



PRINCIPAL'S MESSAGE

Welcome Spring!

Please join us in reminding our students that our fourth and final quarter of this school year is extremely important. Teachers are busy planning engaging and motivating lessons to cover the remaining skills and concepts for this year. Homework will be given, and teachers will continue to assess your child's progress. It is very important for students to continue to come to school each day ready to learn. We continue to hold high expectations for our students learning and behavior. We expect the best, and we know that our students are ready for the challenge. Your support and encouragement will surely help our efforts to make this 4th quarter a tremendous success for all of our students. Please review with your child that words matter. We are revisiting it at school and are talking about showing dignity, respect, and kindness to all.

We will begin preparing for the next year by offering transition opportunities such as the Family Center Next Grade Parent Visitation, parent night at RJ Vial and field trip to RJ Vial. We also need to hear your thoughts on how to improve our school. Please complete the parent survey that is being used this month. There is an article with more information about this important survey.

We hope that you and your family have a fantastic Spring Break, and we are looking forward to an incredible fourth quarter!

Lisa Perrin
Principal

MISSION

We are committed to ensuring high levels of learning for all students to build a strong foundation.

VISION

Our students are engaged, well-rounded learners who accept others and work as a team.

At Allemands Elementary School, we believe...

- all students can learn to their utmost potential.
- all students will engage in quality experiences.
- a student's success is a collaborative effort among school, students, family, and community.
- a physically and psychologically safe environment is essential to promote student learning.
- excellence is worth the cost.

UPCOMING EVENTS

April

Date	Activity
1st	Wear a blue shirt with uniform pants for Autism Awareness Playgroup @ 10:00 PTA Board Meeting @ 1:00
2nd	Spring Color Shirt Day with uniform pants Volunteer Day 10:00- 3:00 Kindergarten Spring Parade 2:00 (only kindergarteners may have guests with a wristband)
3rd-8th	Spring Break- No School
9th	Class & Group Pictures; 2nd grade field trip
10th	Community Morning Meeting 9:15
13th-14th	1st grade End of Year DIBELS Testing
15th-16th	Kindergarten End of Year DIBELS Testing
15th	Playgroup 10:00 am
16th	Family Center Session: Kindergarten parents visit 1st grade class 9:00-10:00
17th, 20th	2nd grade End of Year DIBELS Testing
21st-27th	End of the Year Numeracy Screener
21st	Family Center Session: 1st parents visit 2nd grade 9:00-10:00 Playgroup for Kindergarten Readiness 10:00- 11:00
22nd	Playgroup 10:00
23rd	Federal Programs District ELL Families and Friends 5:00-7:00 at Luling Elementary Progress Reports go home
25th	Child Search 8:00-2:00
28th	Spanish Speaking Parents Check-In 10:00-11:00
29th	Playgroup 10:00
30th	PTA Free Event 6pm



Newsletter Delivery

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at lbutler@wearescpps.org and a copy will be sent home each month with your child. Thank you.

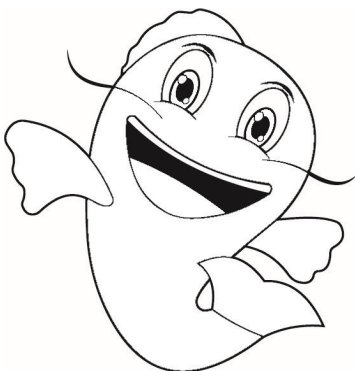
Early Dismissal

When our school has an Early Dismissal schedule, it is imperative to talk to your child about what will be different for that day. If you need to have a child picked up from carpool instead of riding the bus, a note or email must be written and submitted to the office by 10:30. Emails must be sent to aesbus@wearescpps.org. Please call school if you have any questions about our Early Dismissal procedures. We do not have an early dismissal in April.

Stakeholder Advisory Group

We are looking for parents, grandparents, and community members to work with us! Our School Improvement Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives. These meetings will be in-person and will last 30-45 minutes. We will hold these meetings on our Volunteer Days to accommodate stakeholders. Thank you for your feedback. If you are interested in being a part of this group, please contact Valerie Chiasson at vchiasson@wearescpps.org.

