Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

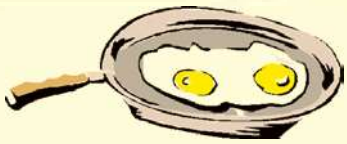
- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



WHAT'S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



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USDA
United States Department of Agriculture

FNS USE ONLY SOLO PARA FNS



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: $2.00 REDUCED: .30¢

ADULTS/GUEST: $2.50

DECEMBER 2025
KING KONG CAFE

Manager Linda Turnipseed

Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
1 **MINI MAPLE PANCAKES** COCOA PUFFS SLICED PEARS APPLE JUICE	2 **DONUT HOLES** COCOA PUFFS FRUIT COCKTAIL ORANGE JUICE	3 **BISCUITS & GRAVY** COCOA PUFFS APPLESAUCE FRUIT PUNCH	4 **APPLE FRUDEL W/ICING** COCOA PUFFS DICED PEACHES GRAPE JUICE	5 **FRENCH TOAST** COCOA PUFFS WARM APPLE SLICES FRUIT PUNCH
8 **MINI WAFFLES** LUCKY CHARMS MIXED FRUIT ORANGE JUICE	9 **CHOCOLATE DONUTS** LUCKY CHARMS SLICED PEARS FRUIT PUNCH	10 **HAM, EGG & CHEESE ENGLISH MUFFIN** LUCKY CHARMS PEACHES APPLE JUICE	11 **CONFETTI PANCAKES** LUCKY CHARMS BANANA FRUIT PUNCH	12 **S SAUSAGE PANCAKE BITES** LUCKY CHARMS WARM APPLE SLICES APPLE JUICE
15 **BREAKFAST PIZZA** FROSTED FLAKES ORANGE WEDGES FRUIT PUNCH	16 **CHERRY FRUDEL W/IC-ING** FROSTED FLAKES FRUIT COCKTAIL APPLE JUICE	17 **BISCUITS & GRAVY** FROSTED FLAKES APPLESAUCE FRUIT PUNCH	18 **PIZZA BAGEL** FROSTED FLAKES GOLDEN DELICIOUS APPLE FRUIT PUNCH	19 **CREATE YOUR OWN DONUT BAR** FROSTED FLAKES PEACH CUP GRAPE JUICE
22 **WINTER BREAK**	23 **WINTER BREAK**	24 **WINTER BREAK**	25 **MERRY CHRISTMAS**	26 **WINTER BREAK**
29 **WINTER BREAK**	30 **WINTER BREAK**	31 **WINTER BREAK**		



OFFERED DAILY WHEN AVAILABLE

ALACART MILK .40

POPTARTS, WOW BUTTER SANDWICH CEREAL.

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABI

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

PAID: $3.00 REDUCED: .40¢
ADULTS/GUEST: $4.60

DECEMBER 2025
KING KONG CAFE

Manager Linda Turnipseed
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
1 CHICKEN CHUNKS MASHED POTATOES SEASONED CARROTS CHERRY FRUIT COCKTAIL KIWI	**2** SPAGHETTI W/MEAT SAUCE GARLIC BREAD TOSSED ROMAINE SALAD CELERY DICED PEACH CUP CLEMENTINE	**3** RIPPERS SEASONED CORN BAKED BEANS FLAVORED APPLESAUCE ORANGE SLICES	**4** CHICKEN & NOODLES DINNER ROLL MASHED POTATOES SEASONED GREEN BEANS ORANGE WEDGES SLICED PEARS	**5** BIG DADDY PIZZA CHEESE, PEPPERONI SWEET POTATO FRIES FRESH BROCCOLI MIXED FRUIT GRAPES
8 LASAGNA ROLL UP CALIFORNIA BLEND W/LIGHT CHEESE DRIZZLE TOSSED ROMAINE SALAD PEACHES / BANANA BROWNIE	**9** WALKING OR SOFT TACO REFRIED BEAN TOMATO & LETTUCE & CHEESE SMURF APPLESAUCE GOLDEN DELICIOUS APPLE	**10** POPCORN CHICKEN W/BBQ SAUCE EMOJI POTATOES SEASONED PEAS BLUSHING PEARS RED DELICIOUS APPLE	**11** HOT HAM & CHEESE OR BREADED CHICKEN SANDWICH FRENCH FRIES SEASONED CORN GALA APPLE/ KIWI	**12** PIZZA W/MARINARA HASHBROWNS BABY CARROTS BANANA GRANNY SMITH APPLES
15 DRUMSTICK DINNER ROLL MASHED POTATOES BAKED BEANS PEARS RED DELICIOUS APPLE	**16** MAC & CHEESE SEASONED CARROTS CHERRY TOMATOES FRUIT COCKTAIL GALA APPLE	**17** ORANGE CHICKEN W/ RICE STEAMED BROCCOLI BABY CARROTS PEACH CRISP GRAPES	**18** HAM SLICES BISCUIT W/JELLY SEASONED CORN CHEESEY POTATOES WARM APPLE SLICES CHRISTMAS COOKIE HOLIDAY MEAL	**19** CHICKEN & NOODLES DINNER ROLL MASHED POTATOES SEASONED GREEN BEANS ORANGE WEDGES SLICED PEARS
22 WINTER BREAK	**23** WINTER BREAK	**24** WINTER BREAK	**25** MERRY CHRISTMAS	**26** WINTER BREAK
29 WINTER BREAK	**30** WINTER BREAK	**31** WINTER BREAK		



OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

ALACART Milk .40
Rotating Entrée's
Wow Butter Sandwich **Parfaits**
Cold Sandwich **Yogurt Pack**
Kong Lunchable