

Rebel Reflections

I had the greatest honor of traveling this past week with our AVID team and our Junior AVID students on our College Tour. Our students were able to connect with alumni along the way and hear how the transition from A.B. Miller to four year university was in reality. We were able to visit the following universities: CSU Channel Islands, UC Santa Barbara, Cal Poly San Luis Obispo, CSU Monterey Bay, UC Santa Cruz, Santa Clara University, San Jose State, San Francisco State, UC Berkeley, CSU Stanislaus, and UC Merced. Not only did we take campus tours, but our students had the opportunity to visit dorm rooms and eat in the cafeteria/food courts at several campuses. In addition, our students had the opportunity to visit the California Science Academy in San Francisco, they took in the view of the Golden Gate from the vista point and were able to visit the sea lions off of Pier 39. Most importantly, our students were able to represent our school in such an amazing manner on the bus, on the campuses, at the restaurants we visited, and in the hotels we stayed at. Kudos to the AVID team who planned and supervised the trip: Mrs. Orrison-Myrehn, Mr. Murillo, Mrs. Zappia, Mrs. Seymour, and Mrs. Martin-Marshall. Without their guidance and planning the trip would not be possible.

This past week we were also able to host Junior Achievements Rising Women's Conference for our students. Junior Achievement was able to bring in local business owners and company representatives to give our female students tips and tricks as to how to search out their future careers. The goal of the day was to have our girls to dream big. The culminating activity was having our students make their one-minute elevator pitch as to why they should be chosen. The overall experience was unique and a confidence builder for those who attended. Thank you to Ms. Stanhope who organized this opportunity for our students.

Our counselors are finishing up registration for the 2026-2027 school year. Students will receive an email with their selections at the start of the 4th quarter. During that process, our students were pre-scheduled for summer school. It is important however to continue to monitor student grades as they develop this semester in case your student does not earn a C or better in a class and will need to attend summer school after all. For planning purposes, summer school is scheduled for Tuesday, June 2, 2026 through Friday, June 26, 2026. Students will have Friday, June 19th as a day of non-attendance. School will take place from 8:30 AM to 3:05 PM. Please remember that in summer school tardies and absences do count towards a student being dropped from the program. Please make sure to take advantage of summer school if it is needed, and do not put off until later, as credit recovery opportunities are not guaranteed.

I am here to serve you and our students. Please let me know if there is anything I can do to help you navigate high school. You are welcome to reach out via phone at (909) 357-5800 extension 10117 or by e-mail at barbara.kelley@fusd.net.

#WeAreABMiller

Dr. Barbara Kelley, Principal

Counseling Corner

As the school year begins its last quarter, many high school students begin to feel the cumulative weight of assignments, assessments, and long-term projects. The routines that felt manageable at the start of the year can slip as academic demands increase and motivation fluctuates. Midyear is an ideal time for families to pause, reflect, and help students reset their organizational habits so they can finish the year with confidence and less stress.

Parents can begin by encouraging students to take an honest look at where they are academically. Reviewing current grades, upcoming tests, project deadlines, and any missing assignments helps students see the full picture and prioritize what matters most. Using one consistent system – such as a planner, digital calendar, or school learning platform – to track responsibilities can reduce confusion and missed deadlines. Consistency is more important than the tool itself, and students are more successful when they choose a system they will actually use.

Establishing or revisiting a regular homework routine can also make a significant difference at this point in the year. A quiet, organized study space and a predictable time for schoolwork help students focus and reduce last-minute stress. Parents can support this by checking in briefly each week to discuss upcoming responsibilities, helping students plan ahead without managing the work for them. These conversations build time-management and problem-solving skills that are essential for long-term success.

Mid-semester assignments often include larger projects and cumulative exams, which can feel overwhelming. Breaking these tasks into smaller, manageable steps with short-term goals helps students stay motivated and avoid procrastination. Technology can be a helpful support when used intentionally, such as setting reminders or checking assignments daily, while minimizing distractions during study time.

Most importantly, mid-semester is a time to emphasize growth rather than perfection. Mistakes and setbacks are opportunities to learn and adjust strategies. Encouraging reflection, resilience, and independence helps students develop the organizational skills they need not only for the rest of the school year, but for college, careers, and life beyond high school.

