



April 2026

North Salem Middle & High School BREAKFAST MENU

Variety of Seasonal Fruit & Vegetables Offered Daily
100% Fruit Juice, 1% Fat Free, Skim, or Chocolate Milk

All Breakfasts Must Include

Choice Of:
Fruit, 100% Juice

And May Include:
1% Low Fat Milk, Skim Milk, Or Fat Free Chocolate Milk
Hormone Free, No High Fructose Corn Syrup

Available Daily
Whole Grain Assorted Muffins & Cereals, Whole Grain Bagels, Home Made Egg Sandwiches, Yogurt Parfaits, Whole Grain Cereal Bars, Whole Grain Donuts, Pillsbury & Eggo Grab & Go Hot Breakfast

Assorted Fresh Fruit & Fruit Cups

Student First Lunch Free
If student wishes to purchase an additional meal:

Breakfast: \$2.25
Lunch: \$3.75

Adult Breakfast: \$3.05 +tax
Adult Lunch: \$5.50 + tax

Food Service Director
Kaycee Czyzak
Foodservice@northsalem schools.org
914-669-5415 ext:2030

Powering potential.

MON	TUES	WED	THURS	FRI
<div style="display: flex; justify-content: space-between;"> 1 2 3 </div> <h2 style="text-align: center;">Spring Break</h2> 				
6	7	8	9	10
Whole Grain Waffle, Turkey Sausage Maple Syrup Fresh Pear Fruit Juice 8oz Milk	Turkey Sausage, Egg & Cheese on WG Kaiser Roll Fresh Apple Fruit Juice 8oz Milk	Whole Grain Bagel With Butter Or Cream Cheese Chilled Peach Slices Fruit Juice 8oz Milk	Scrambles Eggs Bacon (Pork), Warm Biscuit Fresh Apple Fruit Juice 8 oz Milk	Sausage (Turkey) Egg & Cheese On Whole Grain Bagel Fresh Strawberries Fruit Juice 8oz Milk
13	14	15	16	17
Bacon (Pork), Egg & Cheese On Whole Grain English Muffin Fresh Orange Fruit Juice 8oz Milk	Whole Grain Pancakes w/Maple Syrup Blueberries Fruit Juice 8oz Milk	Strawberry Yogurt Parfait Graham Crackers Apple Juice 8 oz milk	Whole Grain Waffle Turkey Sausage Maple Syrup Orange Juice 8 oz Milk	Whole Grain Bagel With Butter or Cream Cheese Fresh Banana Fruit Juice 8oz Milk
20	21	22	23	24
Whole Grain Pancakes w/Maple Syrup Blueberries Fruit Juice 8oz Milk	Whole Grain Bagel with Butter or Cream Cheese Fresh Banana Apple Juice 8 Oz Milk	Sausage (Turkey) Egg & Cheese On Whole Grain Bagel Fresh Strawberries Fruit Juice 8oz Milk	Strawberry Yogurt Parfait Graham Crackers Apple Juice 8 oz milk	Whole Grain Cinnamon Donut Fresh Apple Fruit Juice 8oz Milk
27	28	29	30	1
Bacon (Pork), Egg & Cheese On Whole Grain English Muffin Fresh Orange Fruit Juice 8oz Milk	Whole Grain Pancakes w/Maple Syrup Blueberries Fruit Juice 8oz Milk	Strawberry Yogurt Parfait Graham Crackers Apple Juice 8 oz milk	Whole Grain Waffle Turkey Sausage Maple Syrup Orange Juice 8 oz Milk	Whole Grain Bagel With Butter or Cream Cheese Fresh Banana Fruit Juice 8oz Milk

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-669-5414 ext 2030

Menus are subject to change.



****Need to add money to your Childs account**
*Log on to – MySchoolBucks.com
Or Pay w cash or a check made out to North Salem School Lunch Fund



This institution is an equal opportunity provider.

All Complete Meals Must Include a Choice of:
 Fresh Fruit/Vegetable or 100% Juice
And May Include:
 1% Low Fat Milk or Skim Milk

Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.

