BREAKFAST

PAID: $1.80 REDUCED: 40¢

ADULTS/GUEST: $2.50

NOVEMBER 2024
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Valerie Conley
Debra Early
Jill Thomas
Melinda Bogseth
Monserratte Pico Lira Stephanie Miller

Monday	Tuesday	Wednesday	Thursday	Friday
				1 APPLE FRUIT FRUDEL W/ICING, APPLE JACKS, DICED PEACHES, FRUIT PUNCH
4 CINNAMON ROLL, COCOA PUFFS, PEARS, GRAPE JUICE	**5** MINI MAPLE PANCAKES, COCOA PUFFS, ORANGE, APPLE JUICE	**6** WARM CREAM CHEESE BAGEL, COCOA PUFFS, MIXED FRUIT, ORANGE JUICE	**7** WARM CHOCOLATE MUFFIN, COCOA PUFFS, W/ STRING CHEESE, BANANA, FRUIT PUNCH	**8** PULL APART DONUTS, COCOA PUFFS, W/ STRING CHEESE, GRAPES, APPLE JUICE
11 BREAKFAST BAGEL, CINNAMON TOAST CRUNCH, CUTIES, APPLE JUICE	**12** MINI CHOC CHIP FRENCH TOAST, CINNAMON TOAST CRUNCH, DICED PEACHES, FRUIT PUNCH	**13** RED BREAKFAST PIZZA, CINNAMON TOAST CRUNCH, MIXED FRUIT, ORANGE JUICE	**14** CHERRY FRUIT FRUDEL W/ICING, CINNAMON TOAST CRUNCH, W/ STRING CHEESE, BANANA, GRAPE JUICE	**15** CINNA MINI, CINNAMON TOAST CRUNCH, W/ STRING CHEESE, GRAPES, APPLE JUICE
18 MINI CONFETTI PANCAKES, APPLE JACKS, APRICOTS, ORANGE JUICE	**19** GOOD GRAVY PIZZA, APPLE JACKS, RED DELICICOUS APPLE, GRAPE JUICE	**20** WARM BANANA MUFFIN, APPLE JACKS, SLICED PEARS, FRUIT PUNCH	**21** MINI WAFFLES, APPLE JACKS, W/ STRING CHEESE, FRUIT COCKTAIL, ORANGE JUICE	**22** PANCAKE ON A STICK, APPLE JACKS, W/ STRING CHEESE, ORANGES, APPLE JUICE
25 GLAZED DONUT, TRIX, APPLESAUCE, GRAPE JUICE	**26** BACON EGG & CHEESE PIZZA, TRIX, MIXED FRUIT, ORANGE JUICE	**27** NO SCHOOL	**28** THANKSGIVING NO SCHOOL	**29** NO SCHOOL

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

PAID: $2.85 REDUCED: 40¢

ADULTS/GUEST: $4.60

NOVEMBER 2024
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Valerie Conley
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Monday	Tuesday	Wednesday	Thursday	Friday
				1 GALAXY CHEESE PIZZA SEASONED PEAS BABY CARROTS SLICED PEARS BANANA
4 MINI CORN DOGS MIXED VEGETABLES EMOJI POTATOES MANDARIN ORANGES RED DELICIOUS APPLE	**5** WALKING TACOS SEASONED BLACK BEANS ROMAINE LETTUCE SHREDDED CHEESE FLAVORED APPLESAUCE KIWI	**6** HAM STEAK W/BREAD MASHED POTATOS STUFFING GREEN BEANS PIE GOLDEN DELICIOUS APPLES DICED PEACHES	**7** PEPPERONI RIPPERS STEAMED CARROTS CUCUMBER SLICES DICED PEACHES GRANNY SMITH APPLE	**8** BOSCOS ROMAINE SALAD MIXED PEPPERS MIXED FRUIT WARM APPLE SLICES
11 CHICKEN CHUNKS POTATOE WEDGES SEASONED PEAS DICED PEACHES GALA APPLE	**12** HAMBURGER W/CHEEESE ONION RINGS BAKED BEANS FRESH CAULIFLOWER FRUIT COCKTAIL APRICOTS	**13** MINI CALZONETTES W/PIZZA SAUCE SEASONED CORN ROMAINE SALAD CUTIES GRAPES	**14** MACARONI & CHEESE SEASONED GREEN BEANS FRESH CAULIFLOWER ORANGES RED DELICIOUS APPLE	**15** BIG DADDY PIZZA FRENCH FRIES BABY CARROTS YELLOW APPLE RED APPLE
18 CHICKEN STRIPS STEAMED BROCCOLI WAFFLE FRIES SLICED PEARS GRAPES	**19** CHICKEN & NOODLES DINNER ROLL MASHED POTATOES SEASONED CORN PINEAPPLE RAISINS	**20** CHICKEN DRUMSTICK SEASONED GREEN BEANS CHEESEY POTATOES ORANGES GOLDEN DELICIOUS APPLES	**21** SPAGHETTI W/MEAT SAUCE & BREADSTICK ROMAINE SALAD SEASONED CARROTS CUTIES GOLDEN DELICIOUS APPLES	**22** CHEESE PIZZA W/ SAUCE POTATO TRIANGLES CUCUMBER SLICES MIXED FRUIT RED DELICIOUS APPLE
25 CHICKEN PATTY SANDWICH SPIRAL FRIES SEASONED CARROTS DICED PEACHED APRICOTS	**26** WALKING TACOS SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE GOLDEN DELICIOUS APPLES RED DELICIOUS APPLE	**27** NO SCHOOL	**28** THANKSGIVING NO SCHOOL	**29** NO SCHOOL

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
Available daily rotating cold entree options

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"







WHAT'S FOR BREAKFAST?

Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	





This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.