BREAKFAST

PAID: $1.80 REDUCED: 40¢

ADULTS/GUEST: $2.50

SEPTEMBER 2024
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Valerie Conley
Debra Early
Jill Thomas
Melinda Bogseth
Monserratte Pico Lira Stephanie Miller

Monday	Tuesday	Wednesday	Thursday	Friday
2 **LABOR DAY** **NO SCHOOL**	3 CONFETTI PANCAKES APPLE JACKS APPLESAUCE FRUIT PUNCH JUICE MILK	4 FRENCH TOAST STICKS APPLE JACKS DICED PEACHES ORANGE JUICE MILK	5 GOOD GRAVY PIZZA APPLE JACKS W/STRING CHEESE DICED PEARS APPLE JUICE MILK	6 CHERRY FRUDEL W/ICING APPLE JACKS W/STRING CHEESE RAISINS GRAPE JUICE MILK
9 PULL APART DONUTS TRIX BANANA FRUIT PUNCH JUICE MILK	10 MINI MAPLE WAFFLES TRIX ORANGE SLICES APPLE JUICE MILK	11 WARM BANANA MUFFIN TRIX SLICED PEARS GRAPE JUICE MILK	12 PANCAKE ON A STICK TRIX W/STRING CHEESE DICED PEACHES ORANGE JUICE MILK	13 BACON, EGG & CHEESE PIZZA TRIX W/STRING CHEESE CLEMENTINE FRUIT PUNCH JUICE MILK
16 BREAKFAST BAGEL CINNAMON TOAST CRUNCH CEREAL WARM APPLE SLICES GRAPE JUICE MILK	17 MINI CHOCOCLATE CHIP FRENCH TOAST CINNAMON TOAST CRUNCH CEREAL PINEAPPLE TIDBITS ORANGE JUICE MILK	18 WARM CHOCOLATE MUFFIN CINNAMON TOAST CRUNCH CEREAL MIXED FRUIT FRUIT PUNCH JUICE MILK	19 RED BREAKFAST PIZZA CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE GRAPES GRAPE JUICE MILK	20 SAUSAGE & CHEESE BISCUIT CINNAMON TOAST CRUNCH CEREAL W/STRING CHEESE DICED PEACHES ORANGE JUICE MILK
23 FRUIT LOOP WAFFLES COCOA PUFFS CINNAMON APPLESAUCE APPLE JUICE MILK	24 MINI PANCAKES COCOA PUFFS SLICED PEARS FRUIT PUNCH JUICE MILK	25 CINNAMON SWIRL ROLL COCOA PUFFS DICED PEACHES ORANGE JUICE MILK	26 WARM CREAM CHEESE BAGEL COCOA PUFFS W/STRING CHEESE MIXED FRUIT APPLE JUICE MILK	27 TRIX FRENCH TOAST COCOA PUFFS W/STRING CHEESE APRICOTS GRAPE JUICE MILK
30 GLAZED DONUT APPLE JACKS APRICOTS APPLE JUICE MILK				

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

PAID: $2.85 REDUCED: 40¢

ADULTS/GUEST: $4.60

SEPTEMBER 2024
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Valerie Conley
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Monday	Tuesday	Wednesday	Thursday	Friday
2 **LABOR DAY NO SCHOOL**	3 **CHICKEN TENDERS** BAKED BEANS CELERY SLICED PEARS CLEMENTINE	4 **BOSCO** SEASONED CORN ROMAINE SALAD APPLESAUCE GOLDEN DELICIOUS APPLE	5 **CHICKEN & NOODLES** WG DINNER ROLL SEASONED GREEN BEANS MASHED POTATOES MIXED FRUIT RAISINS	6 **CHEESE PIZZA** W/PIZZA SAUCE POTATO WEDGES BABY CARROTS DICED PEACHES BANANA
9 **CHICKEN BITES** EMOTION POTATOES GRAPE TOMATOES SLICED PEARS GALA APPLE	10 **HAMBURGER** W/CHEESE FRENCH FRIES SEASONED CARROTS APPLESAUCE ORANGE SLICES	11 **TENDERLION** POTATO WEDGES W/CHEESE CUCUMBER SLICES APRICOT FRUIT COCKTAIL POPSICLE	12 **TACO** W/MEAT & CHEESE REFRIED BEANS BUTTERED CORN DICED PEACHES RED DELICIOUS APPLE ICE CREAM CUP	13 **BIG DADDY PIZZA** W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS MIXED FRUIT GOLDEN APPLE SLICES
16 **CHICKEN PATTY SANDWICH** RED PEPPER RINGS FRENCH FRIES DICED PEACHES KIWI	17 **ROTINI PASTA** BUTTERED CORN CELERY STICKS MIXED FRUIT BANANA	18 **HOT DOG** BAKED BEANS CURLY FRIES APRICOT CUTIE	19 **CHICKEN STRIPS** MASHED POTATOES FRESH CAULIFLOWER WARM APPLE SLICES GRANNY SMITH APPLE	20 **SAUSAGE PIZZA** ROMAINE SALAD BABY CARROTS RED GRAPES WATERMELON WEDGE
23 **MINI CORN DOGS** BAKED BEANS FRENCH FRIES FLAVORED APPLESAUCE RED DELICIOUS APPLE	24 **MAC & CHEESE** SEASONED CARROTS FRESH CAULIFLOWER ORANGE SLICES HONEYDEW	25 **PEPPERONI RIPPERS** STEAMED BROCCOLI CUCUMBER SLICES DICED PEACHES GREEN GRAPES	26 **CHICKEN NUGGETS** MASHED POTATOES SEASONED GREEN BEANS PINEAPPLE GALA APPLE	27 **BIG DADDY PIZZA** W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS SLICED PEARS CANTALOUPE
30 **FRENCH TOAST STICKS** W/ SAUSAGE PATTY HASH BROWN STARZ SEASONED CARRTOS WARM APPLE SLICES BANANA				

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit
Available daily rotating cold entree options

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ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"







WHAT'S FOR BREAKFAST?

Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	





This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.