

SHRINERS INVITATIONAL TRACK AND FIELD MEET

The Oakland Athletic Complex at Perham Field, Dawson County High School

Friday, May 1st, 2026

Schedule of Events

RUNNING EVENTS

(All Running Events are Timed Finals)

A rolling schedule will be used based on the following order of events

11:00	100 Meter Hurdles	Girls	Final
	110 Meter Hurdles	Boys	Final
	100 Meter Dash	Girls	Final
	100 Meter Dash	Boys	Final
	1600 Meter Run	Girls	Final
	1600 Meter Run	Boys	Final
	4 X 100 Meter Relay	Girls	Final
	4 X 100 Meter Relay	Boys	Final
	400 Meter Dash	Girls	Final
	400 Meter Dash	Boys	Final
	300 Meter Hurdles	Girls	Final
	300 Meter Hurdles	Boys	Final
	800 Meter Run	Girls	Final
	800 Meter Run	Boys	Final
	200 Meter Dash	Girls	Final
	200 Meter Dash	Boys	Final
	3200 Meter Run	Girls	Final
	3200 Meter Run	Boys	Final
	4 X 400 Meter Relay	Girls	Final
	4 X 400 Meter Relay	Boys	Final

FIELD EVENTS

(All Field Events are Finals)

10:00	Long Jump	Boys
	Pole Vault	Girls
	Boys follow	
	Javelin	Girls
	Discus	Boys
	Long Jump	Girls
	Shot Put	Girls (reverse order)
12:00	High Jump	Girls
	Boys follow	
	Javelin	Boys
	Discus	Girls
1:00	Shot Put	Boys
1:30	Triple Jump	Girls
	Boys follow	

SHRINERS INVITATIONAL TRACK AND FIELD MEET

Minimum distances and starting heights

(These are subject to change based upon entries)

	BOYS	GIRLS
Shot Put	35' 0"	25' 0"
Discus	110'	80' 0"
Javelin	120' 0"	80' 0"
Long Jump	17' 6"	13' 0"
Triple Jump	36' 0"	29' 0"
High Jump	2" lower than 10th place seed	
Pole Vault	6" lower than 10th place seed	

DAWSON COUNTY HIGH SCHOOL

-Athletics-

TO: Area Track Coaches/AD's

FROM: Tom Temple, Head Track Coach, Wade Murphy, AD

RE: Shriners Track & Field Invitational Friday, May 1, 2026

ENTRIES:

Schools will be limited to five (5) boys and five (5) girls in all events except for the Javelin, in this event entries are limited to four (4) per boys and girls. In the relays, schools may enter more than one relay but only the designated number one team may score. MHSA rules will be followed regarding limiting the number of events that an individual may participate in. This is considered a one-day meet. Enter your athletes using www.athletc.net under the Glendive Shriners Meet starting on April 2, 2026, and no later than Wednesday, April 29th at 8:00 pm. Entries will be based on 2026 performances recorded on Athletic.net. Overrides for athletes with no times or distances for the season will not be allowed. No substitutions will be allowed on meet day. Please consider your entries carefully.

RUNNING EVENTS: Running events will take precedence over field events. Athletes who have conflicts are required to notify the judge of the field event. The public address announcer will notify the athletes when to report for each specific event. Girl's races will precede the boys. All races will be timed finals. All races will be heated according to entry data. The running order will be slowest times to fastest times.

FIELD EVENTS: All field events will be finals. All competitors will be flighted according to entry data. Three (3) jumps or throws will be allowed in the prelims. The top eight (8) competitors will be taken to the finals. Three (3) jumps or throws will be allowed in the finals. Minimum distances for marks will be used in all throws and horizontal jumps. Starting heights for high jump and pole vault will be one increment lower than the 10th place seed in the event.

SCHEDULE: The track meet will start at 10:00 AM on Friday. We will follow the schedule (to provide adequate rest for competitors) and will finish approximately at 4:30-5:00 PM.

ENTRY FEE: \$100 per school (\$5 per athlete for schools entering fewer than 20). Please have your school mail a check to the address listed on the athletic.net meet website. **SPIKES:** The meet will be run at the Oakland Athletic Complex at Perham Field. This is an all weather 8-lane track. Only spikes up to 1/8 pyramid spikes will be allowed on the track, runways and jumping surface. The javelin throwing area is a running surface and only 1/8" pyramids spikes are allowed. No spikes are to be worn in the school.

AWARDS AND SCORING: Individual medal awards will be given to the top three place winners. Team scores will be kept with all teams in one division. Six (6) places will score. Scoring will be 10-8-6-4-2-1.

RESTROOMS: Restrooms will be available at Perham Field. Locker rooms will also be available at the High School.

CONCESSIONS: Concessions will be provided throughout the day at OAC/Perham Field. **CAMPS:** Team camps will not be allowed on the football field or any part of the track complex. Please have your team stay in the bleachers unless competing.

OAKLAND ATHLETIC COMPLEX: We have been blessed by a generous gift by the Oakland family which allows many to compete in a beautiful facility. Please help us keep it that way by not allowing sunflower seeds, color sports drinks, sharp objects like tent stakes or chair legs on the field