Upcoming Events

- March 11 – Boys Golf @ Rialto High School @ Arrowhead Country Club starting at 3:00 PM
- March 11 – Baseball vs. Norte Vista High School starting at 3:15 PM
- March 11 – Boys Tennis @ Vista Del Lago High School starting at 3:15 PM
- March 11 – Softball @ Rancho Cucamonga High School starting at 3:15 PM
- March 11 – Boys Volleyball @ La Sierra High School starting at 3:30 PM
- March 13 – Boys Tennis vs. Rubidoux High School starting at 3:15 PM
- March 13 – Varsity Baseball vs. Entrepreneur High School starting at 3:45 PM
- March 13 – Softball vs. Entrepreneur High School starting at 3:45 PM
- March 13 – Boys Volleyball vs. Palm Valley High School starting at 3:45 PM
- March 14 – Frosh. Baseball vs. Kaiser High School starting at 10:00 AM
- March 14 – Frosh. Softball vs. Kaiser High School starting at 10:00 AM

Athletic Director's Message

Fontana A.B. Miller High School is one of four member schools that comprise the Mountain Valley League.

A.B. Miller fields teams in 21 boys', girls' and co-educational sports at two to three different levels (Varsity, Junior Varsity, and Freshman).

To participate in a team, each student athlete is required to maintain at least a 2.0 grade point average. To help our student athletes make the academic grades necessary, A.B. Miller runs an academic accountability program for its student athletes. The staff member who developed and oversees the program is responsible for tracking grades, making parent contact, tutoring, and serving as a liaison between student athletes, teachers, and parents.

If you have any athletics questions, please reach out me at pfeimh@fusd.net or call me at (909) 357-5800 ext. 10114.

Michael Pfeiffer Jr.
Athletic Director

AB Miller Athletics will be using **GoFan** for ALL home games for ALL levels (Freshman, JV, and Varsity). Many of our opponents will also be using **GoFan** for away competitions. Please use the QR code below **GoFan** and purchase your tickets.



Drop Off and Pick Up

Students may enter or exit one of two ways in the morning and at the end of the school day.

From the Cypress Avenue Side of Campus, please enter the parking lot from the northern gate near the tennis courts. Proceed to drop your student off and exit the southern gate. This parking lot is for student parking as well and is locked 15 minutes after school begins in the morning and is unlocked 15 minutes before the end of the school day.

From the Oleander Avenue Side of Campus, please use the northbound drop-off. Please do not sit and park in the morning, rather drop off and proceed north towards Highland Avenue to ensure that traffic keeps flowing. Students then need to walk in or out of the campus through the gates between the library and the Q-building (two-story building). This entrance will be open until 8:40 AM.

Students arriving after the gates are closed, need to proceed to the Attendance Office in the Oleander Avenue Parking Lot. Students check themselves in using our electronic pass system in the Attendance Office and quickly proceed to class, to minimize classroom interruptions and your students learning loss.