Congratulations, Ms. Boudreaux! AES TOY





OUR LEARNING



pre-k

- We are so "eggcited" for Spring Break this month! We look forward to hopping through the last two months of school while continuing to learn and grow.
- We have been learning about Transportation and Traveling. We learned about vehicles that travel in the sky, on land, and in the water. All of our little learners had many experiences to share about their own travels. Some of their destinations included the beach, parades, camping, cruise ships, Disney World, and much more. We are now beginning our unit on Amazing Critters. We will also enjoyed a field trip to the LPAC last month to see "Don't Let The Pigeon Drive the Bus" and a pajama dress down day to celebrate Sleep Awareness Week!



kindergarten

Kindergarteners are learning that teen numbers are made up of a group of 10 and some more. We are working on counting carefully and accurately. In reading and writing, we are reading and writing words with digraphs which include ch, sh, th, ng, ck, and double consonants. In social studies, we learned about where we live, earth, North America, the United States, and Louisiana. In Knowledge, we are learning all about kings and queens! We will have lots of fun dressing up like royalty and doing royalty activities. We have so much fun in kindergarten!



OUR LEARNING



first grade

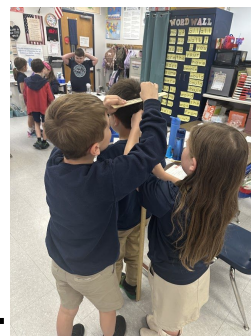
In the month of April, our first graders are continuing to build their knowledge in all subjects. In ELA, we are learning to read and write multisyllabic words and sentences. We will begin a new reader, *Grace*. This is a fiction reader. Have your child discuss the story read in class with you. You can help by asking about the characters, setting, and major events. In Knowledge, we have enjoyed learning about the Solar system. Your student will continue learning about place value strategies and solving word problems, which they will take with them into second grade. Please continue to complete the nightly homework to support your child with the skills we are learning. Please continue to remind your child of the importance in showing CARES throughout our learning day!

second grade

It's showtime!



April will be filled with *Egg-sighting* teaching and learning! It is time for students to independently **show what they know** and can do with all essential standards. As we continue teaching and learning in the last quarter of school, it is very important that all students continue doing their very best and applying skills that they have learned throughout the year. Remind your child to write legibly and to continue practicing strategies when solving math facts to 20. Remember to review your child's homework. In math, students will tell time to 5 minute intervals, count money, write repeated addition equations related to equal groups, compose and decompose arrays, and continue solving one and two -step word problems. In reading, students are reading more nonfiction and learning about the War of 1812. Remember to have your child read nightly. When reading nonfiction, have your child identify the main topic, four of paragraphs, and supporting details. If your child reads a chapter book, they should retell each chapter. Let's work together to spring into a successful last quarter of teaching and learning!



STEAM

SCIENCE TECHNOLOGY ENGINEERING ART MATH

What an amazing STEAM Night! So much learning and fun

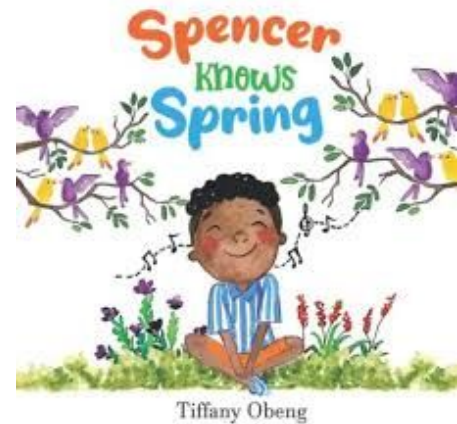


ENRICHMENT

Librarian's

Letter

APRIL BOOKS



COUNSELOR'S corner

15

HEALTHY HABITS TO TEACH YOUR KIDS FOR A BETTER LIFE

- 1 KEEP A POSITIVE ENVIRONMENT 
- 2 ENCOURAGE YOUR KIDS 
- 3 LIMIT SCREEN TIME 
- 4 INTRODUCE READING HABIT IN YOUR KID FROM EARLY ON 
- 5 EAT BREAKFAST IN THE MORNING 
- 6 ENCOURAGE OUTSIDE PLAY 
- 7 MAKE EATING COLORFUL 
- 8 PICK ENJOYABLE PHYSICAL HABITS 
- 9 ENJOY A FAMILY DINNER 
- 10 FOLLOW A GOOD ROUTINE 
- 11 GIVE THEM HOUSEHOLD CHORES AND REWARD THEM 
- 12 MAINTAIN HYGIENE 
- 13 DRINK MORE WATER 
- 14 MAINTAIN GOOD ORAL HYGIENE 
- 15 MAKE FRIENDS 

TOTALLYMOMSENSE.COM

French

Spring - le printemps
say it - lugh pren taugh

fleur - flower
say it - fleer

ladybug - une coccinelle
say it - oon coc sin nelle



APRIL 2026

NURSE'S NOTES



National Autism Awareness Month



Autism is a developmental difference that affects how some children communicate, learn, and interact with the world. In early childhood, celebrating Autism Awareness Month is a chance to teach kindness, patience, and understanding.

