



= Vegetarian

= Vegan

# APRIL Supper

2026  
With Carbs

Monday

Tuesday

Wednesday

Thursday

Friday

Spring Break

Spring Break

Spring Break

Corndog 30g

Daily Side: Fruit Bowl: 6-28 g & Seasoned Beans: 27g

Bean and Cheese Burrito w/WG Tortilla 67g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

Fruit and Yogurt Parfait w/WG Granola 75g

Daily Side: Fruit Bowl: 6-28g & Side Salad 4g

Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

Corndog 30g

Daily Side: Fruit Bowl: 6-28 g & Seasoned Beans: 27g

Bean and Cheese Burrito w/WG Tortilla 67g

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Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

All meals include the following components: Grain, Meat or Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.

\*WG=whole grain: The whole grain option may consist of chips, crackers, a roll, or a pretzel.

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio. Milk:1%Low-fat White Milk, and Nonfat Chocolate Milk offered daily with each meal. All milk is locally sourced and rBST hormone free.

\*\* Milk is NOT required with Meals\*\*

Please see carb count sheet for full list of fruit/ Side items carb counts

\*Please see the Site Supervisor to request a specific allergen free menu