MTO Deli Bar -

Choice of Boars Head Ham, Turkey or Buffalo Chicken and Assorted Cheeses on Whole Grain Kaiser, Flat Bread, Tortilla Wrap or Sliced Bread

Daily Alternate Options

WG Pizza Options, WG Pizza Crunchers, Chicken Patty on WG Roll, Spicy Chicken Patty with Cheese on WG Roll, Chicken Nuggets with WG Bread Roll, Yogurt Parfait w Granola, Peanut Butter & Jelly on WG Bread



April 2026

North Salem Middle & High School
LUNCH MENU

Variety of Seasonal Fruit & Vegetables Offered Daily
 100% Fruit Juice, 1% Fat Free, Skim, or Chocolate Milk

MON	TUES	WED	THURS	FRI
<div style="display: flex; justify-content: space-between;"> 1 2 3 </div> <h2 style="text-align: center;">Spring Break</h2>				
6 BBQ Chicken Sandwich BBQ Chicken on WG Bun Siracha Coleslaw Buffalo Cauliflower Fresh Apple	7 Beef Tacos Seasoned Ground Beef, Soft Shell Tortilla, Salsa, Shredded Cheddar, Salsa, Sour Cream Sweet Corn Black Beans Fresh Pear	8 Gen Tso Chicken WG Popcorn Chicken, Vegetable Fried Rice Peas & Carrots Steamed Edamame Fresh Clementine	9 Brunch For Lunch Homemade French Toast Turkey Sausage, Apple Cinnamon Oatmeal, Maple Syrup, Hash Browns Fresh Strawberries	10 WG Pasta Chicken Meatballs with Marinara Sauce & WG Dinner Roll Romain Garden Salad Sauteed Carrot Coins Fresh Orange
13 Chicken Lo Mein WG Lo Mein Noodle & Grilled Chicken with WG Dinner Roll Roasted Edamame & Broccoli Apple Slices	14 Crispy Chicken Snack Wrap Chicken Tenders in WG Wrap, Cheddar Cheese, Shredded Lettuce, Diced Tomatoes & Onion Chipotle Mayo Fresh Clementine	15 “Ole” School Sloppy Joe Sloppy Joe Ground Beef On WG Bun Siracha Coleslaw Steamed Green Beans Roasted Garbanzos Fresh Banana	16 Brunch For Lunch Homemade Pancakes, Ham & Eggs, Maple Syrup, Hash Browns Steamed Carrots Cinnamon Pears	17 Beefy Mac & Cheese Ground Beef In Creamy Mac & Cheese WG Dinner Roll Roasted Broccoli Buffalo Cauliflower Fresh Orange
20 Meatball Parm Sandwich on WG Club Roll Marinara Sauce & Melted Mozzarella Steamed Green Beans Roasted Garbanzos Fresh Pear	21 Buffalo Bacon Cheddar - Waffalaco Maple Flatbread, Hickory Bacon, Mozzarella & Cheddar with Buffalo Ranch Topped with Diced Green Onion	22 Homemade Cheese Calzones With Marinara Sauce Sauteed Zucchini Buffalo Cauliflower Fresh Orange	23 Brunch For Lunch Homemade French Toast Turkey Sausage, Maple Syrup, Hash Browns Fresh Strawberries	24 Orange Chicken WG Boneless Chicken With Egg Fried Rice Roasted Green Beans Edamame Fresh Apple
27 Chicken Tenders on WG Kaiser Roll Jalapeno Jack Cheese with Russian Dressing Spicy Roasted Corn Sauteed Green Beans Fresh Orange	28 Beef Nachos Seasoned Ground Beef, Tostito Chips, Salsa, Shredded Cheddar, Salsa, Sour Cream Black Beans Roasted Garbanzo Beans Fresh Clementines	29 “KFC” Popcorn Chicken Bowl WG Popcorn Chicken, Mashed Potatoes, Sweet Corn, Brown Gravy Fresh Apple	30 Brunch For Lunch Homemade Pancakes, Cheesy Scrambled Eggs, Maple Syrup, Hash Browns Steamed Carrots Cinnamon Pears	1 Cheesy Baked Ziti With Marinara Sauce Warm Dinner Roll Sauteed Zucchini Buffalo Cauliflower Apple Slices

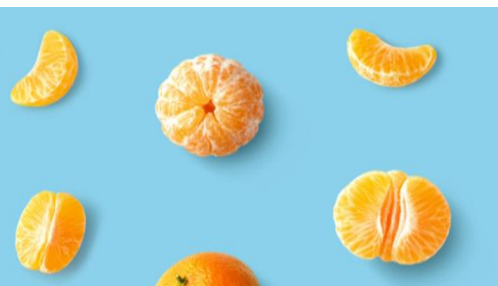
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All Lunches Include:

Entrée, Bread/Grain, Protein, Choice of Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

All daily fruits & vegetables are available to take with the above cold meals

Food Service Director

Kaycee Czyzak

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