Oral Cancer Awareness Month



While oral cancer is an adult-focused condition, this month is a good opportunity to reinforce healthy mouth habits for young children. Early habits build lifelong health.

National Child Abuse Prevention Month

This month focuses on keeping children safe, supported, and surrounded by caring adults. For young learners, prevention starts with teaching body safety, trusted adults, and health boundaries in simple, non-frightening ways.



Reminders

All medications must be brought to the nurse by a parent/guardian- please do not send in backpacks
Your paragraph text

-Nurse Whitney

Allemands Elementary Family Center

Together We Can Make a Difference



Valerie Chiasson

vchiasson@wearescpss.org 985-758-7427

STEM Tools at Home

Many of the "tools" needed for science, math, and engineering exploration are right inside your home! Here are a few ideas for putting everyday tools to work for some everyday fun:

A clear, glass jar Use this as a rain gauge. Using a ruler and a permanent marker, mark the jar with a line every quarter inch or so up to 4 inches. Place the jar outside before a rainstorm. Encourage your child to predict or guess how much rain will fall. Ask your child to write the prediction down on a piece of paper. After the storm, check your gauge. Compare the actual total to the predicted total. Talk about the information gathered.

Measuring cups Measuring cups provide a great opportunity to learn concepts of volume, including vocabulary words such as more, less, and equal to. Fill a plastic bin with uncooked rice, un-popped popcorn, dried beans, or noodles. Allow your child to explore using all different sized measuring cups including teaspoons, tablespoons, and cup measurers. Pouring from one sized container into another helps children quickly see differences in volume. Ask your child questions, "Which container holds the most? Which holds the least? How many small scoops equals one big scoop? How many noodles do you think will fit into this container? How many popcorn seeds do you think will fit? Let's count and find out!"

Oil and water You and your child can have fun investigating and observing different liquids. Working together with oil or corn syrup and water, compare and contrast the smell, color, and thickness or density of the different liquids. Encourage your child to use descriptive words to describe the stickiness and weight of each liquid. Remind your child that scientists have to use careful observation as they do their experiments, and that their close study of the different liquids is good practice in noticing differences.

A puzzle Puzzles provide great brain exercise. Jigsaw puzzles provide an opportunity to concentrate, analyze, sequence, and problem solve. Talk about puzzle strategy — for example, will you work on creating a frame? Will you choose one area to focus on? How can your child help pick the pieces for a certain area of the puzzle? Simple puzzles can be made by cutting magazine or calendar pictures into different sections. There are several online puzzle makers as well. Choose something that will not be too overwhelming for your child and work through the puzzle together.

Dates to Remember:

Playgroup-every
Wednesday at 10:00

April -9:00 Stakeholder meeting
April 2- 2:00 Spring Parade (Kindergarten)
April 30- PTA Family Night

How To Stay Engaged Over The Summer

St. Charles Parish Public School remains committed to ensuring every child is intentionally and strategically prepared for academic success. As such, all students exiting grades kindergarten through 5th are encouraged to access Lexia and Zearn throughout the summer to reinforce and strengthen their skills. Students in grades 3-5 are also encouraged to utilize Amira to strengthen literacy development. All of these programs can be accessed from any computer.

- Students in grades K-2 who were placed or retained will be provided additional resources that can be completed at home to support their academic growth.
- Third grade students at risk of being retained under ACT 422 will be invited to participate in additional summer support as they work through Lexia and/or Amira at home. Third grade students at risk of being retained under ACT 422 will be able to check out a school Chromebook if they do not have access to a home computer.

How To Access Instructional Materials

1. Go to Clever.com/in/SCPPS This image will appear:
2. Click the “Log in with Google” button.
3. Enter the student’s school issued username and password.
4. Icons for all of the products the student has access to will be displayed.



