

AGES 2-14



SPRING RUNNING SERIES

*Dedicated to empowering children physically, socially & emotionally
in a supportive, community-based environment.*

Choose from the following races:

50-Yard Dash: Pre-K Ages 2 & 3

100-Yard Dash: Pre-K Ages 4 & 5

1/4 Mile (400m): Grades K - 8th

\$35

*Sibling Discount

INCLUDES:

3 Races & Bibs
Cardio Kidz Tech T-Shirt
Finisher Medal
Weekly Progress Report
Goal Tracker Sheet

ALL ABILITIES WELCOME!

SUNDAYS

April 12, 19 & 26

3:00-4:00pm

Winston Campus TRACK
Palatine

*Rain Dates:
5/3 & 5/17

For more information & to register visit:



cardiokidz.org

Cardio Kidz NFP is a registered 501(c)(3) nonprofit organization