	Monday	Tuesday	Wednesday	Thursday	Friday
English	Mrs. DeSart (S-5): 7:30-8 AM	Mrs. DeSart (S-5): 7:30-8 AM	Mrs. DeSart (S-5): 7:30-8 AM	Mrs. DeSart (S-5): 7:30-8 AM	
	Mrs. Harbour (H-20): 7:45-8 AM	Mrs. Harbour (H-20): 7:45-8 AM	Mrs. Harbour (H-20): 7:45-8 AM	Mrs. Harbour (H-20): 7:45-8 AM	
	Mr. Manuel (H-10): 3:30-4:30 PM	Mrs. Kennedy (H-6): 3:30-4:30 PM		Mrs. Kennedy (H-6): 3:30-4:30 PM	
		Mr. Manuel (H-10): 3:30-4:30 PM		Mrs. Whyte (BC-3): By Appointment	
		Mrs. Richier (H-16): 3:30-4:30 PM			
Math		Mrs. Whyte (BC-3): By Appointment			
	Dr. Abba (M-8): 3:30-4:30 PM	Dr. Abba (M-8): 3:30-4:30 PM	Mr. Biroschak (M-18): 7:30-8 AM	Dr. Abba (M-8): 3:30-4:30 PM	Dr. Abba (M-8): 3:30-4:30 PM
	Mr. Biroschak (M-18): 7:30-8 AM	Mr. Biroschak (M-18): 7:30-8 AM	Mrs. Bogdan-Olaru (M-10): 7:30-8 AM	Mr. Biroschak (M-18): 7:30-8 AM	Mr. Biroschak (M-18): 7:30-8 AM
	Mr. Biroschak (M-18): 3:30-4:30 PM	Mr. Biroschak (M-18): 3:30-4:30 PM	Mr. Martinez (M-6): 7:30-8 AM	Mr. Biroschak (M-18): 3:30-4:30 PM	Mrs. Bogdan-Olaru (M-10): 7:30-8 AM
	Mrs. Bogdan-Olaru (M-10): 7:30-8 AM	Mrs. Bogdan-Olaru (M-10): 7:30-8 AM	Mrs. Schlieff (M-11): 7:30-8 AM	Mrs. Bogdan-Olaru (M-10): 7:30-8 AM	Mrs. Bogdan-Olaru (M-10): 3:30-4 PM
Science	Mrs. Bogdan-Olaru (M-10): 3:30-4 PM	Mrs. Bogdan-Olaru (M-10): 3:30-4 PM		Mrs. Bogdan-Olaru (M-10): 3:30-4 PM	Mr. Kim (M-13): 3:30-4:30 PM
	Mrs. Chaudhary (M-7): 3:30-5 PM	Mr. Bravo (M-16): 3:30-4:40 PM		Mr. Bravo (M-16): 3:30-4:40 PM	Mr. Martinez (M-6): 7:30-8 AM
	Mr. Kim (M-13): 3:30-4:30 PM	Mrs. Flores (M-12): 3:30-4:30 PM		Mrs. Chaudhary (M-7): 3:30-5 PM	Mr. Martinez (M-6): 3:30-5 PM
	Mr. Martinez (M-6): 7:30-8 AM	Mr. Martinez (M-6): 7:30-8 AM		Mrs. Flores (M-12): 3:30-4:30 PM	Mrs. Schlieff (M-11): 7:30-8 AM
	Mrs. Schlieff (M-11): 7:30-8 AM	Mr. Martinez (M-6): 3:30-5 PM		Mr. Martinez (M-6): 7:30-8 AM	
History	Mrs. Schlieff (M-11): 3:30-4 PM	Mrs. Schlieff (M-11): 7:30-8 AM		Mrs. Schlieff (M-11): 7:30-8 AM	
	Mrs. VanBuskirk (M-9): 3:30-4 PM	Mrs. Schlieff (M-11): 3:30-4 PM		Mrs. Schlieff (M-11): 3:30-4 PM	
		Mrs. VanBuskirk (M-9): 3:30-4 PM		Mrs. VanBuskirk (M-9): 3:30-4 PM	
	Mrs. Dane (Q-110): 3:30-4:30 PM	Mr. Sandler (Q-209): 7:30-8 AM	Mr. Sandler (Q-209): 7:30-8 AM	Mr. Sandler (Q-209): 7:30-8 AM	Mr. Sandler (Q-209): 7:30-8 AM
	Mr. Sandler (Q-209): 7:30-8 AM	Mrs. Umandap (S-1): 3:35-4:35 PM		Mrs. Umandap (S-1): 3:35-4:35	Mrs. Umandap (S-1): 3:35-4:35 PM
Spanish	Mrs. Umandap (S-1): 3:35-4:35 PM	Mr. Vamvakas (S-8): 3:30-4:30 PM		Mr. Vamvakas (S-8): 3:30-4:30 PM	
	Mrs. Dane (Q-110): 3:30-4:30 PM				
	Mrs. Newell (F-7): 3:30-4:30 PM	Mrs. Newell (F-7): 3:30-4:30 PM		Mrs. Newell (F-7): 3:30-4:30 PM	
	Dr. Acevedo (FL-6): 3:30-4 PM	Dr. Acevedo (FL-6): 3:30-4 PM		Dr. Acevedo (FL-6): 3:30-4 PM	Dr. Acevedo (FL-6): 3:30-4 PM
	Mrs. Lopez-Gutierrez (FL-10): 3:30-4:30 PM			Mrs. Lopez-Gutierrez (FL-10): 3:30-4:30 PM	