Zearn

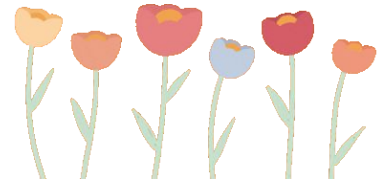


Lexia Core5



Allemands Elementary Family Center

Together We Can Make a Difference



Valerie Chiasson

vchiasson@wearescpps.org 985-758-7427

Herramientas en la casa para STEM

¡Muchas de las "herramientas" necesarias para la exploración están en el interior de su hogar! He aquí cuatro ideas para poner algunas herramientas cotidianas a trabajar para divertirse un poco a diario:

Una jarra de vidrio claro Utilícela como un pluviómetro. Con una regla y un marcador indeleble, marque el frasco con una línea cada cuarto de pulgada hasta las 4 pulgadas. Deje el frasco afuera antes de una tormenta. Anime a su hijo a que prediga o adivine cuánta lluvia caerá. Pídale a su hijo que escriba la predicción en un papel. Después de la tormenta, compruebe su medida. Compare el total real con el total previsto. Hablen acerca de la información recopilada.

Tazas para medir Las tazas para medir ofrecen una gran oportunidad para aprender los conceptos de volumen, incluidos el vocabulario y las palabras como más, menos y es igual a. Llene una bandeja de plástico con arroz crudo, maíz de palomitas, frijoles secos o fideos. Deje que su hijo explore y utilice los diferentes tamaños de medidores como las cucharaditas, las cucharadas y las de tazas de medir. El vaciar el contenido de un recipiente de un tamaño a otro ayuda a que los niños vean con rapidez las diferencias en el volumen. Hágale a su hijo preguntas como: "¿A cuál recipiente le cabe más? ¿Cuál tiene menos? ¿Cuántas cucharaditas son iguales a una cuchara grande? ¿Cuántos fideos crees que caben en este recipiente? ¿Cuántas semillas de palomitas de maíz crees que quepan? ¡Contemos y averigüemos!"

Aceite y agua Usted y su hijo pueden divertirse investigando y observando diferentes líquidos. Lo harán al trabajar juntos con el aceite o el jarabe de maíz y el agua, al comparar y contrastar el olor, color y espesor o densidad de los diferentes líquidos. Anime a su hijo a usar palabras descriptivas para describir la adherencia y el peso de cada líquido. Recuérdele a su hijo que los científicos tienen que utilizar la cuidadosa observación al realizar sus experimentos, y que su estudio cercano de los líquidos diferentes es una buena práctica para notar las diferencias.

Un rompecabezas Los rompecabezas ofrecen un gran ejercicio para el cerebro. Los rompecabezas brindan la oportunidad de concentrarse, analizar, establecer secuencias y solucionar problemas. Hable de las estrategia para armar rompecabezas, por ejemplo, ¿trabajarás en la creación del marco? ¿Elegirás un área en la que te concentrarás? ¿Cómo puede su hijo ayudar a escoger las piezas para una determinada zona del rompecabezas? Los rompecabezas sencillos pueden hacerse recortando en diferentes pedazos las hojas de una revista o las imágenes de un calendario. Hay varios fabricantes de rompecabezas en línea también. Sea cual sea el método que elija, escoja algo que no resulte demasiado abrumador para su hijo y que valga la pena para armar juntos el rompecabezas.

Visual Arts Gallery

Don't forget that the Visual Art Gallery will remain open to the public and available for viewing!

We invite you to visit the Lafon Arts Center to experience the incredible artwork created by our talented students. The gallery is open Monday-Friday from 12:00-7:00 PM through Friday, April 10th. This showcase highlights the creativity and dedication of our students and teachers, and we encourage you to take this opportunity to celebrate the outstanding visual art programs in St. Charles Parish Public Schools. Thank you for your continued support of the arts in our schools. We look forward to seeing you at the gallery!

Our traveling cajun dancers performed at the German Coast Farmers Market!



Catfish Character Traits

Our School Improvement Team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In April we will focus on **Empathy**. Our teachers will read a grade-specific book and review the trait during the month. Please help us to reinforce these character traits at home and in the community.

4/ 7-Empathy-"You, Me, and Empathy" by Jayneen Sanders (Read-aloud is in the video)

4/21- Self Management

4/28 "Hello"

Greet faculty and staff, especially if you are greeted first by any faculty and/or staff member. It is such a nice gesture to greet your peers and visitors to our school.

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: _____

What did he/she do to show **Empathy** in your home or the community?

