

SCMS & 5GA

This institution is an equal opportunity provider.



SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

WORLD'S GREATEST APRIL FOOL'S TRICKS!

Once, on April 1st, the Facebook page for National Public Radio linked to a story with the headline, "Why Doesn't America Read Anymore?" Thousands of people posted comments, taking all sorts of positions on the problem. But it was an April Fool's prank -- there was no such actual story at the link. Which kind of showed that Americans don't read anymore!

See the back page for more all-time great pranks!

Students:

Breakfast-No Charge
Lunch-No Charge

Daily Options:

PBJ Sandwich,
String Cheese, Grain,
Daily Fruit/Veggie Choices
Or
Protein Power Pack
w/Yogurt, String Cheese,
Grain, & Daily Fruit/Veggie Choices

Breakfast includes assorted fruit/juice
All meals include milk choice

Harvest of the Month Strawberries



Market conditions, delivery, and availability of food may require changes in menu.

SPRING BREAK

Break begins at the end of classes:

Friday, March 27

Classes resume:
Monday, April 6



Wednesday, April 1

Spring Break

Thursday, April 2

Spring Break

Friday, April 3

Spring Break

Monday, April 6

Lunch
Mini Corn Dogs
Baked Beans
Tator Tots
Fruit

Tuesday, April 7

Lunch
Street Tacos
w/Salsa, Cheese
Cilantro Lime Rice
Corn
Refried Beans
Fruit

Wednesday, April 8

Lunch
Chicken Strip Basket
w/Gravy & Biscuit
Mashed Potatoes
Broccoli
Fruit

Thursday, April 9

Lunch
Brunch
for
Lunch

Friday, April 10

Lunch
Pizza Variety or
Chicken Sandwich
Garden Salad
French Fries
Veggie Dippers
Frozen Fruit Treat

