BREAKFAST

PAID: $1.80 REDUCED: 40¢

ADULTS/GUEST: $2.50

OCTOBER 2024

LITTLE ZEBBIE'S DINER BREAKFAST MENU

Manager Dena Lahman
Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CONFETTI PANCAKES TRIX ORANGE SMILES GRAPE JUICE MILK	2 STRAWBERRY POPTARTS TRIX DICED PEACHES ORANGE JUICE MILK	3 GOOD GRAVY PIZZA TRIX DICED PEARS APPLE JUICE MILK	4 FRUIT FRUDEL TRIX FRUIT SALAD GRAPE JUICE MILK
7 PULL APART DONUT APPLE JACKS GRAPES ORANGE JUICE MILK	8 MINI WAFFLES APPLE JACKS APPLESAUCE GRAPE JUICE MILK	9 BLUEBERRY ELFIN LOAF APPLE JACKS CITRUS MIXED FRUIT APPLE JUICE MILK	10 **FALL BREAK** **NO SCHOOL**	11 **FALL BREAK** **NO SCHOOL**
14 **INTERSESSION** **NO SCHOOL**	15 **INTERSESSION** **NO SCHOOL**	16 **INTERSESSION** **NO SCHOOL**	17 **INTERSESSION** **NO SCHOOL**	18 **FALL BREAK** **NO SCHOOL**
21 MINI CHOCOLATE DONUTS COCOA PUFFS APPLESAUCE ORANGE JUICE MILK	22 MINI PANCAKES COCOA PUFFS SLICED PEACHES APPLE JUICE MILK	23 MUFFIN COCOA PUFFS DICED PEARS GRAPE JUICE MILK	24 BREAKFAST PIZZA COCOA PUFFS W/CHEESE STICK APPLE SLICES ORANGE JUICE MILK	25 CEREAL BLAST WAFFLE COCOA PUFFS W/CHEESE STICK STRAWBERRIES APPLE JUICE MILK
28 BLUEBERRY BENFIT BAR CINNAMON TOAST CRUNCH BANANA GRAPE JUICE MILK	29 MINI CHOCOLATE CHIP FRENCH TOAST CINNAMON TOAST CRUNCH DICED PEACH CUP APPLE JUICE MILK	30 STRAWBERRY POP TART CINNAMON TOAST CRUNCH APPLESAUCE GRAPE JUICE MILK	31 PANCAKE ON A STICK CINNAMON TOAST CRUNCH GRAPES ORANGE JUICE MILK	

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

ALACART Milk .40

MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com

LUNCH

PAID: $2.85 REDUCED: 40¢

ADULTS/GUEST: $4.60

OCTOBER 2024

LITTLE ZEBBIE'S DINER LUNCH MENU

Manager Dena Lahman
Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday	Tuesday	Wednesday	Thursday	Friday
	1 HAMBURGER W/CHEESE BAKED BEANS FRENCH FRIES DICED PEACH CUP MILK	2 BOSCO STICKS W/PIZZA SAUCE SEASONED CORN ROMAINE SALAD DICED PEARS MILK	3 CHICKEN & NOODLES DINNER ROLL MASHED POTATOES GREEN BEANS FRUIT SALAD MILK	4 GOGURT W/CHEESE STICK GOLDFISH CRACKERS TATOR TOTS BABY CARROTS GRAPES MILK
7 MINI CORN DOGS BAKED BEANS FRENCH FRIES APPLESAUCE MILK	8 HAM SLICE MACARONI & CHEESE BUTTERED CORN ROMAINE SALAD CITRUS MIXED FRUIT MILK	9 SUB SANDWICH SUNCHIPS BABY CARROTS CUCUMBER SLICES FRUIT SLUSHY MILK	10 **FALL BREAK** **NO SCHOOL**	11 **FALL BREAK** **NO SCHOOL**
14 **INTERSESSION** **NO SCHOOL**	15 **INTERSESSION** **NO SCHOOL**	16 **INTERSESSION** **NO SCHOOL**	17 **INTERSESSION** **NO SCHOOL**	18 **FALL BREAK** **NO SCHOOL**
21 HOT DOG BAKED BEANS FRENCH FRIES SLICED PEACHES MILK	22 NACHOS W/MEAT SEASONED BLACK BEANS BUTTERED CORN DICED PEARS MILK	23 CHICKEN CASSEROLE BISCUIT MASHED POTATOES GREEN BEANS STRAWBERRIES MILK	24 FRENCH BREAD PIZZA W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS GOLDEN APPLE SLICES MILK	25 TURKEY & CHEESE SANDWICH CUCUMBER SLICES GRAPE TOMATOES BANANA MILK
28 CHICKEN PATTY SANDWICH BAKED BEANS FRENCH FRIES DICED PEACH CUP MILK	29 FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWN STARS DRAGON JUICE APPLESAUCE MILK	30 CHEESE PIZZA W/PIZZA SAUCE ROMAINE SALAD BABY CARROTS GRAPES MILK	31 WITCHES CHICKEN FINGERS SPOOKY EMOJI POTATOES VAMPIRE CELERY STICKS GOBLINS GOLD APPLE SLICES CREEPY ICE CREAM CUP MILK	

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"







WHAT'S FOR BREAKFAST?

Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	





This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.