



Let's Talk Mental Health

A Community Learning Day

at the Harwich Community Center

Saturday, May 2, 2026 9:00AM-1:00PM



Mental Health and Wellness is important for everyone!

Let's get conversations going and support each other!



FREE to attend. Registration is required.

Registration Opens April 2, 2026

Features 12 presentations to choose from.

Childcare provided for ages 4-10



Contact Ashley with questions.

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