

April Elementary Lunch



Monday Tuesday Wednesday Thursday Friday

OFFERED DAILY: <i>Sunbutter Sandwich with Crackers</i>		¹ Orange Chicken (C) over Rice Grilled Cheese Sandwich	² Teriyaki Boneless Wings (C) Teriyaki Vegan Wings Cornbread Stars	³
⁶	⁷	⁸	⁹	¹⁰
Spring Break: April 3 – April 10				
¹³ Popcorn Chicken (C) with Crackers Bean and Veggie Taco	¹⁴ BREAKFAST FOR LUNCH! French Toast, Egg, Sausage and Hash Browns (P) Yogurt, Muffin and String Cheese	¹⁵ Pretzel Dog (C,H) Penne Alfredo with Broccoli	¹⁶ Hamburger on a Bun (B) Teriyaki Noodle Bowl	¹⁷ Sea Shapes (F) with French Fries Lasagna Roll-Up
²⁰ Corn Dog (C) Black Bean Burger on a Bun	²¹ BBQ Chicken Sandwich (C) Baked Mozzarella Cheese Sticks w/ Marinara Cup	²² Orange Chicken (C) over Rice Grilled Cheese Sandwich	²³ Teriyaki Boneless Wings (C) Teriyaki Vegan Wings Cornbread Stars	²⁴ Pepperoni Pizza (B,T) Cheese Pizza
²⁷ Popcorn Chicken (C) with Crackers Bean and Veggie Taco	²⁸ BREAKFAST FOR LUNCH! French Toast, Egg, Sausage and Hash Browns (P) Yogurt, Muffin and String Cheese	²⁹ Pretzel Dog (C,H) Penne Alfredo with Broccoli	³⁰ Hamburger on a Bun (B) Teriyaki Noodle Bowl	Sea Shapes (F) with French Fries Lasagna Roll-Up

One lunch is **NO COST** for all students

Lunch includes an entrée, one trip to the garden bar and milk

Key Code:

- Beef (B)
- Chicken (C)
- Fish (F)
- Halal (H)
- Pork (P)
- Turkey (T)

Menu Subject to Change Based on Product Availability

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

All meals are served with 1% white milk or non-fat chocolate milk.

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application online. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Food & Nutrition)

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FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT