USDA
United States Department of Agriculture

FNS USE ONLY SOLO PARA FNS



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de genero y orientacion de sexual), edad, discapacidad,venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles.

La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

Discover School Breakfast!

WHY EAT BREAKFAST?

- It's a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you "charged up" for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

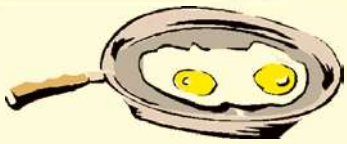
- "I like breakfast because I don't have time to eat at home."
- "It gives me a better attitude towards school."
- "I eat breakfast because I'm hungry!"



WHAT'S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



This institution is an equal opportunity provider.

BREAKFAST

APRIL 2025

ROCHESTER HIGH SCHOOL

Manager: AMANDA WEYANT

Leah Sutton
Autumn Hughes
Lisa Townsend
Carolina Lira
Missy Smith
Robin Gray
Kathryn Pionke

ADULTS/ GUEST $2.50 PAID: **$1.90 REDUCED: 30¢**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST PIZZA PEARS ORANGE JUICE	2 BISCUITS & GRAVY PEACHES APPLE JUICE	3 BREAKFAST TOASTER PASTRY APPLESAUCE STRAW/KIWI JUICE	4 BREAKFAST SANDWICH MIXED FRUIT GRAPE JUICE
7 BREAKFAST BURRITO MIXED FRUIT GRAPE JUICE	8 BREAKFAST PIZZA PEARS ORANGE JUICE	9 BISCUITS & GRAVY PEACHES APPLE JUICE	10 BREAKFAST TOASTER PASTRY APPLESAUCE STRAW/KIWI JUICE	11 BREAKFAST SANDWICH MIXED FRUIT GRAPE JUICE
14 BREAKFAST BURRITO MIXED FRUIT GRAPE JUICE	15 BREAKFAST PIZZA PEARS ORANGE JUICE	16 BISCUITS & GRAVY PEACHES APPLE JUICE	17 BREAKFAST TOASTER PASTRY APPLESAUCE STRAW/KIWI JUICE	18 BREAKFAST SANDWICH MIXED FRUIT GRAPE JUICE
21 BREAKFAST BURRITO MIXED FRUIT GRAPE JUICE	22 BREAKFAST PIZZA PEARS ORANGE JUICE	23 BISCUITS & GRAVY PEACHES APPLE JUICE	24 BREAKFAST TOASTER PASTRY APPLESAUCE STRAW/KIWI JUICE	25 BREAKFAST SANDWICH MIXED FRUIT GRAPE JUICE
28 BREAKFAST BURRITO MIXED FRUIT GRAPE JUICE	29 BREAKFAST PIZZA PEARS ORANGE JUICE	30 BISCUITS & GRAVY PEACHES APPLE JUICE		

OFFERED DAILY WHEN AVAILABLE
POPTARTS, BARS, UNCRUSTABLES
CEREAL, DONUTS, & MUFFINS
CHOICE OF MILK, JUICE, CANNED & FRESH FRUIT

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

ALACART Milk .40

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

LUNCH

PAID: $2.95 REDUCED: 40¢
ADULTS/GUEST: $4.60

APRIL 2025
ROCHESTER HIGH SCHOOL

Manager: AMANDA WEYANT
Leah Sutton
Autumn Hughes
Lisa Townsend
Carolina Lira
Missy Smith
Robin Gray
Kathryn Pionke

