



Always Innovating

South Texas ISD

RIO GRANDE VALLEY | GRADES 6-12

BREAKFAST

APRIL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 2			1 Pancake on a Stick Snack' n Waffle-Blueberry Fresh Fruit Juice Milk Choice	2 Mini Pancakes w/Sausage patty Muffins Fresh Fruit Juice Milk Choice	3 French Toast Sticks Cereal Fresh Fruit Juice Milk Choice	BREAKFAST MEAL PRICES: STUDENTS FREE!!!! A LA CARTE ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk Additional Items Offered Uncrustables Menu subject to change without notice STISD Child Nutrition Dept. (956)514-4230
W E E K 1	6 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	7 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	8 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	9 Tamales Muffins Fresh Fruit Juice Milk Choice	10 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
W E E K 2	13 Uncrustable PB&J Cereal Fresh Fruit Juice Milk Choice	14 Kolache-Sausage & Cheese Banana Bread Slice Fresh fruit Juice Milk Choice	15 Pancake on a Stick Snack' n Waffle-Blueberry Fresh Fruit Juice Milk Choice	16 Mini Pancakes w/Sausage patty Muffins Fresh Fruit Juice Milk Choice	17 French Toast Sticks Cereal Fresh Fruit Juice Milk Choice	
W E E K 1	20 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	21 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	22 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	23 Tamales Muffins Fresh Fruit Juice Milk Choice	24 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
W E E K 2	27 Uncrustable PB&J Cereal Fresh Fruit Juice Milk Choice	28 Kolache-Sausage & Cheese Banana Bread Slice Fresh fruit Juice Milk Choice	29 Pancake on a Stick Snack' n Waffle-Blueberry Fresh Fruit Juice Milk Choice	30 Mini Pancakes w/Sausage patty Muffins Fresh Fruit Juice Milk Choice		

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.



LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3			1 Crunchy Tacos Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	2 Cheeseburger Broccoli Cheddar Soup W/Crackers Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	3 Frito Pie To Go Green Beans Baby Carrots Fresh Fruit Milk Choice	BREAKFAST MEAL PRICES: STUDENTS FREE!!!! A LA CARTE ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
WEEK 1	6 Popcorn Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	7 Chicken Wings Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	8 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears Milk Choice	9 Chicken Alfredo Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice	10 Dorito Bowl Corn Baby Carrots Fresh Fruit Milk Choice	
WEEK 2	13 Tostito Bowl Corn Cooked Carrots Fresh fruit Peach Slices Milk Choice	14 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	15 Street Tacos Pinto Beans Baby Carrots Rice Banana Mandarins Milk Choice	16 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Apple Sauce Milk Choice	7 Chicken Strip Basket Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 3	20 Rotini Pasta W/ Sauce Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices Milk Choice	21 Nachos corn Cucumbers Fresh Fruit Applesauce Milk Choice	22 Crunchy Tacos Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	23 Cheeseburger Broccoli Cheddar Soup W/Crackers Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	24 Frito Pie To Go Green Beans Baby Carrots Fresh Fruit Milk Choice	
WEEK 1	27 Popcorn Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	28 Chicken Wings Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	29 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears Milk Choice	30 Chicken Alfredo Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice		

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PIZZA & MORE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3			1 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	2 Spicy Chicken Sandwich Pizza Chef Salad Corn Cucumber Slices Fresh Fruit Applesauce Milk Choice	3 Pizza Sub Sandwich Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	BREAKFAST MEAL PRICES: STUDENTS FREE!!!! A LA CARTE ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
WEEK 1	6 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	7 Cheeseburger Pizza Chef Salad Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	8 Pizza Burrito Ham & Cheese Wrap Pinto Beans Romaine Salad Fresh Fruit Diced Pears Milk Choice	9 Spicy Chicken Sandwich Pizza Chef Salad Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice	10 Pizza Buffalo Boneless Wings /Waffle Fries Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 2	13 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	14 Cheeseburger Pizza Chef Salad Baby Carrots Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	15 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	16 Spicy Chicken Sandwich Pizzq Chef Salad Green Beans Romaine Salad Fresh Fruit Applesauce Milk Choice	17 Pizza W/Buffalo Chicken Wings Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 3	20 Mini Corn Dogs Pizza Creamy Mashed Potatoes Cooked Carrots Fresh Fruit Peach Slices Milk Choice	21 Pizza Pizza Cheese Crunchers Chef Salad corn Cucumbers Fresh Fruit Fruit Cocktail Milk Choice	22 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	23 Spicy Chicken Sandwich Pizza Chef Salad Tator Tots Romaine Salad Fresh Fruit Applesauce Milk Choice	24 Pizza Sub Sandwich Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
WEEK 1	27 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	28 Cheeseburger Pizza Chef Salad Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	29 Pizza Burrito Ham & Cheese Wrap Pinto Beans Romaine Salad Fresh Fruit Diced Pears Milk Choice	30 Spicy Chicken Sandwich Pizza Chef Salad Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice		

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