



11th ANNUAL R&L FUSION HS TRACK MEET ORDER OF EVENTS

Fri, April 10 @ the Lambert Sports Complex
11:00 am field events; 11:30 am running events



General Rules:

1. We will use our FAT timing system, so this will be a state qualifying meet. We will have some volunteers but may need coaches to help at events, especially to be sure that the field events are run correctly. I will send out a worker sheet when it gets closer to the meet date.

We have bleachers, as well as a building which houses a meeting room (for scratch session/coaches' meeting) and a timing shed. We have upgraded to the full athletic.net system, so results will be live and available as soon as events have been scored. We have also hope to have upgraded our wi-fi, so participants, coaches, and fans should be able to access results on their phones.

We have a concession area and bathrooms. Concessions (to include some sort of a meal) will be available throughout the meet. If you'd like to feed your teams, please let me know ASAP, so we can plan ahead and have enough food. I will send out the menu later, and we will feed all our workers, so if you work at an event, you will receive a ticket at the coach's meeting.

2. **All Entries must be done on athletic.net The deadline for Friday's meet (4/10) is Wednesday (4/8) at 9:00 pm.** In order for the meet to run smoothly, entries must be completed by the deadline! There will be scratches allowed the day of the meet (up until the coaches' meeting at 10:30), and substitutions may be made, but athletes may not be added after the above deadlines!

Athletes are limited to 5 events per meet and 5 athletes/team/event. We are charging \$100/ team (\$100 includes both genders) to help off-set our costs, payable to Richey Schools. You may pay when you arrive at the meet, or send it to Richey School, Attn: Deb Gibson, PO Box 60, Richey, MT 59259.

3. Marshalling for running events will be at the start lines. All running events will be finals against times.

4. Spikes are allowed for the running events ($\frac{3}{8}$ or $\frac{1}{4}$ pyramid spikes only), as well as the jumping events and the javelin.

5. All long and triple jumping will be done on the north pit, unless events overlap. Then we may have to use our south pit, too. We did get new sand in our pits, so we are excited about that!

6. There will be 4 jumps and throws at all field events. We will measure all jumps, as well as the farthest throw for each athlete. All throws over a determined distance will be measured to be certain a possible qualifying throw is accurate.

Please remind your athletes their implements may be used only in designated areas. All field events must be completed during the allotted time, or the participant will be scratched.

7. Boys' high jump will start at 5'; girls' will be 4'. Pole vault starting height will be determined by the event manager at the beginning of each event.

8. Ribbons will be awarded to the top 6 placers in each event. 1st place team trophies will also be awarded upon the conclusion of the meet.

A reminder that we will have a coaches' meeting at 10:30 in the track shed.

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**Coaches' scratch meeting @ 10:30. Please have scratches completed (on tables in the west end of the building) and a coach present at the meeting—a reminder: no adds after the registration deadline Wed (4/8) @ 9:00 pm!

Running Events (all finals, with order being girls first and boys second):

11:30 3200m run
100m hurdles (girls)
110m hurdles (boys)
100m dash
400m dash
1600m run
400m relay
800m run
300m hurdles
200m dash
1600m relay

Field events (all finals--4 throws and jumps)

11:00 Boys javelin
Girls shot put
Girls long jump
Boys pole vault

12:30 Boys high jump
Boys discus
Girls javelin
Boys long jump
Girls pole vault

2:00 Boys triple jump
Girls discus
Girls high jump

3:30 Girls triple jump
Boys shot put