Monday	Tuesday	Wednesday	Thursday	Friday
	1 **STEAK OR CHICKEN FAJITA** RED PEPPERS & ONIONS TOMATOES, LETTUCE REFRIED BEANS MIXED FRUIT PEACH CUPS	2 **BBQ PORK** **CHICKEN TENDERS** W/BREADSTICK SEASONED PEAS CELERY APPLESAUCE MIXED FRUIT	3 **MOSTACCIOLI** **HOT HAM & CHEESE** CAESAR SALAD SEASONED CARROTS SLICED PEARS FUJI APPLES	4 **CHEESE PIZZA** W/MARINARA SAUCE **FISH SANDWICH** WEDGE FRIES ROMAINE SALAD GRANNY SMITH APPLES RAISINS
7 **SPAGHETTI** **BBQ CHICKEN GRINDER** SEASONED CORN ROMAINE TOSSED SALAD WARM APPLE SLICES GOLDEN DELICIOUS APPLE	8 **BEEF SOFT TACO** **CHICKEN SANDWICH** BLACK BEANS RED PEPPERS RINGS GALA APPLES SLICED PEACHES	9 **BBQ OR HOT HONEY** **CHICKEN WINGS** W/ BREADSTICKS FRENCH FRIES CELERY FLAVORED APPLESAUCE BANANA	10 **CORN DOG** **CHICKEN & NOODLES** W/ROLLS MASHED POTATOES SEASONED GREEN BEANS ORANGES RED DELICIOUS APPLE	11 **BIG DADDY PIZZA** W/MARINARA **FISH TACOS** CHERRY TOMATOES ROMAINE TOSSED SALAD SLICED PEARS FRUIT COCKTAIL
14 **ORANGE CHICKEN BOWL** **TERIYAKI BEEF BITES** W/ LO MEIN STEAMED BROCCOLI FRESH CARROTS MANDARIN ORANGES GALA APPLE	15 **STEAK OR CHICKEN FAJITA** RED PEPPERS & ONIONS TOMATOES, LETTUCE REFRIED BEANS MIXED FRUIT PEACH CUPS	16 **CONEY CHEESE DOG** **CHICKEN NUGGETS** W/BREADSTICK POTATOES CELERY APPLESAUCE MIXED FRUIT	17 **BEEF PEPPER STEAK** **SLOPPY JOE** FRIED RICE STEAMED BROCCOLI SLICED PEACHES FUJI APPLES	18 **NO SCHOOL** **MAKE-UP DAY**
21 **SLICED HAM** **COUNTRY FRIED STEAK** DINNER ROLLS MASHED POTATOES CORN SLICED PEARS STRAWBERRIES WHITE CAKE	22 **PHILLY STEAK** **SOFT TACO CK OR BEEF** RED PEPPERS & ONIONS TOMATOES, LETTUCE REFRIED BEANS CLEMENTINE PEACH CUPS	23 **SHRIMP POPPERS** **CHICKEN NUGGETS** W/CHEDDAR BISCUIT SEASONED PEAS CELERY APPLESAUCE KIWI	24 **CORN DOG** **CHICKEN & NOODLES** W/ROLL MASHED POTATOES SEASONED GREEN BEANS ORANGES FRUIT COCKTAIL	25 **BIG DADDY PIZZA** W/MARINARA **FISH TACOS** CHERRY TOMATOES ROMAINE TOSSED SALAD SLICED PEARS WARM APPLE SLICES
28 **GENERAL TSO CHICKEN BOWL** **TERIYAKI BEEF BITES** W/ LO MEIN STEAMED BROCCOLI FRESH CARROTS MANDARIN ORANGES GALA APPLE	29 **STEAK OR CHICKEN FAJITA** RED PEPPERS & ONIONS TOMATOES, LETTUCE REFRIED BEANS MIXED FRUIT PEACH CUPS	30 **GYRO** **GRILLED CHICKEN SANDWICH** SEASONED PEAS BABAY CARROTS APPLESAUCE MIXED FRUIT		



ALACARTE REIMBURSABLE ENTRÉE
MONDAY: MINI CORN DOGS
TUESDAY: CALZONE
WEDNESDAY: BOSCO'S/CHEESY BREAD
THURSDAY: CHICKEN
FRIDAY: CHEESEBURGER/CRUNCHERS

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER---
MENU SUBJECT TO CHANGE BASED ON AVAILABLE
ONLINE DEPOSITS DO NOT POST IMMEDIATELY TO ACCOUNTS

ROTATING REIMBURSABLE ENTREES
ENTRÉE SALADS
WRAPS
COLD SANDWICH
PARFAITS
HOMEMADE PB&J
FRUIT & MEAT CUP
YOGURT & STRING CHEESE
UNCRUSTABLES