

Breakfast

April 2026 Mt Vernon City School Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
04/06 Coco Puff Cereal Bar Graham Crackers Orange 100% Fruit Juice	04/07 Blueberry Pop-Tart Giant Goldfish Graham Crackers Apple 100% Fruit Juice	04/08 Banana Bread Orange 100% Fruit Juice	04/09 Chocolate Chip French Toast Bites Banana 100% Fruit Juice	04/10 Blueberry Muffin Graham Crackers Granny Smith Apple 100% Fruit Juice
04/13 Cheerios w/Graham Crackers Apple 100% Fruit Juice	04/14 WG Cinnamon Rolls Orange 100% Fruit Juice	04/15 Strawberry Pop-Tart Cinnamon Goldfish Graham Crackers Banana 100% Fruit Juice	04/16 Maple Waffle Granny Smith Apple 100% Fruit Juice	04/17 Banana Muffin w/Graham Crackers Orange 100% Fruit Juice
04/20 Cinnamon Toast Crunch Cereal Bar w/ Grahams Crackers Orange 100% Fruit Juice	04/21 Banana Bread Apple 100% Fruit Juice	04/22 Chocolate Crescent Orange 100% Fruit Juice	04/23 Oatmeal Chocolate Chip Bar Banana 100% Fruit Juice	04/24 Blueberry Muffin Graham Crackers Fresh Pear 100% Fruit Juice
04/27 Cinnamon Toast Crunch Cereal w/Cheese Stick Apple 100% Fruit Juice	04/28 Apple Cinnamon Muffin w/ Giant Goldfish Grahams Orange 100% Fruit Juice	04/29 WG Cinnamon Bun Fresh Strawberries 100% Fruit Juice	04/30 Maple Waffle Banana 100% Fruit Juice	
		<i>Did you know ... Breakfast and Lunch are FREE for all students</i>	Milk is available with all meals All grains are whole grain rich	Although we make every effort to serve menus as planned, this menu may change without notice

Breakfast Components:

Students must take 3
Grain, Fruit and Milk

Choice of Milk Daily:

1% Milk, Fat Free, Fat Free
Chocolate

Juice is 100% Fruit Juice

This institution is an equal opportunity provider.