

MEDJOOOL



DATEES

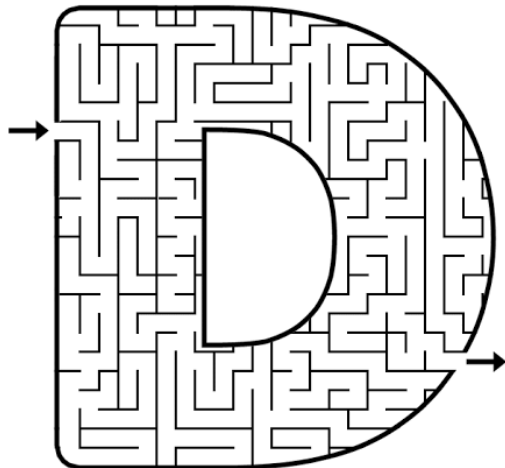
Dates offer a significant amount of fiber and variety of vitamins and minerals, including iron, potassium, B vitamins, copper, and magnesium

As tropical Stone Fruits, they have a single pit surrounded by edible flesh.

Medjool Dates have a rich, almost caramel-like taste and a soft, chewy texture whereas regular dates, commonly called Deglet Noor, are usually smaller and have a firm flesh and a sweet, delicate flavor.

Q	U	P	K	K	L	B	D	C	S	Z	U	Y	T	
C	L	J	T	N	E	Z	O	M	S	E	M	X	T	K
N	L	E	M	A	R	A	C	O	T	T	S	Q	T	J
S	O	R	Z	P	I	T	D	E	J	A	T	D	V	X
L	E	P	N	I	R	X	E	D	W	D	W	V	A	L
R	D	E	D	O	B	W	D	F	L	G	E	I	S	C
Z	E	F	Q	P	S	A	Y	D	F	T	B	M	X	S
F	I	N	V	I	W	L	S	Y	G	T	Q	R	V	G
X	X	G	P	A	K	N	X	F	U	S	M	D	M	R
V	S	W	G	A	N	Q	L	A	C	N	G	O	S	A
C	H	G	S	J	S	N	H	A	Q	M	Z	Q	S	
L	U	M	W	K	V	W	K	U	V	K	G	E	I	N
Q	A	S	N	E	B	E	Y	W	J	F	Y	S	J	W
F	I	K	C	V	A	C	E	Q	V	N	R	R	Z	D
O	C	W	L	I	A	O	E	V	V	L	S	X	V	J

Find your way through the maze:



Can you find these words?
Caramel | Dates
Medjool | Pit | Sweet