

Monday

Tuesday

Wednesday

Thursday

Friday



13
SCRAMBLED EGGS
MINI BAGEL
PLANT BUTTER
ASSORTED CEREALS
TANGERINES/SEASONAL FRUIT
MILK

14
BREAKFAST BOWL
W/EGGS, POTATOES, VEGGIES
GRAIN BREAD
ASSORTED CEREALS
FRESH SEASONAL FRUIT
MILK

15
CHEESE OMELETTE
BLUEBERRY MUFFIN
ASSORTED CEREALS
MELON CUP/SEASONAL FRUIT
MILK

16
GREEK YOGURT
GRANOLA/BELVITA BITES
ASSORTED CEREALS
BERRIES/SEASONAL FRUIT
MILK

17
MAPLE PANCAKES
ASSORTED CEREALS
BERRIES/SEASONAL FRUIT
MILK

20
BANANA BREAD
HARD BOILED EGG
ASSORTED CEREALS
FRESH SEASONAL FRUIT
MILK

21
WAFFLES
ASSORTED CEREALS
FRESH SEASONAL FRUIT
MILK

22
EGG & CHEESE WRAP
ASSORTED CEREALS
FRESH CITRUS FRUIT
MILK

23
GREEK YOGURT
BANANA SPLIT
GF/DF-GRANOLA
ASSORTED CEREALS
BERRIES
FRESH SEASONAL FRUIT
MILK

24
SCRAMBLED EGGS
PANCAKES
ASSORTED CEREALS
FRESH SEASONAL FRUIT
MILK

27
BREAKFAST BOWL
CROISSANT
ASSORTED CEREALS
FRESH SEASONAL FRUIT
MILK

28
ZEE ZEE BREAKFAST BARS
ASSORTED CEREALS
YOGURT
FRESH SEASONAL FRUIT
MILK

29
FRENCH TOAST
TURKEY BACON
ASSORTED CEREALS
SEASONAL FRESH FRUIT
MILK

30
CINNAMON RAISIN BAGEL
CREAM CHEESE
HARD BOILED EGG
ASSORTED CEREALS
SEASONAL FRESH FRUIT
MILK



ALL MEALS ARE SERVED WITH 1% MILK, NON-FAT MILK OR NON-FAT FLAVORED MILK
1% WHOLE GRAINS, VEGETABLES AND FRESH FRUIT