PTA News

Hi Cattish families,

We would like to thank all of the students and parents who participated in our Spring Fundraiser. Because of your support, all proceeds will go toward purchasing sensory boards for our playgrounds.

We truly couldn't do this without you, and we appreciate you more than you know!

CHECK OUT OUR AWESOME PRIZES!

All participants will earn a **DRESS DOWN DAY!**

+++PLUS+++

Sell \$120 - Recess with Administrators

Sell \$300 - Silly String Administrator(s)

TOP TWO SELLERS:

Principal/Assistant Principal for the Day

Please be on the lookout for upcoming flyers regarding PTA nominations—we need you! Many of our current PTA members will be moving on to other schools with their students, and it's so important that we continue to support our school community.

Thank you again for being such an important part of our Cattish family!

-Laura Brown

PTA President

For more information, email us or scan the QR code below.

allemandspta@gmail.com



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 PTA Meeting 1PM	2 Stakeholder Mtg - 9 Vol Day - 10 Spring Parade 2pm	3 Easter Holiday	4
5	6	7	8	9	10	11
	Easter Holiday					
12	13	14	15	16	17	18
19	20	21	22	23	24	25
			SchBd Mtg - 6:30			
26	27	28	29	30 PTA Free Event 6:00		

Special Olympics

We are so proud of our athletes: Ford Breaux, Jacob Silbernagel, Carson Kidd, and Russell Landry.

Thank you to our coaches, Mrs. B and Ms. Heidi and our volunteers, Ms. Tracy & Mrs. Allie!



Congratulations
Superintendent's Arts
Gallery

*Ford Breaux &
Croix Matherne*



End of Year Parent Survey

“Parent input is vital in helping our school identify improvement opportunities. Please complete the brief survey at https://www.surveymonkey.com/r/26SCPPS_ParentSurvey between April 13-24 to guide us in improving areas such as student achievement and school effectiveness.

Contact the School Board Office’s Technology Help Desk at 985-785-3126 with any questions you may have. Thank you for completing the survey!

If you complete the survey, your child will get a dress down day. Help us to reach our goal!



Parent QR Code





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(EOE)



LEVEL UP YOUR CYBERSAFETY

With Safe Schools Louisiana



In today's world, children and teenagers are more connected than ever through technology. Keeping your child safe online is essential to helping them build healthy habits and boundaries on the internet.

Think Before You Post

Remind them that everything online is permanent and can follow them throughout their life.

Don't Talk to Strangers

If someone they don't know tries to message them, they should block or ignore them and tell an adult.

Set Screen Time & Boundaries

Limiting their time each day and checking in on what they're doing can build a healthy relationship with social media

Recognize Red Flags

Teach children to be cautious of anyone asking for personal details, fishy links/sites, and messages pressuring them to do something

Monitoring Apps

Phone and internet access can introduce your child to a world of communication and connection, but this also comes with risks. These apps help set boundaries that can teach healthy habits.

1

Bark

- Monitors texts, emails, and social media
- Alerts user for signs of cyberbullying, depression, inappropriate content, and predators

2

Google Family Link (Android)

- Manage screen time - Approve or block apps - Track location

3

Apple Screen Time & Family Sharing (Apple)

- Monitor screen time - Set app limits - Restrict purchases - Manage content filters

4

OurPact

- Set screen time schedules - Block apps - Filter websites - GPS locator

The first step to keeping your children safe is AWARENESS. Knowing what apps your child is using, educating them about online safety, and setting boundaries can help prevent problems before they even start.

Contact Us: (504)-837-8477
SafeSchoolsLA.com

SafeSchoolsInfo@CrimeStoppersgno.org
Follow Us @safeschoolsla

April 2026 Elementary Menus St. Charles Parish Public Schools

This institution is an equal opportunity provider. Menus are subject to change.



Every complete meal we serve comes with your choice of low fat or nonfat milk!



