WELL CHILD EXAMS

The Best Checkup for Your Child's Health

(More than just a sports physical!)

WHY WELL CHILD EXAMS MATTER

- Full head-to-toe physical exam
- Growth, development, and milestone checks
- Immunizations to keep your child protected
- Vision and hearing screenings
- Mental and emotional health check-in
- Nutrition, sleep, and healthy lifestyle guidance
- A chance for you and your child to ask health questions
- Injury prevention & strength checks
- Growth plate, muscle, and joint health
- Stay in the game, not on the sidelines
- Key for focus and reaction time
- Stress, anxiety, or burnout screening
- Performance readiness

Schedule your student's well child exam before the season starts

WHERE TO GO FOR AN EXAM

Contact your student's regular health care provider to schedule an appointment.

Don't have a regular pediatric provider?

There are 3 School Based Health Centers located in Bend and La Pine that can provide Well Child Exams.

Click here for more information.

Keep your athlete healthy on the field--and off!!