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United States Department of Agriculture

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

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correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

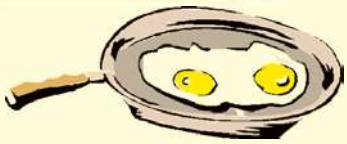
- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



WHAT'S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



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BREAKFAST

PAID: $1.90 REDUCED: .30¢
ADULTS/GUEST: $2.50

MAY 2025
ROCHESTER MIDDLE SCHOOL

Manager Joshua Weyant
PAMELA SHIPPY
KATHERINE LINDSEY
JEANNETTE PICO LIRA
MAKAYLA BIGGS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 MINI PANCAKES BANANA FRUIT PUNCH	2 CINN A MINI DICED PEACHES ORANGE JUICE
5 FRENCH TOAST SLICED PEARS APPLE JUICE	6 PANCAKE ON A STICK APPLESAUCE GRAPE JUICE	7 BISCUITS & GRAVY FRUIT COCKTAIL FRUIT PUNCH	8 FRUDEL W/ICING WARM APPLE SLICES ORANGE JUICE	9 NO SCHOOL MAKE UP DAY
12 WARM MUFFIN SLICED PEARS GRAPE JUICE	13 GLAZED DONUTS MIXED FRUIT FRUIT PUNCH	14 SAUSAGE EGG & CHEESE BISCUIT APPLESAUCE APPLE JUICE3	15 BREAKFAST PIZZA WARM APPLE SLICES GRAPE JUICE	16 WAFFLES FRUIT COCKTAIL ORANGE JUICE
19 CREAM CHEESE BAGEL DICED PEACHES FRUIT PUNCH	20 PULL APART DONUTS SLICED PEARS APPLE JUICE	21 BREAKFAST PIZZA MIXED FRUIT GRAPE JUICE	22 MINI PANCAKES BANANA ORANGE JUICE	23 CINN A MINI DICED PEACHES FRUIT PUNCH
26 NO SCHOOL MEMORIAL DAY	27 PANCAKE ON A STICK FRESH APPLE APPLE JUICE	28 BISCUITS & GRAVY FRUIT COCKTAIL GRAPE JUICE	29 FRUDEL W/ICING DICED PEACHES ORANGE JUICE	30 FREE SUMMER MEALS CHECK OUT OUR JUNE AND JULY MENUS POSTED TO OUR WEBSITE Starting June 2nd

OFFERED DAILY WHEN AVAILABLE
POPTARTS, BARS, UNCRUSTABLES
CEREAL, DONUTS, & MUFFINS
Choice of Milk, Juice, canned & fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. Breakfast: (Wednesday) 8:00 A.M..

ALACART Milk .40

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

PAID: $2.95 REDUCED: 40¢
ADULTS/GUEST: $4.60

MAY 2025
ROCHESTER MIDDLE SCHOOL

Manager Joshua Weyant
PAMELA SHIPPY
KATHERINE LINDSEY
JEANNETTE PICO LIRA
MAKAYLA BIGGS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CORN DOG CHICKEN AND NOODLES W/ROLL MASHED POTATOES SEASONED CORN BANANA MIXED FRUIT	2 FISH SANDWICH BIG DADDY PIZZA BABY CARROTS FRESH BROCCOLI GRANNY SMITH APPLES PEARS
5 6TH Ivy tech CHICKEN CHUNKS SOFT TACO SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE DICED PEACHES CRAZINS	6 MINI CORN DOGS HOT & SPICY SANDWICH WEDGE FRIES FRESH CARROTS WARM APPLE SLICES GRAPES	7 TURKEY & CHEESE SUB ROTINI W/MEAT SAUCE ROMAINE SALAD FRESH CAULIFLOWER FRUIT COCKTAIL RED DELICIOUS APPLES	8 HOT HAM & CHEESE CHICKEN STRIPS SEASONED CARROTS FRESH BROCCOLI SOUR RAISINS SLICED PEARS	9 NO SCHOOL MAKE UP DAY
12 MAC & CHEESE BOWL BOSCO STICKS W/MARINARA SAUCE FRENCH FRIES GRAPE TOMATOES APPLESAUCE BANANA	13 CHEESEBURGER CALZONE TOTS CELERY STICKS STRAWBERRIES RED GRAPES	14 SLOPPY JOE GARLIC PULL APARTS W/MARINARA SAUCE STEAMED CARROTS CUCUMBER SLICES GRAPES WATERMELON	15 COUNTRY FRIED STEAK CHICKEN DRUMSTICK W/ROLL MASHED POTATOES SEASONED GREEN BEANS ORANGES FRUIT COCKTAIL	16 THE MAX PIZZA HAM & TURKEY SUB CELERY STICKS STEAMED BROCCOLI GALA APPLES KIWI
19 TENDERLOIN HOT DOG SIDEWINDERS SEASONED CARROTS GRANNY SMITH APPLE RAISIN	20 CHICKEN FINGERS HAMBURGER W/CHEESE WEDGE POTATOES RED RADISH SOUR RAISILS MANDARIN ORANGES	21 5th cubs game TERIYAKI BEEF BITES ORANGE CHICKEN FRIED RICE SEASONED PEAS FRESH CAULIFLOWER KIWI GALA APPLE	22 CORN DOG CHICKEN AND NOODLES W/ROLL MASHED POTATOES SEASONED CORN BANANA MIXED FRUIT	23 6th Indiana beach BBQ PORK SANDWICH BEEF TACO MEAT W/ CHIPS OR SHELL SEASONED REFRIED BEANS ROMAINE LETTUCE SHREDDED CHEESE DICED PEACHES CRAZINS
26 NO SCHOOL MEMORIAL DAY	27 7th Kokomo beach CHEESEBURGER PORK RIBLET ONION RINGS SEASONED PEAS CLEMENTINE APPLESAUCE	28 CHICKEN SANDWICH BURRITO SEASONED CARROTS BAKED BEANS FRUIT COCKTAIL KIWI	29 SUB SANDWICH CHIPS BABY CARROTS CELERY APPLE DICED PEACH CUP	30 FREE SUMMER MEALS CHECK OUT OUR JUNE AND JULY MENUS POSTED TO OUR WEBSITE Starting June 2nd

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Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables
ALACART Milk .40

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MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Rotating Entrée's
Cold Sandwic
Yogurt Pack
Uncrustables
Parfaits
Nachos
Wraps
RMS Lunchable