Discover School Breakfast!

WHY EAT BREAKFAST?

- It s a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you charged up for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

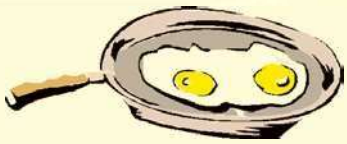
- I like breakfast because I don t have time to eat at home.
- It gives me a better attitude towards school.
- I eat breakfast because I m hungry!



WHAT S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	

This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: $2.00 REDUCED: .30¢
ADULTS/GUEST: $2.50

FEBRUARY 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
2 **CINNA MINIS** **FROSTED FLAKES** FRUIT COCKTAIL FRUIT PUNCH	3 **BREAKFAST BAGEL** **FROSTED FLAKES** DICED PEACH CUP APPLE JUICE	4 **FRENCH TOAST SWIRLS** W/ SAUSAGE PATTY **FROSTED FLAKES** APPLESAUCE ORANGE JUICE	5 **HAM & CHEESE** **ENGLISH MUFFIN** **FROSTED FLAKES** SLICED PEARS GRAPE JUICE	6 **WARM CHOCOLATE MUFFIN** **FROSTED FLAKES** MIXED FRUIT FRUIT PUNCH
9 **BREAKFAST BITES** **LUCKY CHARMS** STRAWBERRIES APPLE JUICE	10 **MINI MAPLE PANCAKES** **LUCKY CHARMS** DICED PEACH CUP ORANGE JUICE	11 **SAUSAGE GRAVY &** **BISCUIT** **LUCKY CHARMS** SLICED PEARS GRAPE JUICE	12 **PULL APART DONUTS** **LUCKY CHARMS** APPLESAUCE FRUIT PUNCH	13 **WARM CREAM CHEESE** **BAGEL** **LUCKY CHAMES** FRUIT COCKTAIL APPLE JUICE
16 **MINI WAFFLES** **COCOA PUFFS** PEACHES ORANGE JUICE	17 **RED BREAKFAST PIZZA** **COCOA PUFFS** MIXED FRUIT GRAPE JUICE	18 **SAUSAGE & CHEESE** **ENGLISH MUFFIN** **COCOA PUFFS** STRAWBERRIES FRUIT PUNCH	19 **CONFETTI PANCAKES** **COCOA PUFFS** CINNAMON APPLESAUCE APPLE JUICE	20 **DONUT BAR** **COCOA PUFFS** SLICED PEARS ORANGE JUICE
23 **CHERRY FRUDEL** W/ICING **CINNAMON TOAST** **CRUNCH** DICED PEACH CUP GRAPE JUICE	24 **PANCAKE BITS** **CINNAMON TOAST** **CRUNCH** FRUIT COCKTAIL FRUIT PUNCH	25 **SAUSAGE GRAVY AND** **BISCUIT** **CINNAMON TOAST** **CRUNCH** BLUSHING PEARS APPLE JUICE	26 **PANCAKE ON A STICK** **CINNAMON TOAST** **CRUNCH** CHERRY MIXED FRUIT ORANGE JUICE	27 **DONUT RINGS** **CINNAMON TOAST** **CRUNCH** BERRY APPLESAUCE GRAPE JUICE

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

OFFERED DAILY
Choice of Milk, Juice, Fresh
And canned Fruits & Vegetables

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
BREAKFAST MON., TUES., and THURS. & FRI. 7:30 AM WED. 7:45 AM

ALACART MILK .45
ROTATING ENTREES
POPTARTS **YOGURT & CHEESE**
WOW BUTTER & JELLY SANDWICH

LUNCH

PAID: $3.00 REDUCED: .40¢
ADULTS/GUEST: $4.60

FEBRUARY 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
2 **CHICKEN STRIPS** BAKED BEAN SEASONED CORN DICED PEACHES APPLESAUCE	**3** **WALKING OR SOFT TACO** REFRIED BEAN TOMATOES, LETTUCE BLUSHING PEARS CHERRY MIXED FRUIT	**4** **CHICKEN NIBBLERS** WEDGE POTATOES BROCCOLI W/CHEESE SAUCE DRIZZLE STRAWBERRIES GRANNY SMITH APPLE	**5** **HAMBURGER** W/ CHEESE SEASONED GREEN BEANS MIXED VEGGIES KIWI RED DELICIOUS APPLE	**6** **PIZZA** W/MARINARA SAUCE ROMAINE SALAD BABY CARROTS BLUEBERRIES CLEMENTINE
9 **ZEBRA CHICKEN BOWL** POPCORN CHICKEN, CORN MASHED POTATOES, GRAVY TOPPED WITH CHEESE SLICED PEARS FLAVORED APPLESAUCE	**10** **SPAGHETTI** W/MEAT SAUCE & GARLIC BREAD BROCCOLI & CAULIFLOWER W/CHEESE SAUCE DRIZZLE ROMAINE SALAD PEACHES FRUIT COCKTAIL	**11** **RIPPERS** W/MARINARA SAUCE SEASONED PEAS FRESH CARROTS GALA APPLE BLUEBERRIES	**12** **CHICKEN NOODLES** DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES ORANGE SLICES CHERRY MIXED FRUIT	**13** **HEART CORNDOGS** BAKED BEANS HASHBROWN GRANNY SMITH APPLE STRAWBERRIES WHITECAKE
16 **TENDERLION SLOPPY JOE** POTATOE WEDGES SEASONED CORN PEACH CRISP VANILLA ICE CREAM CUP	**17** **WALKING OR SOFT TACO** REFRIED BEAN TOMATOES, LETTUCE BLUSHING PEARS CHERRY MIXED FRUIT	**18** **CHICKEN SANDWICH** BAKED BEAN CRINKLE FRIES CINNAMON APPLESAUCE CLEMENTINE	**19** **HAMBURGER** W/ CHEESE SEASONED GREEN BEANS MIXED VEGGIES KIWI RED DELICIOUS APPLE	**20** **BIG DADDY PIZZA** ROMAINE SALAD BABY CARROTS STRAWBERRIES ORANGE SLICES
23 **CHICKEN DRUMSTICK** WEDGE CUT POTATOES SEASONED CORN DICED PEACHES APPLESAUCE	**24** **MAC & CHEESE** SEASONED PEAS STEAMED BROCCOLI W/CHEESE SAUCE DRIZZLE CLEMENTINE FRUIT COCKTAIL	**25** **MINI CORN DOGS** BAKED BEANS FRENCH FRIES PEARS GRAPES	**26** **CHICKEN NOODLES** DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES ORANGE SLICES CHERRY MIXED FRUIT	**27** **STUFFED CRUST PIZZA** ROMAINE SALAD GRAPE TOMATOES STRAWBERRIES PEACH CRISP





OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables
ALACART COOKIE .75
JUICE POUCH .80

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

ALACART MILK .45
ROTATING ENTRÉE'S
Wow Butter Sandwich
Yogurt Pack
Cold Sandwich
Parfaits
Kong Lunchable
Wrap