BREAKFAST

PAID: $1.80 REDUCED: 40¢

ADULTS/GUEST: $2.50

SEPTEMBER 2024

LITTLE ZEBBIE'S DINER BREAKFAST MENU

Manager Dena Lahman
Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday	Tuesday	Wednesday	Thursday	Friday
2 **LABOR DAY** **NO SCHOOL**	3 POWDERED DONUTS FROOT LOOPS DICED PEACH CUP GRAPE JUICE MILK	4 CONFETTI PANCAKES FROOT LOOPS APPLESAUCE ORANGE JUICE MILK	5 GOOD GRAVY PIZZA FROOT LOOPS DICED PEARS APPLE JUICE MILK	6 APPPLE FRUDEL FROOT LOOPS W/CHEESE STICK FRUIT SALAD GRAPE JUICE MILK
9 PULL APART DONUTS APPLE JACKS MIXED FRUIT ORANGE JUICE MILK	10 MINI WAFFLES APPLE JACKS DICED PEARS APPLE JUICE MILK	11 BLUEBERRY ELFIN LOAF APPLE JACKS DICED PEACH CUP GRAPE JUICE MILK	12 PANCAKE ON A STICK APPLE JACKS W/CHEESE STICK APPLE SLICES ORANGE JUICE MILK	13 EGG & CHEESE OMELET APPLE JACKS W/CHEESE STICK STRAWBERRIES APPLE JUICE MILK
16 CHOCOLATE CHIP BAR CINBNAMON TOAST CRUNCH GRAPES ORANGE JUICE MILK	17 MINI CHOCOLATE CHIP FRENCH TOAST CINNAMON TOAST CRUNCH DICED PEACH CUP GRAPE JUICE MILK	18 STRAWBERRY POPTART CINNAMON TOAST CRUNCH MIXED FRUIT APPLE JUICE MILK	19 BREAKFAST PIZZA CINNAMON TOAST CRUNCH W/CHEESE STICK WATERMELON ORANGE JUICE MILK	20 SAUSAGE & CHEESE BISCUIT CINNAMON TOAST CRUNCH W/CHEESE STICK CANTALOUPE CHUNKS GRAPE JUICE MILK
23 MINI CHOCLATE DONUTS COCOA PUFFS APPLE SLICES ORANGE JUICE MILK	24 MINI PANCAKES COCOA PUFFS APPLESAUCE GRAPE JUICE MILK	25 APPLE CINNAMON MUFFIN COCOA PUFFS MIXED FRUIT APPLE JUICE MILK	26 MINI CREAM CHEESE BAGELS COCOA PUFFS W/CHEESE STICK GRAPES ORANGE JUICE MILK	27 CEREAL BLAST WAFFLES COCOA PUFFS W/CHEESE STICK DICED PEACH CUP GRAPE JUICE MILK
30 POWDERED DONUTS TRIX ORANGE SMILES APPLE JUICE MILK				

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

ALACART Milk .40

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

LUNCH

PAID: $2.85 REDUCED: 40¢

ADULTS/GUEST: $4.60

SEPTEMBER 2024

LITTLE ZEBBIE'S DINER LUNCH MENU

Manager Dena Lahman
Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday	Tuesday	Wednesday	Thursday	Friday
2 **LABOR DAY NO SCHOOL**	3 HAMBURGER CHEESE SLICE BAKED BEANS FRENCH FRIES DICED PEACH CUP MILK	4 BOSCO STICKS W/PIZZA SAUCE SEASONED CORN ROMAINE SALAD FRUIT SLUSHY MILK	5 CHICKEN & NOODLES WG DINNER ROLL MASHED POTATOES GREEN BEANS FRUIT SALAD MILK	6 GOGURT W/ CHEESE STICK GOLD FISH CRACKERS TATOR TOTS BABY CARROTS GRAPES MILK
9 HOT DOG BAKED BEANS FRENCH FRIES DICED PEACHES MILK]	10 NACHOS W/MEAT SEASON BLACK BEANS BUTTERED CORN DICED PEARS MILK	11 FRENCH BREAD PIZZA W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS GOLDEN APPLE SLICES MILK	12 CHICKEN CASSEROLE BISCUIT MASHED POTATOES GREEN BEANS STRAWBERRIES MILK	13 POPCORN CHICKEN POTATO WEDGES CUCUMBER SLICES GRAPES ICE CREAM CUP MILK
16 CHICKEN PATTY SANDWICH BAKED BEANS FRENCH FRIES DICED PEACHES MILK	17 GOULASH GARLIC CHEESE FLATBREAD BUTTERED CORN CELERY STICKS MIXED FRUIT MILK	18 SAUSAGE PIZZA ROMAINE SALAD BABY CARROTS WATERMELON WEDGE MILK	19 HAMBURGER STEAK W/GRAVY CORNBREAD LOAF MASHED POTATOES FRESH CAULIFLOWER CANTALOUPE CHUNKS MILK	20 CHICKEN NUGGETS EMOJI POTATOES GRAPE TOMATOES RED APPLE SLICES W/YOGURT MILK
23 MINI CORN DOGS BAKED BEANS FRENCH FRIES SMURF APPLESAUCE MILK	24 HAM SLICE MACARONI & CHEESE BUTTERED PEAS SEASONED MIXED VEGGIES CITRUS MIXED FRUIT MILK	25 PIZZA DIPPERS W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS GRAPES MILK	26 CHICKEN STRIPS BISCUIT W/HONEY MASHED POTATOES SEASONED CARROTS STRAWBERRIES MILK	27 SUB SANDWICH SUNCHIPS CUCUMBER SLICES GRAPE TOMATOES ORANGE SMILES MILK
30 FRENCH TOAST SAUSAGE PATTY HASH BROWN STARS DRAGON JUICE APPLESAUCE MILK				

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit

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ALACART Milk .40

FINGER FOOD FRIDAY'S

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"







WHAT'S FOR BREAKFAST?

Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	





This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.