Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

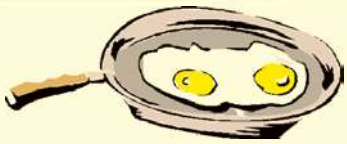
- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



WHAT'S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



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USDA
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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: $2.00 REDUCED: .30¢
ADULTS/GUEST: $2.50

AUGUST 2025
KING KONG CAFE

Manager Linda Turnipseed
Lisa Fear
Valerie Conley
Debra Early
Mo Lira
Makayla Biggs

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL
4 NO SCHOOL	5 MINI PANCAKES FROOT LOOP DICED PEACHES FRUIT PUNCH	6 BISCUITS & GRAVY FROOT LOOPS MIXED FRUIT ORANGE JUICE	7 FRUDEL W/ICING FROOT LOOPS FRESH APPLE GRAPE JUICE	8 WAFFLES FROOT LOOPS SLICED PEARS APPLE JUICE
11 GLAZED DONUTS COCOA KRISPIES ORANGE FRUIT PUNCH	12 FRENCH TOAST COCOA KRISPIES WARM APPLE SLICES ORANGE JUICE	13 HAM & CHEESE BISCUIT COCOA KRISPIES FRUIT COCKTAIL GRAPE PUNCH	14 BREAKFAST BITES COCOA KRISPIES PEACHES APPLE JUICE	15 PULL APARTS COCOA KRISPIES APPLESAUCE FRUIT PUNCH
18 CREAM CHEESE BAGEL LUCKY CHARMS PEACHES ORANGE JUICE	19 MUFFIN LUCKY CHARMS WARM APPLES GRAPE PUNCH	20 BISCUITS & GRAVY LUCKY CHARMS MIXED FRUIT APPLE JUICE	21 MINI PANCAKES LUCKY CHARMS BLUE BERRIES FRUIT PUNCH	22 FRUDEL W/ICING LUCKY CHARMS W/STRING CHEESE BANANA ORANGE JUICE
25 PANCAKE ON A STICK TRIX SLICED PEARS GRAPE JUICE	26 CINNAMON ROLL TRIX RED APPLE DELICIOUS FRUIT PUNCH	27 BREAKFAST SANDWICH TRIX DICED PEACHES ORANGE JUICE	28 WAFFLE TRIX GRAPES GRAPE JUICE	29 MINI PANCAKES TRIX W/STRING CHEESE BANANA APPLE JUICE

OFFERED DAILY WHEN AVAILABLE
POPTARTS, WOW BUTTER SANDWICH CEREAL.
Choice of Milk, Juice, canned & fresh fruit

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. Breakfast: (Wednesday) 7:45 A.M.

ALACART Milk .40

MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com

LUNCH

PAID: $3.00 REDUCED: .40¢
ADULTS/GUEST: $4.60

AUGUST 2025
KING KONG CAFE

Manager Linda Turnipseed
Lisa Fear
Valerie Conley
Debra Early
Mo Lira
Makayla Biggs



Monday	Tuesday	Wednesday	Thursday	Friday
				1 **NO SCHOOL**
4 **NO SCHOOL**	5 NACHOS W/MEAT CHIPS OR SHELL REFRIED BEANS TOMATOES & LETTUCE SLICED PEARS GALA APPLE	6 SLOPPY JOES WEDGE FRIES ROMAINE SALAD WARM APPLE SLICES DICED PEACHES BROWNIE	7 CHICKEN DRUMSTICK MASHED POTATOES BUTTERED CORN FLAVORED APPLESAUCE GRAPES	8 HOT DOG CHIPS COLE SLAW SEASONED CARROTS FRUIT COCKTAIL WATERMELON WEDGE
11 CHICKEN SANDWICH MIXED VEGETABLES SPIRAL FRENCH FRIES STRAWBERRIES BANANA	12 SPAGHETTI ROMAINE SALAD STEAMED BROCCOLI GOLDEN DELICIOUS APPLE CUTIES	13 CALZONE W/MARINARA SAUCE SEASONED GREEN BEANS CUCUMBER SPEARS MIXED FRUIT CRAZINS	14 HAMBURGER W/CHEESE BAKED BEANS SWEET POTATO FRIES APPLESAUCE DICED PEACHES	15 BIG DADDY PIZZA FRENCH FRIES BABY CARROTS RED DELICIOUS APPLE BANANA
18 CHICKEN STRIPS BAKED BEANS EMOJI POTATOES SLICED PEARS RAISILS	19 CHILI CORN BREAD BITS CELERY ROMAINE SALAD FRUIT COCKTAIL PEACH CRISP	20 BEEF BITES W/ GRAVY & BISCUIT MASHED POTATOES SEASONED CORN DICED PEACHES GRAPES ICE CREAM SANDWICH	21 ROTINI SEASONED GREEN BEANS CELERY MIXED FRUIT ORANGE	22 PIZZA RIPPERS W/PIZZA SAUCE BABY CARROTS APPLESAUCE CANTALOUPE
25 CORN DOG SEASONED PEAS SWEET POTATO FRIES CUTIES GRAPES	26 CHICKEN CHUNCKS POTATO WEDGES BABY CARROTS KIWI RAISINS	27 BOSCO SEASONED CORN BAKED BEANS PINEAPPLE GRANNY SMITH APPLE	28 CHICKEN NOODLES W/DINNER ROLL MASHED POTATOES SEASONED GREEN BEANS FRUIT COCKTAIL MANDARIN ORANGES	29 BIG DADDY PIZZA W/MARINARA HASHBROWNS ROMAINE SALAD DICED PEACHES SLICED PEARS

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

ALACART Milk .40

Rotating Entrée's
Wow Butter Sandwich
Cold Sandwich
Parfaits
Yogurt Pack