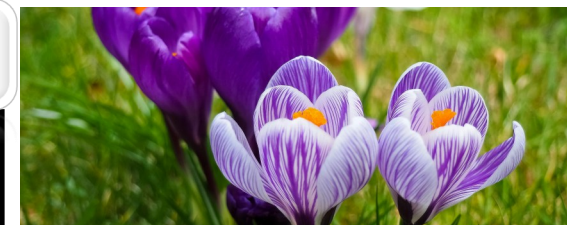


**Bluffton-Harrison Middle School**  
**This Institute is an equal opportunity provider**

Don't forget Bluffton-Harrison Middle School Serves  
 Breakfast Daily!  
 Start your tiger out with a Nutritional Advantage!  
 Served Daily 7:25am—7:45am

Breakfast \$2.25/day  
 Lunch \$2.75/day

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
 MySchoolBucks.com



# APRIL 2026

**Daily Tiger Choices:**  
**Hot Meal Service**

or

**PB&J Meal– Includes  
 Peanut Butter/Grape Jelly,  
 Honey, Chocolate or Strawberry.  
 (flavors vary on availability)**

**Uncrustable 32g  
 Cheese Stick– Varies  
 String Cheese (1g) or  
 Colby Jack (0g)  
 Reduced Fat Nacho Doritos  
 (20g)  
 1/2C Vegetable (1-30g)  
 1/2C Fruit (8-28g)  
 Milk  
 White (11g) or  
 Chocolate (24g)**

**Flavored Milk Varieties  
 11-24g**

**Condiments Offered Daily  
 0g-11g**

All Menus subject to change

1 Mon	Tue	Wed	Thu	Fri
		1	2	3
		Breaded Chicken patty 15g Hamburger Bun 28g Cheese Slice 1g Baked Beans 53g Mixed fruit 14g Milk 24g Total 131g	Pizza– Cheese or Pepperoni 33g Peas 11g Cookie 17g Juice Cup 18g Milk 24g Total Carbs 103g	<b>No School</b>
Teriyaki Dippers– 6ea 21g White Rice 2g White Dinner Roll 19g Margarine Cup 0g Corn 15g Peaches 16g Milk 24g Total 83g	6	7	8	9
	Marinated Grilled Chicken 16g White Bun 22g Corn 15g Peaches 14g Milk 24g Total 91g	Breaded Pork Patty 15g Hamburger Bun 28g Baked Bean 43g Mixed Fruit Cup 15g Milk 24g Total 93g	Turkey Manhattan 32g Green Beans 4g Cookie 17g Applesauce 14g Milk 24g Total 103g	Fiestada Pizza 43g Spanish Rice– 1/2C 23g Churro 28g Corn 15g Apricot Cup 32g Milk 24g Total 161g
Pancakes-3ea 39g Scrambled Eggs 3g Tater Tots 24g Syrup Cup 31g Pears 17g Milk 24g Total 136g	13	14	15	16
	BBQ Rib 13g White Hamburger Bun 28g Green Beans 3g Baked Lays 25g Mixed Fruit 18g Milk 24g Total 111g	Hamburger Patty 2g Hamburger Bun 28g Cheese Slice 1g Veggie Beans 45g Potato Wedges 16g- Mixed Fruit 15g Milk 24g Total 129g	Spaghetti w/ Meat Sauce 38g WG Bosco Stick 14g Lettuce Salad w/Ranch 17g Applesauce 14g Milk 24g Total 107g	Pizza– Cheese or Pepperoni 33g Peas 11g Cookie 17g Juice Cup 18g Milk 24g Total Carbs 103g
Sloppy Joe 8g Hamburger Bun 28g WG Cookie 27g Peas 11g Mixed Fruit 15g Milk 24g	20	21	22	23
	Popcorn Chicken 14g WG Pretzel 14g Broccoli 8g Pineapple 18g- Dip Cup 11g Milk 24g Total 87g	Hamburger 2g Cheese Slice 1g Hamburger Bun 28g Baked Beans 53g Tater Tots 16g Mixed Fruit 18g Milk 24g Total 140g	Grilled Cheese 23g Mini Ravioli 16g Broccoli 8g Cheese Sauce 4g Mixed Fruit 17g Milk 24g Total 92g	Chicken Quesadilla 43g Spanish Rice 44g Corn 16g Pears 17g- Milk 20g Total 140g
Popcorn Chicken 14g WG Pretzel 14g Broccoli 8g Mixed Fruit 18g- Dip Cup 11g Milk 20g Total 85g	27	28	29	30
	Corn Dog on a Stick 30g French Fries 29g Glazed Carrots 8g Applesauce 14g Milk 24g Total 103g	Hamburger Sandwich 37g Tater Tots 16g Carrots 6g Man Oranges 20g Milk 24g Total Carbs 101g	Chicken Noodles 21g Mashed Potatoes 14g White Dinner Roll 19g w/Butter Cup 0g Green Beans 4g Applesauce 14g Milk 24g Total 94g	