Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

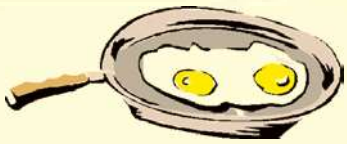
- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



WHAT'S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
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1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: $1.80 REDUCED: .30¢
ADULTS/GUEST: $2.50

APRIL 2025
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Stephanie Miller
Melinda Bogseth
Valerie Conley
Debra Early
Jill Thomas

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WARM MUFFIN SLICED PEARS APPLE JUICE	2 BISCUITS & GRAVY FRUIT COCKTAIL GRAPE JUICE	3 MINI PANCAKES WARM APPLE SLICES FRUIT PUNCH	4 CINN A MINI DICED PEACHES ORANGE JUICE
7 CHOCOLATE CHIP FRENCH TOAST STRAWBERRIES APPLE JUICE	8 PANCAKE ON A STICK KIWI GRAPE JUICE	9 PULL APART DONUTS FLAVORED APPLESAUCE FRUIT PUNCH	10 BREAKFAST PIZZA SLICED PEARS ORANGE JUICE	11 BANANA OATMEAL CHOCOLATE CHIP COOKIE MIXED FRUIT APPLE JUICE
14 BLUEBERRY WAFFLES DICED PEACHES GRAPE JUICE	15 GLAZED DONUT STRAWBERRIES FRUIT PUNCH	16 SAUSAGE & CHEESE BISCUIT KIWI ORANGE JUICE	17 ICED HOT CHOCOLATE W/CHOC DONUTS STRING CHEESE STRAWBERRIES APPLE JUICE	18 NO SCHOOL MAKE-UP DAY
21 CHICKEN & WAFFLES WARM APPLE SLICES FRUIT PUNCH	22 FRUDEL W/ICING SLICED PEARS ORANGE JUICE	23 HAM & CHEESE BISCUIT FRUIT COCKTAIL APPLE JUICE	24 BREAKFAST BAGEL DICED PEACH CUP GRAPE JUICE	25 CINNAMON TOAST CRUNCH SANDWICH STRAWBERRIES FRUIT PUNCH
28 TRIX FRENCH TOAST KIWI ORANGE JUICE	29 WARM MUFFIN SLICED PEARS APPLE JUICE	30 BISCUITS & GRAVY FRUIT COCKTAIL GRAPE JUICE		



OFFERED DAILY WHEN AVAILABLE
POPTARTS, WOW BUTTER SANDWICH
CEREAL.
Choice of Milk, Juice, canned & fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. Breakfast: (Wednesday) 7:45 A.M.

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

PAID: $2.85 REDUCED: 40¢
ADULTS/GUEST: $4.60

APRIL 2025
RIDDLE ELEMENTARY CAFE

Manager Linda Turnipseed
Stephanie Miller
Melinda Bogseth
Valerie Conley
Debra Early
Jill Thomas

Monday	Tuesday	Wednesday	Thursday	Friday
	1 **CHICKEN SANDWICH** SEASONED CARROTS BAKED BEANS DICED PEACHES KIWI	2 **NACHOS** SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE FLAVORED APPLESAUCE CLEMENTINE	3 **CHICKEN AND NOODLES** MASHED POTATOES SEASONED GREEN BEANS ORANGE SMILES SLICED PEACHES	4 **BIG DADDY PIZZA** HASHBROWNS FRESH BROCCOLI GRANNY SMITH APPLES FRESH PEARS
7 **CHICKEN CHUNKS** FRIES SEASONED PEAS STRAWBERRIES GALA APPLE	8 **MINI CORN DOGS** WEDGE FRIES FRESH CARROTS WARM APPLE SLICES DICED PEACHES	9 **ROTINI** W/MEAT SAUCE ROMAINE SALAD FRESH CAULIFLOWER FRUIT COCKTAIL RED DELICIOUS APPLES	10 **CHICKEN STRIPS** MASHED POTATOES SEASONED CARROTS SOUR RAISINS SLICED PEARS	11 **SOFT TACO** W/ TORILLA SHELL SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE DICED PEACHES CRAZINS
14 **BOSCO STICKS** W/MARINARA SAUCE FRENCH FRIES GRAPE TOMATOES APPLESAUCE BANANA	15 **CHEESEBURGER** TOTS ONION RINGS STRAWBERRIES RED GRAPES	16 **SLOPPY JOE** STEAMED CARROTS CUCUMBER SLICES GRAPES WATERMELON BROWNIE	17 **CHICKEN AND NOODLES** W/ROLL MASHED POTATOES SEASONED CORN BANANA FRUITCOCKTAIL	18 **NO SCHOOL MAKE UP DAY**
21 **TENDERLOIN** POTATO WEDGES SEASONED CARROTS GRANNY SMITH APPLE RAISIN WACKY CAKE	22 **CHICKEN FINGERS** FRENCH FRIES BAKED BEANS MANDARIN ORANGES RAISINS	23 **DEEP DISH PIZZA** BABY CARROTS STEAMED BROCCOLI GALA APPLES KIWI	24 **CHICKEN DRUMSTICK** MASHED POTATOES SEASONED GREEN BEANS ORANGE SMILES SLICED PEACHES	25 **HOT HAM & CHEESE** ROMAINE SALAD STEAMED BROCCOLI STRAWBERRIES RED GRAPES POPSICLE
28 **HAMBURGER** W/ CHEESE FRENCH FRIES SEASONED PEAS CLEMENTINE BANANA	29 **CHICKEN SANDWICH** SEASONED CARROTS BAKED BEANS DICED PEACHES KIWI	30 **NACHOS** SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE FLAVORED APPLESAUCE BLUSHING PEARS		



OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables

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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

ALACART Milk .40
Rotating Entrée's
Wow Butter Sandwich
Cold Sandwich
Parfaits
Yogurt Pack