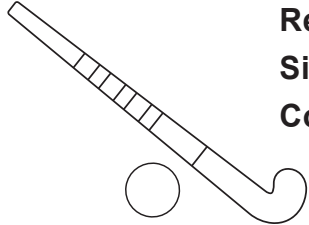


► Girls Field Hockey



Campers will learn the rules and basics of field hockey through drills, games, and scrimmages. Field hockey is a team sport in which players try to score goals by hitting, pushing, or flicking a ball into an opposing team's goal using sticks. The positions and physical demands are very similar to soccer. Campers will need mouth guards and shin guards but will be able to borrow a stick.



Register at: <https://registration.teamsnap.com/form/50230> or scan QR Code

Sign-Up Deadline: **June 29, 2026** (or until full)

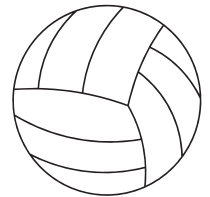
Coach: **Jessica Hale**

Fall 2026 Grade:	Date:	Time:	Location:	Cost:
1st - 8th	July 6 - 10	9:00 am - 10:30 am	PHS Stadium	\$60

► Volleyball



Volleyball camp is designed to introduce and improve the basic skills of volleyball: serving, passing, setting, hitting and blocking. Plus, instruction in team play through offensive and defensive drills and games will be incorporated. This camp is a great way to learn about volleyball in a fun environment!



Register at: <https://registration.teamsnap.com/form/50231> or scan QR Code

Sign-Up Deadline: **one week prior to camp** (or until full)

Coach: **Jenell Franken**

Fall 2026 Grade:	Date:	Time:	Location:	Cost:
9th Girls	June 8 - 11	3:00 pm - 4:30 pm	PHS Main Gym	\$60
9th Boys	June 8 - 11	4:30 pm - 6:00 pm	PHS Main Gym	\$60
4th - 8th	July 27 - 30	2:30 pm - 4:00 pm	PHS Main Gym	\$60
10th - 12th Girls	July 27 - 30	4:00 pm - 5:30 pm	PHS Main Gym	\$60
10th - 12th Boys	July 27 - 30	5:30 pm - 7:00 pm	PHS Main Gym	\$60