



DARIEN PUBLIC SCHOOLS

Presents



PARENT UNIVERSITY

#3

SESSION TOPIC: EXECUTIVE FUNCTIONING 101

This workshop is designed to help parents better understand executive functioning skills and their impact on student success at home and at school. We will explore what executive functioning is, how it develops, and why skills such as organization, time management, task initiation, planning, and self-regulation can be challenging for some children and adolescents. Parents will leave with practical strategies to support their child's growth, reduce stress around schoolwork and routines, and build greater independence over time.

**Register
HERE**



MMS Library



April 20, 2026

6:30 - 7:30 PM