April Celebrations

Daily Celebrations

Other Celebrations

- 1st - April Fool's Day
- 2nd - National PB&J Day
- 3rd - National Burrito Day
- 4th - International Carrot Day
- 8th - National Empanada Day
- 15th - National Banana Day
- 23rd - National Picnic Day
- 29th - International Dance Day
- 30th - National Raisin Day
- 1-9th - Passover
- 5th - Easter
- 20-24th - Every Kid Healthy Week
- Earth Month
- National Garden Month
- School Library Month
- World Autism Month
- Arab-American Heritage

Wednesday, April 1

Breakfast
French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chili, Fritos
Garden Salad
Steamed Corn
Banana
Easter Cake

Thursday, April 2

Breakfast
Pop Tarts
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Easter Brunch
Scrambled Eggs
Sausage, Grits
Biscuit
Tater Tots, Salsa
Pineapple Tidbits

Friday, April 3

**Good Friday
No School Today**

Monday, April 6

AVAILABLE DAILY

With all meals
Low Fat White Milk
Fat Free Flavored Milk

Cold Lunch Choice
Monday: Sunbutter Sandwich
Tuesday: Charley Box
Weds.: Deli Sandwich
Thursday: Entrée Salad
Friday: Sunbutter Sandwich

Tuesday, April 7

Easter Break
Break begins on:
Friday, April 3
Classes resume:
Thursday, April 9

Wednesday, April 8

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chicken Filet
Mashed Potatoes
Broccoli Florets
Pear Halves

Thursday, April 9

Breakfast
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Mini Corndogs
Crinkle Cut Fries
Green Beans
Sliced Peaches

Friday, April 10

Breakfast
Scone
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Mini Corndogs
Crinkle Cut Fries
Green Beans
Sliced Peaches

Monday, April 13

Breakfast

Confetti Pancakes
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Tortchos
Green Beans
Applesauce
Corn Bread

Tuesday, April 14

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Sweet & Sour Meatballs
Mashed Potatoes
Steamed Corn
Dinner Roll
Apple Wedges

Wednesday, April 15

Breakfast

French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Potato Soup
Cheddar Goldfish
Garden Salad
Banana
Brownie



Thursday, April 16

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Roasted Chicken
Mac & Cheese
Cucumber & Tomato Salad
Baked Beans
Pineapple Tidbits

Friday, April 17

Breakfast

Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Filet Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges

Monday, April 20

Breakfast

Grits or Parfait
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Red Beans w/Rice
Steamed Carrots
Seasoned Mustard Greens
Cornbread
Peaches

Tuesday, April 21

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Tacos w/Cheese
Steamed Corn
Refried Beans
Taco Salad Cup, Salsa
Apple Wedges

Wednesday, April 22

Breakfast

Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Manager's Choice

Thursday, April 23

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Turkey Stew
Steamed Rice
Carrot Soufflé
Steamed Cabbage
Strawberry Cup

Friday, April 24

Breakfast

Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Hamburger/Cheeseburger
Tater Tots
Baked Beans
Orange Wedges

Monday, April 27

Breakfast

Pancake on a Stick
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chili
Garden Salad
Steamed Corn
Baked Cinnamon Apples

Tuesday, April 28

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Jambalaya
Broccoli Florets
Steamed Carrots
WW Roll
Pineapple Tidbits

Wednesday, April 29

Breakfast

French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Tenders
Crinkle Cut Fries
Baked Beans
Banana

Thursday, April 30

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Fish Nuggets
Curly Fries
Cucumber & Tomato Salad
Pear Halves

Friday, April 17

APRIL 15
NATIONAL BANANA DAY
A FUN AND HEALTHY CELEBRATION FOR EVERYONE

WHY BANANAS DESERVE THEIR OWN DAY
Bananas are more than just a tasty snack — they're full of goodness:
Potassium
Fiber
Vitamin I-6
Natural energy

A DAY FOR ALL AGES
National Banana Day has gone global. It's now a day that people of all ages use to learn about nutrition, try banana-themed recipes, and of course — just have a little fun

WAYS TO CELEBRATE NATIONAL BANANA DAY
Make banana-inspired food: pancakes, smoothies, muffins, ...
Banana dress-up: wear yellow or dress like a banana
Banana crafts & games; make banana art, write poem, trivia
Share the fun: post creations online with #NationalBananaDay

FUN FACTS TO MAKE YOU GO BANANA
Bananas are technically berries, but strawberries aren't!
A bunch of bananas is called a "hand", and each banana is a "finger"

10 Simple Ways to Celebrate Earth Day
Small actions. Real impact.

- Save electricity
- Reduce plastic use
- Join a clean-up drive
- Support local and organic food
- Make Earth-friendly habits daily
- Plant a tree
- Save water
- Recycle and reuse
- Choose eco-friendly products
- Learn and teach others

HAPPY EARTH DAY 2026

April 22nd

Every day is Earth Day
www.earthday.org