

Monday

Tuesday

Wednesday

Thursday

Friday



13
DOUBLE DECKER HAMBURGER
OVEN BAKED FRENCH FRIES
CRUNCHY BONELESS CHICKEN WINGS
CORN BREAD MUFFIN
MIXED VEGETABLES
CAPRESE SALAD
FRESH SEASONAL FRUIT

14
CHICKEN NACHOS
FRESH HOME BAKED PINTO BEANS
PICO DE GALLO
MEXICAN CHOPPED SALAD
W/CILANTRO LIMEVINAIGRETTE
FRESH SEASONAL FRUIT
COTTAGE CHEESE & FRUIT PLATE

15
ASSORTED PIZZAS
MEAT & VEGETARIAN
SPINACH & ROMAINE SALAD
STRAWBERRY SPRING SALAD
W/GRILLED CHICKEN

16
BEEF QUESABIRRIA
PICO DE GALLO
JICAMA & CUCUMBER SLICES
CHICKEN SALAD
SANDWICH
FRESH SEASONAL FRUIT

17
FISH & CHIPS
HOMEMADE COLESLAW
HONEY WHEAT DINNER ROLL
ASSORTED FLATBREAD
ITALIAN LEAFY GREEN SALAD
CHICKEN CAESAR SALAD
FRESH SEASONAL FRUIT

20
NITRATE-FREE ALL BEEF HOT DOG
BAKED BEANS
MACARONI & CHEESE
BROCCOLI
COBB SALAD
SAVORY WHEAT CRACKERS
FRESH SEASONAL FRUIT

21
BBQ CHICKEN
ROASTED GREEN BEANS
FINGERLING POTATOES
HARVEST ROLL
CASHEW CRUNCH SALAD
TANGERINES

22
ASSORTED PIZZA OF THE DAY
MEAT & VEGETARIAN
SPINACH & ROMAINE SALAD
SPICY CHICKEN SANDWICH
CHICKEN STRAWBERRY SALAD
FRESH SEASONAL FRUIT

23
CRUNCHY TURKEY TACO
SALSA FRESCA/CUCUMBERS
SHREDDED LETTUCE
SOUTHWEST SALAD
W/GRILLED CHICKEN
CHIPOTLE DRESSING
FRESH SEASONAL FRUIT

24
FRENCH BREAD PIZZA
ITALIAN GREEN SALAD
CURRIED CHICKEN SALAD
BENTO BOX
(PITA BREAD/GRAPES COMBO)
YOGURT & BERRY PARFAIT
FRESH SEASONAL FRUIT

27
CHICKEN ALFREDO
STEAMED BROCCOLI
TURKEY SUBMARINE
(LETTUCE, TOMATO, ONION & PICKLE)
POWER BOWL
VEGGIES & QUINOA
FRESH SEASONAL FRUIT

28
SHRIMP RICE BOWL
CHICKEN FRITTERS w/
VEGGIE PASTA SALAD
YOGURT & BERRY PARFAIT
FRESH SEASONAL FRUIT

29
ASSORTED PIZZAS
GREEK SALAD W/GRILLED SHRIMP
PITA BREAD W/HUMMUS &
VEGGIE STICKS
FRESH SEASONAL FRUIT

30
PHILLY STEAK SANDWICH
(BELL PEPPERS, ONIONS & MUSHROOM)
CHICKEN TERIYAKI BOWL
(BROWN RICE, BROCCOLI, CARROTS,
SNOW PEAS)
SUMMER STEAK SALAD
FRESH SEASONAL FRUIT



ALL MEALS ARE SERVED WITH 1% MILK, NON-FAT MILK OR NON-FAT FLAVORED MILK
1% WHOLE GRAINS, FRESH FRUIT AND VEGGIES

GLUTEN FREE, DAIRY FREE AND VEGETARIAN MEALS ARE AVAILABLE UPON REQUEST