">-AND- 100% FRUIT JUICE FRESH ORANGE CHOICE OF MILK</p>	<p style="text-align: center;">-28- WG CINNAMON WAFFLE OR YOGURT & FRUIT W/ WG GRANOLA PACKET OR WG CHOCOLATE CHIP BREAKFAST BAR OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">-AND- 100% FRUIT PUNCH JUICE FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-29- WG BEEF SAUSAGE BREAKFAST SANDWICH YOGURT & FRUIT W/ WG GRANOLA PACKET OR CHOICE OF BREAKFAST KIT</p> <p style="text-align: center;">OR WG CINNAMON ROLL</p> <p style="text-align: center;">-AND- MIX FRUIT CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p style="text-align: center;">-30- PROFESSIONAL DEVELOPMENT DAY (No Student Attendance)</p>	

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